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2025 - 2026 FLYING HIGH - INDIAN LANGUAGE SCHOOL



FLYING HIGH
INDIAN LANGUAGE SCHOOL
2025 - 2026



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Editorial

Dear Readers,

Flip through these pages and you'll find more than events and achievements you'll find a year that lived, learned, and leapt forward. The academic year 2025-26 at Indian Language School was a vibrant mosaic of curiosity, compassion, creativity, and courage. From tiny Balvatika footsteps to confident senior strides, every day added a new story to our shared journey.

Classrooms transformed into global stages, innovation hubs, debate arenas, and safe spaces for expression. Our students explored the world through culture exchanges, technology fests, sports championships, science celebrations, language forums, and sustainability drives proving that learning thrives far beyond textbooks.

Equally powerful were the values that anchored us, empathy through community outreach, responsibility through Swachhata initiatives, resilience through competitions, and integrity through awareness programs. Parent partnerships strengthened learning journeys, teachers inspired transformation, and every achievement big or small was celebrated as a step forward. Together, we didn't just chase excellence; we defined it. This edition of our Annual School Magazine is a proud testament to how deeply the National Education Policy 2020 has taken root in our classrooms, corridors, and community. What began as a policy on paper has blossomed into a lived, breathing philosophy of learning and these pages capture that transformation.

As you read on, we invite you to relive the moments that made us cheer, reflect, and grow. This magazine is not just a record of the year gone by it is a celebration of shared dreams, collective effort, and a future full of promise.

Happy Reading!!

Turn the page-the story begins now....



Mrs. Sumita Thakur



Mrs. Nisha Ramchandani



Mrs. Sundari Peri



Mr. Alexander



**Every page, a moment.
Every moment, a milestone**

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VISION & MISSION STATEMENT



VISION

VISION STATEMENT

We empower 21st-century lifelong learners to thrive in a changing world by cultivating a dynamic, discovery driven environment that fosters essential life skills, social values and global awareness through innovation, inclusivity and adaptability



MISSION

MISSION STATEMENT

1. To Promote Self- Directed Digital Learning based on Learning Outcomes.
2. To Integrate Art and Innovation in Teaching and Learning.
3. To Foster a culture for Personal, Emotional and Social Development



SCHOOL PHILOSOPHY

SCHOOL PHILOSOPHY

I.L.S frames its education around a vision, mission, and core values.
I.L.S emphasizes respect, tolerance & social awareness.

**Indian Language School
comes under the umbrella of the
Indian High Commission**

CORE VALUES

Our values:

We value an educational process that allows all students to optimize their learning potentials, so as to achieve their learning outcomes.

Focus on the individual needs of each child by practicing differentiated learning appropriately, support the students to embrace the 21st-century skills to learn and master the content.

PRINCIPAL'S MESSAGE

Artificial Intelligence in Our Classrooms: Empowering Teachers, Elevating Learners



As principal, I am genuinely enthusiastic about the fresh possibilities Artificial Intelligence is opening up in education. AI is not here to replace our dedicated teachers, but to empower them and personalize learning for every student in our school.

With all our staff now trained in AI, our teachers are better equipped than ever to personalize education. to tailor educational experiences to meet individual student needs. Various AI-driven platforms are being used for lesson planning, analysis of the student performance data, identifying strengths and weaknesses, and adapt learning materials accordingly. This personalized approach of adapting to each learner's pace and style ensures that no one is left behind.

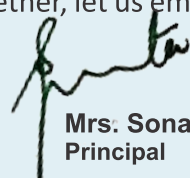
Analysis of the class performance patterns by the teachers helps them to identify and highlight which topics need reteaching, get insights to adjust our curriculum and allocate support where it matters most. Teachers also gain a clear dashboard of progress, allowing for timely interventions that raise the overall attainment of the learner.

Classrooms have become more vibrant with our digital interactive boards that use various AI driven tools. Virtual labs let science students experiment safely, helping to bring subjects to life. Language apps use speech recognition to improve pronunciation. History comes alive through AI-driven simulations where students “interview” historical figures. These immersive methods increase engagement, and engaged students make faster progress.

Additionally, most assessment tools give students immediate feedback on their tests. Learners correct mistakes while concepts are fresh, accelerating progress. To add to this is a progressive step taken by CBSE by introducing online marking for the Board Examinations which is a testimony of the AI implementation in schools for assessments and evaluations.

Working with AI in the classroom is building on the much needed skills of digital literacy, critical thinking, and problem-solving — skills our learners need for tomorrow's world. Students learn to question, verify, and collaborate with intelligent tools responsibly and develop into confident, capable learners.

In conclusion, the incorporation of artificial intelligence in our school is not just a trend but a pivotal step towards building an enriching educational environment. Together, let us embark on this exciting journey into the future of education.



Mrs. Sonali Gupta
Principal

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HIGH COMMISSIONER'S MESSAGE

ABHISHEK SINGH
HIGH COMMISSIONER

अभिषेक सिंह
उच्चायुक्त



HIGH COMMISSION OF INDIA
ABUJA, NIGERIA

भारतीय उच्चायोग,
अबुजा, नाइजीरिया

Message



Dear Students and Faculty members,

It gives me great delight to learn about your achievements and how you have continued to thrive in your academic journey. Your passion, focus and resilience are worthy of all admiration and praise. These successes can be attributed to your hardwork, and the unwavering dedication of your teachers and faculty members, in moulding your psyche and shaping your vision to become men and women of great intellect and valour; ready to impact our world positively.

I encourage you all to continue aim for the stars and make it your motto to always strive for greatness no matter life's hurdles. There are no limitations, only opportunities, so long as you set your mind to it.

I would also like to take a moment to thank the parents who never stopped believing in your dreams and the capacity of the Indian Language school (ILS) to bring those dreams to reality.

We will continue to give our blessings and support to ensure that ILS maintains its upward trajectory of becoming the best in the whole of the region.

