SEHWAG INTERNATIONAL SCHOOL

# SIS Spectrum

THE MONTHLY NEWSLETTER

VOLUME 5






**Sehwag International School • OCTOBER 2026 Newsletter**

**"Celebrating Culture, Curiosity, Champions & Community"**

October at Sehwag International School was a month of reflection, celebration and achievement. From honouring Gandhi ji and Shastri ji to the colours of Navratri and Dussehra and the lights of Diwali with Haryana Diwas, every occasion strengthened our bond with our culture and values.

Our classrooms became laboratories of curiosity with hands-on lessons on soil, hot air, heat transfer, liquid temperature, mixtures and ancient timekeeping, while 165 students ran the Jhajjar Half Marathon and our young artists and dancers shone at KRMU IDEAS 4.0.

The cricket field brought wins for our U-12 and U-14 Spartans, a championship title, and proud alumni moments as Ulenyai, Shreyansh and Satyam earned Ranji Trophy selections and Summy Kadiyan joined Haryana's U-23 squad.



ISSUE OF

## OCTOBER Month

Volume 5 OCTOBER

SIS Spectrum

# HONOURING THE LEGACY OF GANDHI JI & SHASTRI JI

"SIMPLICITY. TRUTH. SERVICE TO THE NATION."




**Dear Readers,**

It gives me immense pleasure to present the October edition of our school newsletter. This month moved from reflection to celebration: we honoured Gandhi ji and Shastri ji, danced through Navratri, marked the victory of good over evil on Dussehra, and ended the month with the lights of Diwali and the pride of Haryana Diwas.

Our classrooms and laboratories were full of discovery, from soil types and rising hot air to heat transfer, liquid temperature, separation of mixtures, ancient timekeeping and a Kaushal Bodh session on machines and tools. Beyond the classroom, 165 of our students ran the Reliance Smart City International Half Marathon in Jhajjar, and our students shone at KRMU IDEAS 4.0 in Art and Dance.

The cricket field kept us cheering, with wins for our U-12 and U-14 Spartans, a spirited U-19 reunion match against a side that included seven alumni, and a championship title for the Spartans. We also celebrate Ulenyai Khwairakpam (Manipur), Shreyansh (Odisha) and Satyam Baaliyan (Uttarakhand), selected for the Ranji Trophy 2026–27, and Summy Kadiyan, chosen for the Haryana U-23 team in the Col. C. K. Nayudu Trophy.

I hope this edition inspires you to celebrate the dedication, enthusiasm and achievements of our students and educators.

Regards,
**Sonali Vashisth**
Editor – School Newsletter
Sehwag International School

A special morning assembly was organised on Gandhi Jayanti and Lal Bahadur Shastri Jayanti to commemorate the ideals of two great national leaders. The programme began with a respectful tribute to their pivotal roles in India's freedom struggle and nation-building.

Students shared thoughtful reflections on the enduring importance of truth, simplicity and non-violence (Ahimsa) in today's society, and a group of students presented a melodious patriotic song that reinforced the values of harmony and dedication to the nation.

The assembly ended on an inspiring note, renewing the school community's resolve to follow the principles of peace, integrity and selfless service.





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# डांडिया नाइट – रंग, रोशनी और उत्सव

**"संगीत की धुन, डांडिया की खनक और उत्सव के रंग"**

नवरात्रि के पावन अवसर पर सहवाग इंटरनेशनल स्कूल में डांडिया नाइट का आयोजन बड़े उत्साह और उमंग के साथ किया गया। इस आयोजन का उद्देश्य विद्यार्थियों को भारतीय संस्कृति, लोकनृत्य और पारंपरिक त्योहारों से जोड़ना तथा उनमें आपसी सहयोग, एकता और सांस्कृतिक मूल्यों की भावना विकसित करना था। रंग-बिरंगी रोशनी, पारंपरिक वेशभूषा और मधुर संगीत ने पूरे परिसर को उत्सवमय बना दिया।

पारंपरिक गुजराती परिधानों में सजे प्रतिभागियों ने डांडिया और गरबा की मनमोहक प्रस्तुतियाँ दीं। संगीत की धुनों पर डांडिया की खनक ने सभी का मन मोह लिया और विद्यार्थियों के उत्साह ने कार्यक्रम की शोभा और बढ़ा दी।

