

**DELHI PUBLIC SCHOOL RANIPUR**  
**ACADEMIC SESSION:2026-27**  
**CLASS: XI**  
**SUBJECT:FOOD,NUTRITION AND DIETETICS[834]**

S.NO.	UNIT	TENTATIVE MONTH
	<b>PART A: Employability Skills</b>	
1	Unit 1 : Communication Skills - III	APRIL-MAY
2	Unit 2 : Self-Management Skills - III	JULY
3	Unit 3 : ICT Skills - III	AUGUST
4	Unit 4 : Entrepreneurial Skills - III	OCTOBER
5	Unit 5 : Green Skills - III	NOVEMBER
	<b>PART B: Subject Specific Skills</b>	
1	Unit 1 : Food and Nutrition: Basic Concepts	APRIL-MAY
2	Unit 2 : Nutrition through the Life Cycle	JULY
3	Unit 3 : Public Health and Nutrition: Basic Concept	AUGUST
4	Unit 4 : Public Health and Nutrition Disorders	OCTOBER
5	Unit 5 : Public Health and Nutrition: Programmes and Policies	NOVEMBER
6	Unit 6: Nutrition Education, Communication and Behaviour Change	DECEMBER- JANUARY
	<b>WEEKLY TEST I:</b> Employability Skills(UNIT I) Subject Specific Skills (UNIT I)	
	<b>HALF YEARLY EXAMINATION:</b> Employability Skills(UNIT 1,2,3) Subject Specific Skills(UNIT 1,2,3)	
	<b>WEEKLY TEST I TERM II:</b> Employability Skills(UNIT 4) Subject Specific Skills(UNIT 4,5)	
	<b>ANNUAL EXAMINATION: WHOLE SYLLABUS</b>	