I wish you all success and best wishes in this academic year.

With warm regards,

(Abhishek Singh)

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Leadership Chronicle

BREAKING BARRIERS BUILDING FUTURES: MRS. SONALI GUPTA



Where there is vision, there is victory.

The 8th of March 2026 bore witness to a moment of well-deserved celebration, as the Indian Cultural Association of Lagos, during its grand International Women's Day festivities, conferred upon Principal Mrs. Sonali Gupta the illustrious Most Inspiring Woman of the Year- Women's Achiever Award an honour as luminous as the woman herself.

Mrs. Gupta is not merely an administrator; she is an architect of futures. Her presence at the helm of Indian Language School has been nothing short of transformative elevating academic standards, breathing life into cultural heritage, and fostering an environment where every student is empowered to rise above the ordinary. She leads not from behind a desk, but from the very heart of the institution she has so lovingly built.

To those who walk the corridors she oversees, Mrs. Gupta is more than a Principal she is a guiding force, a steady hand, and an unshakeable source of inspiration. This award, prestigious as it is, can only begin to capture the magnitude of her influence. For her truest achievements are not framed on walls they walk the world as the confident, compassionate, and capable individuals she has helped shape.

MRS. ISHITA YADAV: THIRTY-FIVE YEARS OF QUIET GREATNESS



The deepest rivers flow without noise and leave the most lasting marks.

Some contributions are measured in years. Others are measured in lives. In the case of Vice Principal Mrs. Ishita Yadav, it is gloriously both.

Thirty-five years. Three and a half decades of showing up, standing firm, and giving her absolute best to Indian Language School day after day, year after year, without pause and without pretence. Mrs. Yadav was recently honoured in recognition of this extraordinary chapter of service, a milestone that speaks not just of time spent, but of a life genuinely lived in devotion to education and community.

She has been the school's quiet compass the steady presence behind pivotal decisions, the nurturing force behind flourishing careers, and the moral backbone of an institution that proudly reflects her values. Students she once guided now lead lives of purpose. Colleagues she once mentored now mentor others. That is the nature of her legacy it multiplies.

Mrs. Ishita Yadav does not simply represent dedication. She defines it.

I.L.S REPRESENTATION AT CBSE SAHODAYA CONFERENCE, DUBAI (2025)



The 1st International & 31st Annual CBSE Sahodaya Conference, held in Dubai on 4–5 November 2025, brought together over 1,000 educators, school leaders, and policymakers from India and the Gulf region. Centered on the theme “Rooted in Wisdom, Rising with Vision: Reimagining Education through NEP 2020,” the conference emphasized global collaboration, innovative practices, and the effective implementation of NEP 2020.

The event featured insightful plenary sessions, workshops, and panel discussions on future-ready learning, leadership, competency-based education, and the integration of technology and life skills. A key highlight was the announcement of the CBSE Global Curriculum (from 2026–27) and discussions on introducing AI and computational thinking at earlier grade levels.

The conference reinforced the importance of holistic education—balancing academics with values, well-being, sports, and experiential learning—while positioning schools as hubs of innovation and global citizenship. Representatives from Indian Language School actively participated, gaining valuable insights and strengthening international collaborations, further aligning the school’s practices with NEP 2020 and global educational trends.

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PRINCIPAL



MRS. I. YADAV
VICE PRINCIPAL



MRS. NISHA RAMCHANDANI
HEAD OF PRIMARY & HEAD OF
DEPARTMENT OF CWSN



MRS. R. LAKHNPAL
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CAREER COUNSELLOR
PARENT RELATIONS OFFICER (SENIOR WING),
HEAD OF ENVIRONMENTAL
CONSERVATION & ENRICHMENT



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ILS Staff



BALVATIKA I-GR IV Teachers



GR V-VIII Teachers



GR IX & X Teachers



GR XI & XII Teachers

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I.L.S NON - TEACHING STAFF



TEACHERS AWARDS



Mr. Indar Kumar Gupta Excellence Award for Developing Faculty Leaders

This award recognises an emerging faculty leader who has shown dedication, strong performance, and a clear commitment to the school's vision and mission. Through their efforts, the recipient has made a meaningful contribution to the growth and standards of the Indian Language School.

Their work reflects a spirit of leadership, responsibility, and a passion for education, inspiring both colleagues and students.

This year, the award was proudly presented to Mrs. Anuradha Dhawan.

Above and Beyond Award

The *Above and Beyond Award* honours an individual who consistently exceeds expectations and goes beyond the call of duty. It recognises exceptional dedication, initiative, and a strong commitment to excellence in their work.

Through their outstanding efforts and willingness to contribute beyond assigned responsibilities, the recipient sets a remarkable example for others, embodying the true spirit of commitment and professionalism.

The award was proudly presented to Mrs. Sreeja Chandran



Teaching Staff of the Year
Rita Agarwal, Hetal Pathak & Uma Karunanidhi



Non-Teaching Staff of the Year
Hillary Elegeonye



Non-Teaching Staff of the Year
Grace Sunday



Non-Teaching Staff of the Year by Sindhi Samaj
Emmanuel Igwe

मेरी कलम से.....