इस आयोजन के माध्यम से विद्यार्थियों ने जाना कि त्योहार हमारी सांस्कृतिक विरासत को सहेजने तथा समाज में प्रेम, सद्भाव और एकता को बढ़ावा देने में महत्वपूर्ण भूमिका निभाते हैं।

*जहाँ संगीत की लय और कदमों की ताल मिलती है, वहाँ परंपरा सबसे सुंदर रूप में जीवंत हो उठती है।*







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# दशहरा – सत्य की विजय का पर्व

**"असत्य पर सत्य की विजय, बुराई पर अच्छाई की विजय"**

सहवाग इंटरनेशनल स्कूल में दशहरा पर्व बड़े हर्षोल्लास, उत्साह और श्रद्धा के साथ मनाया गया। इस अवसर का मुख्य उद्देश्य विद्यार्थियों को दशहरे के धार्मिक, सांस्कृतिक और नैतिक महत्व से परिचित कराना तथा उन्हें भारतीय संस्कृति और परंपराओं से जोड़ना था।

कार्यक्रम के दौरान भगवान श्रीराम के जीवन, उनके आदर्शों और रावण पर उनकी विजय की कथा के माध्यम से सत्य, धर्म, साहस और सदाचार का महत्व समझाया गया। विद्यार्थियों को बताया गया कि रावण के दस सिर अहंकार, क्रोध, लोभ, मोह और अन्य नकारात्मक प्रवृत्तियों के प्रतीक माने जाते हैं, जिनका त्याग करके हम अपने जीवन को बेहतर बना सकते हैं।

विद्यार्थियों को यह भी समझाया गया कि ज्ञान, विनम्रता, अनुशासन और अच्छे आचरण के बिना व्यक्ति की सफलता अधूरी है। परिस्थितियाँ कितनी भी कठिन क्यों न हों, अंत में विजय सत्य और अच्छाई की ही होती है।

***बुराइयों का त्याग करें, अच्छे विचार अपनाएँ और एक जिम्मेदार नागरिक बनें – यही दशहरे का सच्चा संदेश है।***






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# EXPLORING SOIL, DISCOVERING SCIENCE

### "WHEN LEARNING GETS HANDS-ON, CURIOSITY TAKES ROOT."

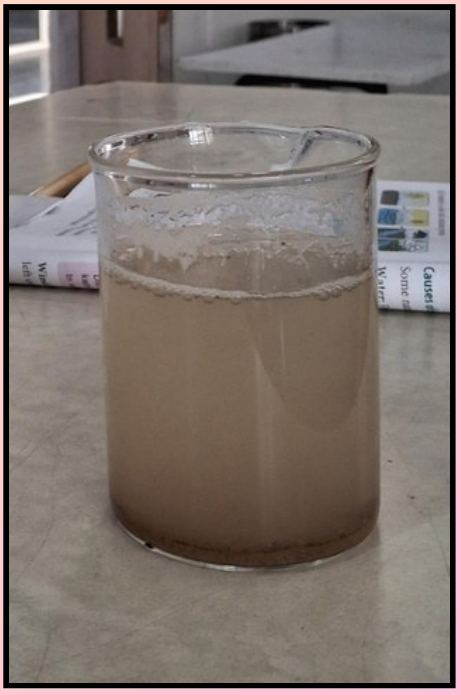
Class 5 students became young scientists during a hands-on Science activity linked to their lessons on natural resources and earth science. Working in guided groups, they observed and compared three soil types: sandy, clayey and loamy.

Through touch and careful visual inspection, students examined differences in texture, colour and particle size. Simple water-retention tests then showed how each soil absorbs and holds water, helping them connect these properties to soil fertility and plant growth.

Sandy soil felt coarse and drained quickly, clayey soil was smooth and held water, and loam offered a balanced texture. The activity built inquiry, teamwork and scientific thinking, and gave students a practical understanding of how soil shapes local environments and agriculture.

***Sometimes the best science lesson is the one you can hold in your hands.***









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# UNDERSTANDING THE MOVEMENT OF HOT AIR

"WARM AIR RISES, AND SO DOES CURIOSITY."