मूल्यों का महत्व और सुसंस्कृत मानव का निर्माण

पैंतीस वर्षों से विद्यालय के गलियारों में घूमते हुए, हजारों मासूम चेहरों को देखते हुए, और उन्हें जीवन की राह पर चलना सिखाते हुए मुझे एक बात बार-बार महसूस हुई है — शिक्षा केवल किताबों के पन्नों में नहीं, बल्कि हृदय के संस्कारों में बसती है। जब मैं आज के बच्चों को देखती हूँ, तो मुझे अपना वह बचपन याद आता है, जब दादी-नानी की कहानियों में छिपे नैतिक पाठ हमारे मन की मिट्टी में गहरे उतर जाते थे — बिना किसी पाठ्यक्रम के, बिना किसी परीक्षा के। आज जब मैं एक शिक्षिका के रूप में अपनी यात्रा पर पीछे मुड़कर देखती हूँ, तो यह समझ आता है कि असली शिक्षा तो मूल्यों की शिक्षा है।

मूल्य केवल शब्द नहीं हैं जो हम बच्चों को रटा देते हैं। यह तो जीवन का वह सार है जो हमें इंसान बनाता है — और इंसान बनाए रखता है। जब एक बच्चा अपने बुजुर्ग शिक्षक को सम्मान से अभिवादन करता है, जब वह बिना किसी अपेक्षा के अपने साथी की मदद को आगे आता है, जब वह सत्य बोलने का साहस दिखाता है — तब वह केवल एक विद्यार्थी नहीं रहता, वह एक सुसंस्कृत मानव बन जाता है। और यही तो हमारा असली उद्देश्य है — अच्छे इंसान गढ़ना, न कि केवल अंक बटोरने वाली मशीनें।

मुझे गहरा दुःख होता है जब मैं आज के समाज में बढ़ती स्वार्थपरता, बेईमानी और संवेदनहीनता देखती हूँ। कभी-कभी लगता है कि हम अपने बच्चों को सफलता की ऐसी अंधी दौड़ में धकेल रहे हैं, जहाँ मानवीयता के लिए न समय है, न स्थान। लेकिन मैं यह भी जानती हूँ कि अभी भी आशा की किरण बुझी नहीं है। जब मैं अपने विद्यार्थियों को सामाजिक सेवा में तत्पर देखती हूँ, जब वे किसी ज़रूरतमंद के लिए बिना सोचे हाथ बढ़ाते हैं, जब वे अपने माता-पिता की आँखों में आदर का भाव जगाते हैं — तो मेरा मन भर आता है और विश्वास पक्का हो जाता है कि हाँ, हम सही दिशा में जा रहे हैं।

माता-पिता के रूप में, शिक्षकों के रूप में — हमारी सबसे बड़ी, सबसे पवित्र ज़िम्मेदारी यही है कि हम अपने बच्चों को वे मूल्य दें जो उन्हें जीवन की हर आँधी में संभाले रखें। आज का बच्चा कल का नागरिक है। यदि हम चाहते हैं कि हमारा समाज, हमारा देश एक बेहतर जगह बने, तो हमें आज — अभी, इसी पल — अपने बच्चों के हृदय में सत्य, प्रेम, करुणा, ईमानदारी और ज़िम्मेदारी के बीज बोने होंगे। मैं अक्सर सोचती हूँ — जब मैं इस दुनिया से विदा लूँगी, तो मेरे पीछे क्या रह जाएगा? कोई पदक नहीं, कोई प्रमाणपत्र नहीं। मेरी सबसे बड़ी संपत्ति वे विद्यार्थी होंगे जिन्हें मैंने अच्छे संस्कार दिए, जिन्हें मैंने सही-गलत का फ़र्क समझाया, जिनके भीतर एक अच्छा इंसान बनने की चाह जगाई। यही तो असली सफलता है — यही तो जीवन का असली अर्थ है।

आज मैं सभी अभिभावकों, शिक्षकों और समाज के हर सदस्य से हाथ जोड़कर यही अपील करना चाहती हूँ — हम अपने बच्चों को केवल सफल नहीं, बल्कि सार्थक जीवन जीना सिखाएँ। हम उन्हें बताएँ कि असली खुशी भौतिक वस्तुओं में नहीं, अच्छे कर्मों की सुगंध में है। हम उन्हें सिखाएँ कि जीवन में सबसे महत्वपूर्ण यह नहीं कि हम कितना कमाते हैं, बल्कि यह है कि हम कैसे जीते हैं — और कैसे याद किए जाते हैं। मूल्य ही वह दीपक हैं जो घोर अंधकार में भी राह दिखाते हैं। यदि हम चाहते हैं कि हमारी अगली पीढ़ी रोशनी में चले, तो हमें आज ही उनके हाथों में ये दीपक थमाने होंगे — बड़े प्रेम से, बड़ी ज़िम्मेदारी से।

संस्कार ही सच्ची संपत्ति है, और मूल्य ही सबसे बड़ी विरासत। आइए, हम मिलकर एक ऐसे समाज का निर्माण करें जहाँ हर बच्चा न केवल शिक्षित हो, बल्कि संस्कारित भी हो। क्योंकि अंत में — जो याद रहता है वह हमारी उपलब्धियाँ नहीं, बल्कि हमारी मानवीयता है।

मिट्टी को गढ़ा, रोशनी दी, बस इतनी सी कहानी है, फूलों में जो खुशबू बिखरी, वही मेरी निशानी है।

ईशिता यादव
उप-प्रधानाचार्या



GLOBAL CITIZENS BEGIN IN PRIMARY CLASSROOMS

Nisha Ramchandani, Head of Primary

In an increasingly interconnected world, the true foundation of global citizenship is not laid in boardrooms or universities—it begins much earlier, in the joyful, curious, and nurturing spaces of primary classrooms.

These first years of schooling are the time when children don't just learn to read and write but also to grasp how to live with each other, appreciate their differences and feel some sense of obligation for the world around them.

Primary education is an incredibly formative level of life. Kids are born naturally curious, open to new things, and passionate about learning about the world around them. With effective nurturing, this natural curiosity can be the starting point of empathy, kindness, and the world of international knowledge. Classroom activities between students, sharing resources, listening to others, team activities and appreciating one another's success in class teach the basic lesson of the world of togetherness and mutual respect.

At our school, we believe that global citizenship is not an additional subject; it is a way of thinking and living that can be woven into every aspect of learning. Stories from different cultures, celebrations of diverse festivals, discussions about caring for the environment and lessons on kindness and fairness help children understand that the world is beautifully diverse yet deeply connected. Such experiences teach students that while we may come from different backgrounds, we all share

Becoming a Global Citizen in the Classroom



common hopes, emotions, and responsibilities.

Developing global citizens also means nurturing essential life skills. When children are encouraged to ask questions, think critically, express their ideas and listen to others, they learn to become thoughtful and respectful individuals. Activities that promote teamwork, problem-solving, and creativity help students understand the importance of collaboration—an essential skill in today's global society. Even small acts, such as helping a classmate or caring for classroom resources, instill a sense of accountability and compassion.

Environmental awareness is another important aspect of global citizenship that begins in the primary years. Teaching children to save water, reduce waste, plant trees and respect nature helps them grow into responsible caretakers of the planet. Similarly, guiding students on the responsible use of technology and kindness in

communication fosters early digital citizenship.

The role of teachers and parents in this journey is invaluable. When adults model respect, empathy and openness, children naturally absorb these qualities. A strong partnership between home and school further strengthens the values we wish to nurture in our young learners.



As educators, our mission goes beyond academic excellence. We strive to shape individuals who are confident, compassionate, and conscious of their role in the wider world. By nurturing global values in our primary classrooms today, we are shaping thoughtful leaders and responsible citizens for tomorrow!

Because every child who learns to care for others, learns to care for the world!!

MRS. NISHA RAMCHANDANI
HEAD OF PRIMARY



BUILDING RESILIENCE IN STUDENTS: A GUIDE FOR EDUCATORS

Resilience is the ability to adapt, recover, and grow stronger in the face of challenges. For students, this skill is essential for navigating academic pressures, personal struggles, and the complexities of life. As educators, we play a crucial role in fostering resilience, equipping students with tools to thrive even in adversity.

Why Resilience Matters?

Resilient students are better equipped to handle stress, solve problems, and maintain positive relationships. They view setbacks as opportunities for growth rather than insurmountable obstacles. Research shows that resilience enhances emotional recovery and long-term well-being, making it a cornerstone of success both in and out of the classroom.

A safe and inclusive classroom fosters a sense of belonging. Encourage open communication, active listening, and teamwork through group projects and peer support systems. When students feel valued and connected, they are more likely to bounce back from difficulties.

Educators should help students understand that abilities can be developed through effort and perseverance. Reframe mistakes as learning opportunities and celebrate progress over perfection. This mindset empowers students to embrace challenges with optimism.

Overwhelming tasks can paralyse students. Divide them into smaller, manageable steps to build confidence with each accomplishment.

Stories of historical figures or personal experiences that showcase perseverance should be shared. Let students witness how you overcome setbacks, emphasising that failure is an essential step on the path to success.

Social-emotional learning should be

incorporated into lessons to support students in effectively managing stress and emotions. Techniques such as mindfulness practices, deep breathing exercises, and structured problem-solving approaches provide students with practical tools to navigate challenges and adversity successfully.

Activities such as keeping gratitude journals or going on “gratitude walks” encourage students to concentrate on the positive aspects of their lives, promoting optimism even in difficult moments.

Building resilience is an ongoing process that requires consistency and support. By creating an environment that values effort, promotes emotional regulation, and celebrates growth, we can empower students to overcome challenges and thrive academically and personally.

As educators, remember: resilience means moving forward to a brighter future, not just bouncing back.

Rashmi Lakhanpal

Sr. Coordinator
Head of Curriculum Development



SHAPING FUTURES WITH HEART AND MIND

Dearest Children!

We often think of school as a race toward the finish line of board exams and university placements. But as we navigate an era where AI can solve equations in seconds and information is a thumb-tap away, the question arises: *What remains when the formulas are forgotten?*

In our school, we don't just see students; we see emerging architects of society. While our labs and classrooms are buzzing with high-level theory, the real *experiment* happening is the development of character.

Gen Z and Gen a are growing up in a world that is hyper-connected yet often feels fragmented. In this landscape, integrity, empathy, and resilience are not just soft skills, they are the essential hardware. We are focusing on *Human Connection* - Choosing a conversation over a comment section; *Accountability* - Owning mistakes as much as we own our successes and *Purpose* - Understanding that what you *do* matters less than *who* you are while doing it.

Dear Parents! Thank you for being our

partners in this. You provide the roots, and we help them find the sun. Together, we aren't just preparing kids for a career path; we are preparing them for a life lived with intention.

Let's keep the focus on the heart. After all, a person with a brilliant mind but neither compass nor compassion, is simply lost. Here's to a year of growing deeper, not just scoring higher.



Dr. Hemamalini Srinivasan
Head of PD & Supervisor

MISSION TO THE FUTURE:

Packing Your "Survival Kit" for Tomorrow's World



The future is not a destination you arrive at — it is a mission you prepare for. And every great mission begins with the right kit.

KNOW YOUR MISSION

The world our students will inherit is faster, more complex, and more connected than ever before. Artificial intelligence is reshaping careers, climate change is redefining priorities, and the skills that matter most are shifting rapidly. As educators, our role is not simply to fill young minds with knowledge — it is to equip them with the tools to think, adapt, and lead.

WHAT GOES IN THE KIT?

Every survival kit needs the essentials. For tomorrow's world, those essentials are **curiosity, resilience, empathy, and critical thinking**. Curiosity drives students to ask better questions. Resilience teaches them to treat failure as feedback. Empathy keeps humanity at the center of every decision. And critical thinking allows them to filter noise, challenge assumptions, and solve

problems no textbook has yet imagined.

THE ROLE WE PLAY

In Grades 5 to 8, students stand at a pivotal crossroads. They are old enough to think deeply, yet young enough to be shaped by what we model for them. Every classroom discussion, every project, every moment we encourage a student to question rather than simply comply, we are adding something vital to their survival kit. We are not just supervisors of content — we are architects of mindset.

PACK LIGHT, PACK SMART

The heaviest thing a student can carry into the future is fear of the unknown. Our mission is to replace that fear with confidence — the quiet confidence that comes from knowing how to learn, how to adapt, and how to connect with others. A student who masters those three things will never be unprepared, no matter what tomorrow brings.