Grade 4 students explored a fundamental property of air, that hot air rises, through an engaging hands-on demonstration with spiral paper spinners placed above a safe, gentle heat source.

When air is heated, its molecules gain energy and spread farther apart, making the warm air lighter and less dense than the cooler air around it. This warm air moves upward in a rising current, which lifted and turned the light paper spinners.

Students watched the effect first-hand and asked thoughtful questions about how hot air balloons float and how wind patterns form. Through group discussion and guided reflection, they linked a simple experiment to real-world weather phenomena.

*A small spinning spiral, a big lesson in how our atmosphere moves.*

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# HEATING UP YOUNG MINDS WITH SCIENCE

## "CONDUCTION. CONVECTION. RADIATION."

Class 7 students explored the three modes of heat transfer — conduction, convection and radiation — in a hands-on Science activity using simple laboratory equipment, to understand how heat travels through solids, liquids and gases.

To see convection, a beaker of water was heated on a burner and potassium permanganate crystals were dropped in. As the water at the bottom warmed, it expanded, became lighter and rose, while cooler water sank to take its place, making the convective currents clearly visible. For gases, students felt more warmth above the flame than at its sides, showing how heated air rises. Radiation was felt as heat reaching them from the side of the flame with no contact and no medium in between.

Students recorded their findings and concluded that conduction dominates in solids, convection occurs in liquids and gases through the movement of fluid, and radiation carries heat across open space.

*When theory is seen, felt and recorded, it stays with you for good.*







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# EXPLORING LIQUID TEMPERATURE

### "FROM OBSERVATION TO UNDERSTANDING."

Class VI students took part in a hands-on Science experiment on the "Observation of Temperature of Liquids", designed to build an understanding of temperature and the correct use of a thermometer.

Following instructions, students observed a beaker of water with the help of a glass straw and thermometer, read the temperature carefully and recorded their observations. They learned that liquids have a measurable temperature and that it can be determined accurately with the right instruments.

The activity encouraged active participation, observation skills and scientific thinking, and helped students link classroom concepts to a practical situation.

*Science becomes easier to trust when you have measured it yourself.*







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# LEARNING THE ART OF SEPARATION THROUGH SCIENCE

### "EVERY MIXTURE HAS A METHOD."

Class VI students explored how the components of a mixture can be separated in a Science activity covering the separating funnel (for immiscible liquids), sedimentation, decantation, filtration and handpicking.

Along with the science behind each method, students saw how these techniques are used in daily life: removing impurities from water, picking stones out of grains and separating oil from water.

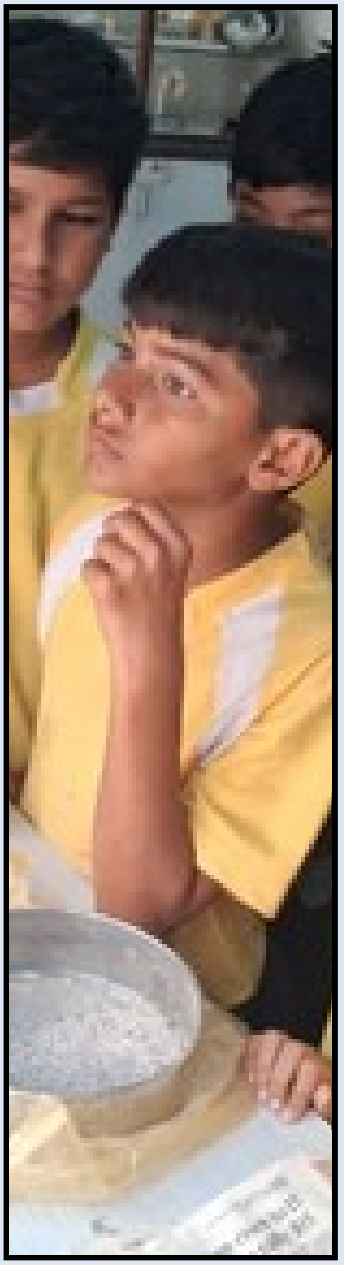
The activity strengthened students' scientific knowledge and observation skills, and gave them a clear understanding of why separation techniques matter in everyday life.