The future belongs to those who prepare for it today. Let's make sure our students are ready.



Natasha Steve

Supervisor Grade V-VIII
Head of Innovation and Attainment



Leadership & Student Development



CBSE GRADE XII RESULTS – MAY 2025
No. of Candidates Appeared: 84
Highest in Aggregate: Aventika Balaji 95.2%

Subject	Student Name	Percentage
Business Studies	Ashish Vinu John	100
Accountancy	Mishti Chiplunkar	99
Business Administration	Aanya Sharma	99
Informatics Practices	Pranav Moolapattu	99
Mathematics	Aventika Balaji	98
Chemistry	Tanisha Ranjeet Bajaj	98
Food Nutrition & Dietetics	Mayreen Fatima	98
Physics	Aventika Balaji	98
Physical Education	Sania Irfan Maknojia	98
Psychology	Kruti Oza	98
Web Application	Harshita Pandey	97
Biology	Sania Irfan Maknojia	96
Economics	Aayush Kumar	96
English	Aishwarya Rameshkumar	96
Applied Maths	Vidhushi	94



CBSE GRADE X RESULTS – MAY 2025
 No. of candidates appeared: 94
 Highest in aggregate: Shavil Agarwal 95.6%

Subject	Student Name	Percentage
Standard Mathematics	Shavil Agarwal	99
French	1.Daiwik Khathuria	99
	2.Ziana Grover	
Science	Shavil Agarwal	98
English	Anmol Gupta	97
Hindi	Kuber Ghanshyam Devjani	97
Social Science	1.Kuber Ghanshyam Devjani	97
	2.Vaishnav Vinesh	
Basic Mathematics	Aditya Chandrashekhar Bhat	96
Intro. to Financial Market	Vaishnav Vinesh	100
Marketing & Sales	Shavil Agarwal	100
Apparel	1.Naniya Mele Kolangath	98
	2.Ziana Grover	
Food Production	Joanna Susan Shery	97

STUDENT COUNCIL

Meet the driving force behind positive change and innovation within our school community. Through their leadership, dedication, and vision, the Student Council embodies the spirit of service and unity, fostering a vibrant culture of collaboration and empowerment. From organizing events to advocating for student interests, they play a crucial role in shaping the student experience and building a sense of belonging for all.



HEAD BOY - SENIOR WING
ADITYA KUMAR



HEAD GIRL - SENIOR WING
RASHI MOTIRAMANI



HEAD BOY
REHANSH RAJ



HEAD GIRL
ANVEE GARG



VICE HEAD BOY - SENIOR WING
KUBER DEVJANI



VICE HEAD GIRL - SENIOR WING
LAVISHA MEHTA



VICE HEAD BOY
MOHAMMAD ARHAM



VICE HEAD GIRL
UDIKSHA SHARMA

LEADERSHIP & STUDENT DEVELOPMENT STUDENTS COUNCIL

Teamwork is at the heart of our school's success, and our committees truly bring this spirit to life. From planning vibrant events to driving meaningful initiatives, these dedicated teams work with enthusiasm and commitment to enhance every aspect of school life. Their shared efforts create an environment that values innovation, celebrates inclusivity, and encourages continuous growth. Through their work, every member of our school community is supported, inspired, and given the opportunity to thrive.



INVESTITURE CEREMONY SENIOR WING



INVESTITURE CEREMONY JUNIOR WING



SCHOOL COMMITTEES

Collaboration lies at the heart of our school's success, and our committees exemplify this ethos. From organizing events to implementing initiatives, these dedicated teams work tirelessly to enrich the school experience for all. Through their collective efforts, they foster a culture of innovation, inclusivity, and continuous improvement, ensuring that every member of our school community has the opportunity to thrive and succeed.



Student Voice Group



Anti-Bullying Committee



Global Awareness Club



Curriculum Development Committee



Art Integration Committee



Events and Event Logger Committee



Career Counselling Committee



Culinary Arts Club

SCHOOL COMMITTEES



Life Skills Club



Sports Club



Discipline Committee



School Safety Committee



Magazine Committee



Health and Wellbeing Club



Model United Nations (MUN)



Protection of Children from Sexual Offences (POCSO) Committee

SCHOOL COMMITTEES



Personality Development Club



Eco Club



DEAR Club (Drop Everything and Read)



Charity Committee



Drama Club



YUVA Tourism Club



First Aid Committee



Creative Trail Club

SCHOOL COMMITTEES

Student Voice Group: Provides a structured platform for students to voice ideas, engage in meaningful dialogue, and participate in decisions that shape school life. The group nurtures leadership and collective responsibility.

Steered by: Mrs. Ishita Yadav

Student Heads: Amonika Singhal, Aarav Metia

Anti-Bullying Committee: Works towards creating a safe and inclusive environment by addressing concerns related to bullying, spreading awareness, and reinforcing values of empathy and respect.

Steered by: Mrs. A. Chawla

Student Heads: Dresha Lanus, Vijay Venkat

Art Integration Committee: Encourages the purposeful use of visual and performing arts within academic learning to enhance creativity, engagement, and interdisciplinary understanding.

Steered by: Mrs. K. Bali

Student Heads: Ayusha Maharugade, Rachel Susan Mathew

Career Counselling Committee: Supports students in exploring career pathways, understanding academic choices, and planning future goals through informed guidance and exposure.

Steered by: Mrs. S. Mitra

Student Heads: Gunpriya Dhoundiyal, Jahnvi Sharma

Charity Committee: Instils a sense of compassion and social responsibility by organising outreach initiatives, donation drives, and service-oriented activities.

Steered by: Mrs. S. Gaur

Student Heads: Prisha Prasad Kunder, Yashvardhan Chauhan

Curriculum Development Committee: Contributes to strengthening the academic framework by reviewing, refining, and supporting curriculum practices aligned with learner needs.

Steered by: Mrs. R. Lakhanpal

Student Heads: Geetika Cheekatmalla, Shriya Rajesh

YUVA Club: Promotes awareness of India's culture, heritage, and tourism while encouraging student participation in initiatives that celebrate national identity.

Steered by: Mrs. L. Dam

Student Heads: Nishika Somwani, Sanya Yadav

Personality Development Club: Aims to enhance confidence, communication, and leadership qualities through activities that encourage self-awareness and personal growth.

Steered by: Mrs. M. Bruclee

Student Heads: Potharaju Lakshmi Srinidhi, Sana Mukhida

Creative Trails Club: Offers opportunities for creative exploration through art-based activities and projects that promote imagination and original expression.

Steered by: Mrs. A. Pushkarna

Student Heads: Parshvi Shah, Aarav Chatterjee

Culinary Arts Club: Introduces students to essential culinary skills while fostering creativity, teamwork, and practical life competencies.

Steered by: Mrs. A. Kurien

Student Heads: Bhavyaa Bisht, G. Sai Mohit

DEAR Club (Drop Everything and Read): Encourages a sustained reading culture by setting aside dedicated time for independent reading, nurturing focus and a love for books.

Steered by: Mrs. A. Sudhin

Student Heads: Harsimran Singh, Sanika Arya

Drama Club: Provides a creative stage for students to explore theatre, develop performance skills, and express ideas through dramatic arts.

Steered by: Mr. Alexander

Student Heads: Anirudha Pawar, Nidhi Rajesh Bailur

SCHOOL COMMITTEES

Sports Club: Promotes physical fitness, discipline, and teamwork by encouraging active participation in sports and athletic activities.

Steered by: Dr. P. Nagine

Student Heads: Pihla Singh Sokhi, Pranjali Bhavsar

Events and Event Management Committee: Plans and executes school events while ensuring smooth coordination, effective organisation, and accurate documentation.

Steered by: Mrs. G. Singh & Mrs. P. Poddar

Student Heads: Sanjana Omkumar, Naisha Srivastava

First Aid Committee: Equips students with basic emergency response skills and promotes awareness of health and safety measures within the school.

Steered by: Coach Mooney

Student Heads: Aarna Arora, Aryan Pabal

Model United Nations (MUN) Club: Engages students in simulated international forums, strengthening research, diplomacy, public speaking, and global perspective.

Steered by: Mrs. D. Dixit

Student Heads: Aadyansh Maharana, Neeti Kansara

Eco Club: Encourages environmental consciousness through sustainability initiatives, awareness programmes, and eco-friendly practices.

Steered by: Mrs. S. Chandran

Student Heads: Anushka Singh, Sai Vishwak Gondimalla

Global Awareness Club: Broadens students' understanding of global issues, cultures, and current affairs, helping them become informed and responsible global citizens.

Steered by: Mrs. S. De

Student Heads: Jenil Kasandariya, Suditi Chenna

POCSO Committee: Ensures student safety by promoting awareness, addressing concerns, and supporting policies related to child protection.

Steered by: Mrs. A. Abbas

Student Heads: Hardik Singh Jalal, Jagriti Choudhary

Health & Wellness Club: Focuses on nurturing overall well-being by promoting healthy habits, mental wellness, and balanced lifestyle practices.

Steered by: Mrs. G. Manaise

Student Heads: Krishiv Chopra, Sneha Singh

ICT Committee: Strengthens digital learning by encouraging responsible technology use and supporting ICT-based academic practices.

Steered by: Dr. H. Mohan

Student Heads: Dibyansu Sahoo, Tanishq Bhaskar Rao

Life Skills Club: Equips students with essential life competencies such as communication, decision-making, and problem-solving for personal growth.

Steered by: Mrs. N. Jha

Student Heads: Ebin Antony, Pragati Tripathi

School Safety Committee: Ensures a secure school environment by implementing safety measures and promoting awareness of safety protocols.

Steered by: Mrs. A. Dhawan

Student Heads: Rudra Laxman Parmar, Rakshit Suvarna

Magazine Committee: Curates and publishes the school magazine, highlighting student voices, achievements, creativity, and significant school events.

Steered by: Mrs. S. Thakur, Mrs. N. Ramchandani, Mrs. S. Peri

Student Heads: Swara Upadhayay, Vivek Mishra

ANNUAL DAY 2025

Annual Day 2025: Navchetna Awakening a New Era in Education. Indian Language School marked its Annual Day 2025 with extraordinary grandeur and vibrant celebration, graced by the esteemed presence of Chief Guest Shri. Chandramouli Kern, Consul General of India, alongside a distinguished gathering of dignitaries, educators, and proud families.

The occasion was not merely a cultural event but a powerful statement of educational vision one rooted in purpose, identity, and transformation.

The theme of the evening, Navchetna Awakening a New Era in Education, drew its inspiration from the National Education Policy 2020, a landmark framework that seeks to reimagine Indian education from its very foundations. True to this spirit, every item on the programme was thoughtfully curated to illuminate a distinct facet of the policy making the stage not just a platform for performance, but a living canvas of pedagogical ideals.

The evening unfolded as a rich tapestry of artistic expression and cultural pride. Traditional games and folk dances breathed life into India's indigenous wisdom, celebrating the policy's emphasis on rooting education in local knowledge and heritage. Technology-driven acts showcased the school's forward looking ethos, reflecting NEP 2020's vision of integrating digital literacy and innovation into learning. The evening culminated in a captivating fusion finale a seamless blend of the classical and the contemporary embodying the policy's call for holistic, multidisciplinary development that honours the past while embracing the future.

Deeply moved by the school's presentation, Chief Guest Shri. Chandramouli Kern extended his heartfelt praise to Indian Language School for its remarkable excellence, commendable discipline, and profound cultural depth. He lauded the institution's unwavering commitment to nurturing learners who are not only academically accomplished, but also confident in their identity, compassionate in their values, and equipped to engage with the world as responsible global citizens. In his words, Indian Language School stood as a true embodiment of Navchetna a new dawn in education, bright with promise and purposeful in its direction.