*From the kitchen to the water tank, science is always sorting things out.*









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# ANCIENT METHODS OF MEASURING TIME

### "BEFORE CLOCKS, THERE WAS CREATIVITY."

A science activity on "Ancient Methods of Measuring Time" saw students explore and present three traditional time-measuring devices: the sundial, the water clock and the sand clock, using materials readily available in the classroom.

Students learned how people measured time before modern clocks and watches. A sundial uses the Sun's shadow, a water clock measures time through the flow of water, and a sand clock measures it as sand passes from one chamber to another.

The group presentations encouraged creativity, curiosity and scientific thinking, and helped students appreciate how timekeeping evolved and the scientific knowledge developed by ancient civilizations.

*Time has always been measured by those curious enough to watch it pass.*









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# KAUSHAL BODH: MACHINES AND TOOLS

### "LEARNING BY SEEING, HOLDING AND FIXING."

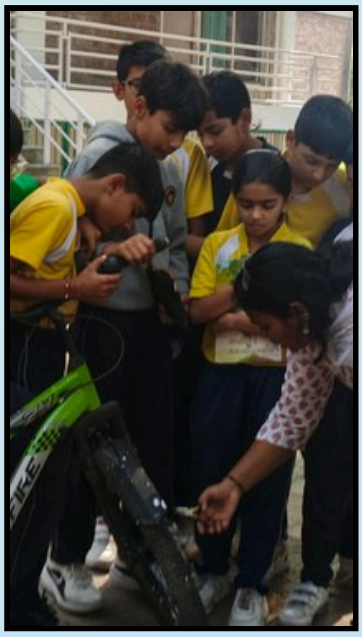
A Kaushal Bodh session on "Machines and Tools" gave Class VI students practical knowledge of tools and their uses in daily life. On a campus tour, they were introduced to the tools used to repair and fix bicycles and learned about the parts of a bicycle and the function of each.

The school gardener enriched the session by sharing his knowledge of different tools and demonstrating their use, including how tools are used to repair and fix a grass cutter machine.

The hands-on demonstration helped students understand the importance of tools, their proper usage and their role in maintenance and repair. It built observation skills, technical understanding, problem-solving and an appreciation for the skills behind everyday repair work.

*Respect for skilled hands is a lesson worth learning early.*











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# RUNNING WITH DETERMINATION, FINISHING WITH PRIDE

### "165 RUNNERS. ONE SPIRIT."

Sehwag International School proudly celebrates its students' performance at the Reliance Smart City International Half Marathon in Jhajjar. A total of 165 students took part, showing remarkable stamina, discipline, determination and sportsmanship.

Almost all participants completed the 10 KM race within one hour, a reflection of their commitment to fitness and regular practice. Our top performers in the 10 KM category were:

| 1 | 2 | 3 |
|---|---|---|
| **Shivam** | **Divij Rathi** | **Karjing** |
| 45 min | 47 min 02 sec | 47 min 21 sec |

These timings reflect hard work, perseverance and a competitive spirit, and they inspire fellow students to embrace physical fitness. Congratulations to all 165 participants for making the SIS family proud!

*Every kilometre run is a step towards a stronger, fitter and more determined you.*



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# BUDDING CRICKETERS OF SISJ

### "EVERY CHAMPION STARTS AS A BEGINNER."

Junior students of Sehwag International School Jhajjar (SISJ) played a friendly cricket match against Mallan Cricket Academy, Jhajjar. The match gave the budding cricketers a valuable platform to showcase their skills, gain match experience and build confidence on the field.

The friendly encounter taught them the importance of teamwork, discipline, sportsmanship and healthy competition. For the beginners, it was a first look at the dynamics of competitive cricket and a motivation to keep improving through regular practice.

It was a positive step towards nurturing young cricketing talent and encouraging students to pursue their sporting interests with dedication and enthusiasm.

*Today's first match is tomorrow's first memory of a long cricketing journey.*





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# CRICKET, CAMARADERIE AND COUNTLESS MEMORIES

### "U-12 SEHWAG SPARTANS ON THE MOVE."

A friendly match between the U-12 Sehwag Spartans and U-12 Landmark International School was played at Guhana, Rohtak. It gave young cricketers a chance to showcase their skills, teamwork, discipline and sportsmanship in a spirit of healthy competition.