The Annual Day 2025 thus left an indelible impression on all who witnessed it a celebration that was as much a tribute to India's educational renaissance as it was to the students, teachers, and visionaries who bring it to life every day.

ANNUAL DAY



ANNUAL DAY 2025



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY



ANNUAL DAY





Special Visits, Talks & Institutional Events

Interactive sessions and visits by distinguished personalities enriched students' knowledge and inspired them towards greater aspirations.

VISIT OF HIGH COMMISSIONER AMBASSADOR ABHISHEK SINGH





CONSUL GENERAL CHANDRAMOULI KERN INTERACTIVE SESSION



PARIKSHA PE CHARCHA



VISIT OF CONSUL GENERAL MR. C. KANNAN





***Moving Ahead
with NEP 2020***

JUNIOR WING



Art-Integrated Learning



Discovery-Oriented Learning



Experiential Learning

JUNIOR WING



Foundational Literacy & Numeracy (FLN)



Holistic Development



Play-Based Pedagogy



Seamless Integration of Arts Across the Curriculum

SENIOR WING



21st century skills (Role Play)



Inquiry based learning



Critical thinking

Problem solving

SENIOR WING



Experiential learning



Internship and Vocational exposure



Skill integration



Student Activities & Creative Expression

Numerous platforms were provided for students to express creativity, enhance communication skills, and build confidence through diverse activities.

BAGLESS DAY



JAM - JUST A MINUTE SPEAKING EVENT



CHILDREN'S DAY



MAGAZINE COVER COMPETITION



SHAPE STORY PUPPET SHOW (DESIGN THINKING)



VOICES IN VERSE-POETRY RECITATION COMPETITION



BALVATIKA ACTIVITY GOING TO A SUPERMARKET



CREATIVE ACTIVITIES



CREATIVE ACTIVITIES



Sports & Physical Development

Sports activities encouraged physical fitness, teamwork, and discipline, contributing to students' overall development.

EARLY YEARS SPORTS DAY



EARLY YEARS SPORTS DAY



INTER-HOUSE SPORTS FORTNIGHT



INTER-HOUSE SPORTS FORTNIGHT



YOGA DAY



OUT-OF-SCHOOL LAURELS

ACADEMIC & CO-CURRICULAR ACHIEVEMENTS

Indian Language School continues to shine on global platforms, with its students excelling in a wide spectrum of academic and co-curricular arenas. These accomplishments reflect the school's commitment to holistic education and excellence.

Global Academic Distinction

Harvard Model Congress — San Francisco

Under the guidance of Mrs. Sreeja Chandran, Aarna Arora and Aarav Chatterjee (Grade XII) proudly represented the school at this prestigious event held at Harvard University, Cambridge, Massachusetts.

Wharton Global High School Investment Competition (2025–26)

Teams from Grades XI and XII advanced to the quarter-finals, demonstrating exceptional financial acumen.

Team Leaders: Dibyansu Sahoo and Kuber Devjani

Team Members: Aditya Kumar, Priyanshu Vaidya, Tanishq Baskar Rao, Teerth Patel, Yashraj Veeramani, Sreeharsh Venkatasubrama, Daiwik Khathuria

World Teen Parliament

- Dibyansu Sahoo (Grade XII) — Recognised as a Member of Parliament
- Archisha Tripathy (Grade X) — Certificate of Appreciation

International French Spell Bee

- Sanskriti Prashanth Sanglikar (Grade VIII) — Zonal Winner (Distinction)
- Meshva Vinay Panchal (Grade VI) — Advanced to the second round

International Hindi Song Competition — World Hindi Secretariat, Mauritius

- Riyana Rath (Grade XI) — First Prize

International Astronomy & Astrophysics Competition

- Rishi M. Shanbhogue (Grade XII) — Silver Medal

Indian Astrobiology Research Foundation

- Rishi M. Shanbhogue — Certificate of Excellence in Advanced Space Science

Spacetrax Aerospace

- Siyaan Roswald Correya (Grade VII) — First Prize (3A Club Module 2)

Diploma in Language Studies / STEAM

- Lakshya Vedprakash Sharma (Grade XI) — B1 Certification
- Sanskriti Prashanth Sanglikar (Grade VIII) — A2 Certification

Innovation, Coding & Technology

Codeavour 7.0 — Global AI, Coding & Robotics Competition

Under Mrs. Uma Karunanithi's mentorship, ILS students secured **12 prestigious awards**

OUT-OF-SCHOOL LAURELS

ACADEMIC & CO-CURRICULAR ACHIEVEMENTS

and earned the honour of representing Nigeria at the international finals in Indonesia.

Highlights include:

- Multiple **1st, 2nd, and 3rd place finishes** across Grades 4 to 11
- Special recognition for the **Girls Team Award**
- Strong representation in AI, robotics, and coding innovation

Inter-School Competitions

Aagaz Interschool Competition

ILS secured **Overall Second Position**, showcasing excellence across diverse categories.

Notable achievements:

- First Place in *Global Goals Geetmala, Harith Vigyapan, Maths of Nature, and EDU Vlog*
- Strong podium finishes in sustainability, innovation, and design events

Creative Excellence

RANGOTSAV — International Sketching Competition

Students earned multiple international recognitions, including:

- Art Maestro Award
- International Medals
- Trophies and Consolation Prizes

This reflects the school's vibrant artistic culture and creative talent.