Veer Pratap was Man of the Match and best bowler with five wickets, supported by Bhavesh (three wickets) and Shad (two wickets). Harshit Tanwar contributed 43 runs as the Spartans won the match and shared their joy in victory.

The match promoted fitness, confidence and camaraderie, and strengthened the spirit of sportsmanship and mutual respect between the two teams.

| MAN OF THE MATCH | WICKETS | BATTING |
|---|---|---|
| **Veer Pratap – 5 wickets** | **Bhavesh 3 • Shad 2** | **Harshit Tanwar – 43 runs** |

*Wins are sweet, but friendships made on the field last longer.*







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# DETERMINATION, TEAMWORK AND EXCELLENCE LEAD TO VICTORY

### "SIS SPARTANS U-14 WIN BY 142 RUNS."

Our U-14 cricket team, the SIS Spartans, secured a remarkable 142-run victory over Landmark Plus Stalwart Sports Club.

Batting first, the Spartans posted 247 for 6 in 40 overs, showing great determination, confidence and teamwork throughout their innings. In reply, Landmark Plus Stalwart Sports Club were bowled out for 105 in 26.2 overs.

The result reflects the dedication, discipline and sporting spirit of our young cricketers. The school congratulates all the players and coaches for their hard work and commitment.

| SIS SPARTANS (U-14) | vs | LANDMARK PLUS STALWART SC |
|---|---|---|
| **247/6** | | **105 all out** |
| 40 overs | | 26.2 overs |

**SIS SPARTANS WON BY 142 RUNS**

*Play with passion, perform with pride, and let success be your guide!*





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# WHERE TEAMWORK MEETS TALENT AND PASSION MEETS THE PITCH

### "A REUNION ON THE PITCH."

A friendly cricket match was played on Friday, 16 October 2026 between the SIS U-19 team and Cric-Run Cricket Club, Gurugram. The occasion was special as seven SIS alumni were part of the visiting team and played against the current U-19 players, making it a memorable reunion full of sporting spirit.

Cric-Run Cricket Club batted first and were all out for 215. SIS U-19 replied with 154 all out, giving Cric-Run a 61-run victory.

The match saw commendable individual performances, and the participation of seven alumni strengthened the bond between former and current students while inspiring young players to pursue sporting excellence.

| MAN OF THE MATCH | FIGHTER OF THE MATCH | BEST BATSMAN | BEST BOWLER |
|---|---|---|---|
| **Gaurav Gour** | **Aditya Akash** | **Bimarsh** | **Aditya Pandey** |
| 46 off 56 balls, 2 wickets | 3 wickets for 27 runs | 59 off 56 balls | 2 wickets for 50 runs |

Other notable performances: Ramandar Singh (30 off 30 balls) and Shauryavansham (29 off 41 balls).

*Cricket, healthy competition and the enduring spirit of the SIS cricket fraternity.*










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# SMASHING BARRIERS, CHASING EXCELLENCE, CELEBRATING VICTORY

### "JUNIOR DOUBLES: THE SADAN SHOWDOWN."

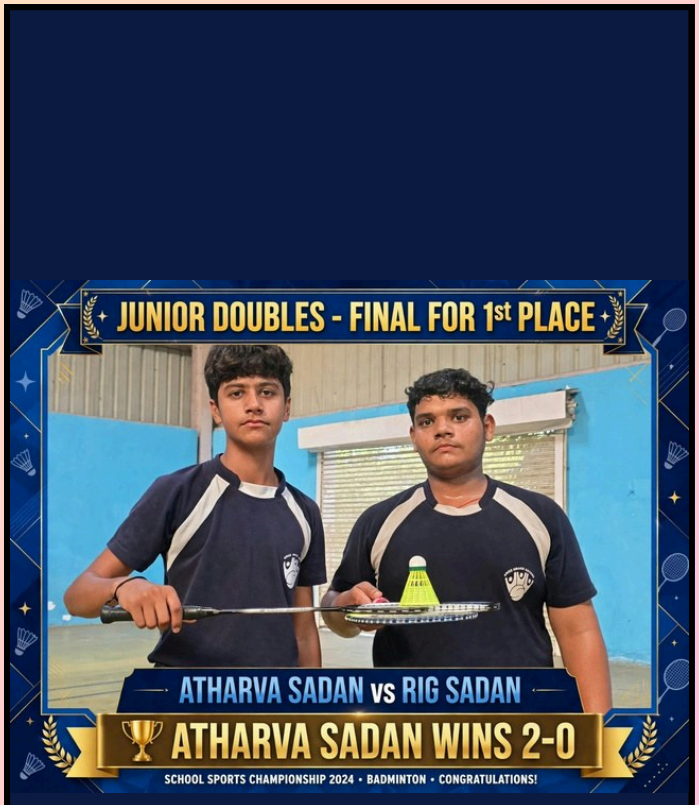
The Badminton Junior Doubles category of the School Sports Championship concluded its playoff matches, with competitive performances from all participating Sadan teams. The aim was to hold fair, high-spirited inter-sadan fixtures and decide the 1st, 2nd and 3rd places.

In the Match for 3rd Place, Yajur Sadan delivered a strong, cohesive performance to beat Sama Sadan 2–0 and take third place.

In the Final, Atharva Sadan controlled the pace against Rig Sadan and won 2–0 to claim 1st place in the division.

| 1 | 2 | 3 |
|---|---|---|
| **Atharva Sadan** | **Rig Sadan** | **Yajur Sadan** |
| Champions | Runners-up | Third place |

*Smash by smash, point by point, every Sadan played for pride.*






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# WINNING WITH PRIDE

## "SIS SPARTANS TAKE ON CAMBRIDGE."

On 27 October 2026, the SIS Spartans produced a dominant all-round performance against Cambridge School, Greater Noida, winning their 20-over T20 match by 139 runs at the 2nd Cambridge U-14 Inter-School Cricket Tournament 2026. Batting first, they set a commanding total anchored by Anat Soam, who remained unbeaten on 73 off 48 balls.

The bowlers and fielders kept up relentless pressure in the second innings, dismantling the opposition line-up and defending the total with ease. Anshuman was named Player of the Match, capping a team effort marked by high morale, sharp tactics and excellent match control.

Maintaining this momentum will be key in the upcoming fixtures.

| HIGHEST SCORE | PLAYER OF THE MATCH | RESULT |
|---|---|---|
| **Anat Soam – 73* (48 balls)** | **Anshuman** | **Won by 139 runs** |

*High morale, sharp tactics and individual brilliance under pressure.*




ANANT SOAM




ANSHUMAN

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# PLAY HARD, WIN BIG & CELEBRATE LOUDER!

"CHAMPIONS!"

The SIS Spartans capped a remarkable tournament campaign by lifting the championship title. After finishing 2nd in the points table, they stormed into the Final and defeated Bal Bhavan School by a commanding 112 runs.

Priyanshu's unbeaten 47 powered the batting, and he returned with the ball to claim three crucial wickets. Shreyansh was named Man of the Match for an outstanding all-round display, a blistering 48 off just 19 balls followed by three wickets.

Clinical execution in both innings ensured complete dominance over Bal Bhavan School and sealed a memorable tournament victory for Sehwag International School.

| FINAL RESULT | MAN OF THE MATCH | ALSO SHINED |
|---|---|---|
| **Won by 112 runs** | **Shreyansh – 48 (19) & 3 wkts** | **Priyanshu – 47* & 3 wkts** |

*Play hard, win big and celebrate louder!*







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# FROM SCHOOL GROUNDS TO THE RANJI TROPHY

### "A JOURNEY OF DEDICATION AND EXCELLENCE."

We are delighted to share that Satyam Baaliyan, a proud alumnus of Sehwag International School, has been selected to represent the Cricket Association of Uttarakhand Senior Team in the prestigious Ranji Trophy 2026–27.

This remarkable achievement reflects his dedication, perseverance, hard work and passion for cricket, and is a moment of immense pride for the entire SIS family. Satyam's journey highlights the importance of discipline, consistent effort and determination in achieving one's goals.

The school extends its heartfelt congratulations and wishes him great success in the upcoming season, hoping he continues to excel on the field and bring greater laurels to his name and the school.

***May he continue to hit new heights, play with passion and bring laurels to the team!***








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# A PROUD MOMENT FOR SEHWAG INTERNATIONAL SCHOOL

### "ONCE A SEHWAGIAN, ALWAYS A CHAMPION."

Sehwag International School takes immense pride in celebrating the achievement of its alumnus Ulenyai Khwairakpam, who has been included in the Manipur Men's Senior Team for the Ranji Trophy 2026–27 season.

This accomplishment reflects his dedication, hard work and passion for cricket. His selection marks an important milestone in his sporting journey and brings immense joy and pride to the entire SIS family.

The school extends its heartfelt congratulations and wishes him continued success, hoping he will keep excelling on the field, inspire young cricketers and bring laurels to his state and alma mater.

***Congratulations, Ulenyai! Keep shining, keep striving and keep making SIS proud!***







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# SPORTS STAR 2026–27

**"PLAY WITH PASSION, WIN WITH PRIDE, AND CELEBRATE THE SPIRIT OF SPORTSMANSHIP!"**

Sehwag International School takes immense pride in celebrating the remarkable achievement of its alumnus Shreyansh, who has been selected for the Odisha Senior Men's Ranji Trophy Cricket Team for the 2026–27 season.

His selection for one of India's most prestigious domestic cricket tournaments reflects his dedication, perseverance, talent and commitment to the game, and is a significant milestone that inspires aspiring young cricketers.

The entire Sehwag International School family congratulates Shreyansh on this outstanding accomplishment and hopes he will achieve many more milestones, bringing laurels to the school and the state of Odisha.

*Once a Sehwagian, Always a Champion!*








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# PROUD MOMENT OF SISJ

**"A PROUD MOMENT FOR THE ENTIRE SISJ FAMILY."**

Sehwag International School, Jhajjar, takes immense pride in congratulating its alumnus, Master Summy Kadiyan, on his selection to represent the Haryana U-23 Cricket Team in the prestigious Col. C. K. Nayudu Trophy (Multi-Day) 2026–27.

This achievement is a testament to his dedication, perseverance, discipline and passion for cricket. It is a proud moment for the entire SISJ family and an inspiration to aspiring young cricketers.

The school extends its heartiest congratulations and wishes him great success in his upcoming matches. May he continue to excel in his sporting journey and bring further laurels to the school and the state of Haryana.

***We wish him many more achievements and milestones ahead!***







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# EVERY OPPORTUNITY IS A CHANCE TO SHINE

### "KRMU IDEAS 4.0: ART AND DANCE."

On 28 October 2026, students of Classes IX to XII attended KRMU IDEAS 4.0, the annual inter-school and university carnival hosted by K.R. Mangalam University (KRMU), Gurugram. Held on 27–28 October, the multi-disciplinary festival brought together innovation, technology, academics and culture.

With over 25 competitive events, 120+ interactive exhibition stalls and a prize pool exceeding ₹10 lakh, it offered young minds a stage to showcase their talent alongside participants from regional institutions.

Our students represented the school with enthusiasm and artistic elegance in the Art and Dance competitions. Their performances and fine-art creations highlighted their creative potential and earned appreciation from judges and spectators alike.

The visit proved an enriching experience, strengthening students' confidence, team spirit and passion for co-curricular excellence.

*Every opportunity is a chance to shine.*







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# A CELEBRATION OF LIGHTS, CULTURE & TRADITIONS

### "DIWALI AND HARYANA DIWAS: ONE CAMPUS, ONE CELEBRATION."

On 31 October 2026, Sehwag International School organised a grand joint celebration of Diwali and Haryana Diwas. The event opened with captivating cultural performances: melodious group songs, expressive dramatic enactments portraying the victory of light over darkness, and energetic traditional dance. Stage effects, detailed props and a creative atmosphere earned high appreciation from the audience.

A solemn speech on Haryana Diwas honoured the rich cultural heritage, soil and spirit of the state.

The highlight was an insightful address by the School Principal, who congratulated the students and urged them to draw inspiration from the noble virtues of Lord Rama. Emphasising character-building and self-improvement, the Principal encouraged students to embody integrity, respect and righteousness in their daily lives and to practise meaningful self-introspection.

The celebration ended on a positive note, leaving a lasting mark of harmony and inspiration across the school community.

*May the light of knowledge and values keep guiding every Sehwagian.*