Debate & Leadership

Dr. Amidas Goradia International Debate

- Vaidehi Parekh — Adjudged *Best Speaker*

Genius HUB Internship Programme

- Lavisha Mehta (Grade XI) — Finance Management
- Sanika Arya (Grade XII) — Best Performer
- Sanskriti Prashanth Sanglikar (Grade VIII) — Best Performer & Best Feedback Award

SPORTS ACHIEVEMENTS

The school's sporting excellence continues to scale new heights with outstanding performances across disciplines:

- **Swimming:** Gold Trophy with 12 Gold, 18 Silver, and 12 Bronze medals
- **Badminton:** First Prize in Under-18 Doubles (Tanveer Khan & Sathvik Rao)
- **Football:** Champions — Interschool Unity Cup League
- **Basketball:** Winners — Interschool Intermediate League
- **Chess:** National-level medals at Ecobank Championship
- **Gymnastics:** Multiple medals across categories
- **Table Tennis:** National and international participation under Coach Kadri Ganiyu
- **Taekwondo:** 5 Gold, 1 Silver, 2 Bronze at Lagos State Championship
- **Volleyball:** Double Champions — High School Volleyball Championship
- **Karate:** Siyaan Roswald Correya — First Prize
- **Marathon:** Pihla Singh — Gold Medal, Access Bank Lagos City Marathon

OUTSIDE LAURELS



OUTSIDE LAURELS



OUTSIDE LAURELS



OUTSIDE LAURELS



OUTSIDE LAURELS



OUTSIDE LAURELS



OUTSIDE LAURELS





Parent-School Partnership

Strong collaboration between parents and the school was maintained through orientations and meetings, fostering a supportive learning ecosystem.

BALVATIKA OPEN DAY



BALVATIKA II AND III ORIENTATION



BALVATIKA I OPEN DAY



BALVATIKA PARENTS DAY



ORIENTATIONS & PTM



THE PARENT-TEACHER ASSOCIATION OF INDIAN LANGUAGE SCHOOL



The Parent-Teacher Association of Indian Language School plays an important role in strengthening the bond between parents, teachers, and students. During the academic year 2025–26, the PTA continued to work with dedication and enthusiasm for the welfare and progress of the school community.

The year began on a joyful note with the celebration of Children's Day. To make the occasion special, the PTA distributed delicious ladoos among all the children. The smiles on the faces of the students made the celebration truly heartwarming and memorable.

Another major contribution of the PTA was during the Bal Mela held in the school premises. The PTA generously sponsored snacks and rides for the event adding excitement and enjoyment for the students. The mela was filled with fun, laughter and enthusiasm.

Keeping the well-being of students in mind, the PTA also organised a counselling session for students of Grades 5 and 6 on the importance of hygiene. The session created awareness about personal cleanliness, healthy habits, and the importance of maintaining hygiene in daily life. It was informative and beneficial for the young learners.

The PTA further encouraged creativity and talent among students by conducting an online competition with a variety of engaging events. Students participated enthusiastically and displayed their skills in different categories. To appreciate their efforts, a prize distribution ceremony was later organised in the school, where winners were honoured and encouraged.

The year 2025–26 reflected the dedication, care, and active involvement of the PTA in creating a positive and supportive environment for students. The continuous cooperation of parents, teachers, and school management made all these activities successful and memorable.



Mrs. Ramneet Kaur
PTA VICE CHAIRPERSON



Academic Excellence & Intellectual Development

The school fostered strong academic growth through enriching programs, competitive examinations, and career-oriented initiatives, encouraging students to develop critical thinking and intellectual curiosity.

ACADEMIC AWARDS

**1. Gujarati Samaj Cash Awards
Flying High Cover Page Design**

1st Prize: Sreenika Paul (XI A)

2nd Prize: Riyana Rath (XI A)

Essay Writing Competition

Grades V–VII: Santhosh Jeyaraman (VI B) – 1st Prize

Grades VIII–IX: Anita Panda (IX C) – 1st Prize

Grades X–XII: Navya Sagaram (X B) – 1st Prize

Subject & Special Awards

Highest Marks in Physical Education (Grade XII): Sania Irfan Maknoja

Highest Marks in Accountancy (Grade XII): Mishti Chiplunkar

Long-Term Excellence in Character & Conduct: Geetika Cheekatmala

2. Jhulelal Sindhi Samaj Charity Trust Cash Awards

Highest Aggregate (Grade VIII – 3 Languages): Kartik Gautam

Highest Aggregate (Grade IX – 2 Languages): Athul Biju

Most Improved (Grade IX): Arshia Raina

Highest Marks in Biology (Grade XI): Vaisnav Vinesh

Highest Marks in Economics (Grade XI): Kuber Ghanshyam Devjani

Worthwhile Improvement in Academic Performance in Grade XI

ARYA RAJESH GIRKAR

3. Shri Chhatrapati Shivaji Maharaj Cash Awards

Excellence in Sports (Grade XII): Pranjali Ashish Bhavsar

Business Vision & Creativity Award (Grade XII): Dibyansu Sahoo

Scientific Vision & Creativity Award (Grade XII): Sai Mohit Garga & Priyanshu

Vaidya

4. TAN Merit Cash Awards (Grade XII)

Applied Mathematics: Aventika Balaji

Business Studies: Ashish Vinu John

Business Administration: Aanya Sharma

Economics: Aayush Kumar

Food, Nutrition & Dietetics: Mayreen Fatima

C. AWARDS BY VARIOUS COMPANIES

1. IDM Cash Awards

Informatics (Grade XI): Jyotiraditya Samal

ACADEMIC AWARDS

Web Applications (Grade XI): Aparna Manoj Nair
Informatics (Grade XII): Pranav Moolapattu
Web Applications (Grade XII): Harshita Pandey

2. Enpee Group Cash Awards (Grade X, 2024–25)

Subject Toppers

English: Anmol Gupta
Science: Shavil Agarwal
Social Science: Kuber Ghanshyam Devjani & Vaishnav Vinesh
French: Daivik Kathuria & Ziana Grover

Skill Subjects

Financial Markets: Vaishnav Vinesh
Marketing & Sales: Shavil Agarwal
Apparel: Naniya Mele Kolangath & Ziana Grover
Food Production: Joanna Susan Shery

Special Award

N.P. Kirpalani Pinnacle Performer: Manoranjan Bharthi

3. Kewalram Chanrai Cash Awards

Highest Aggregate (Grade IX): Sonakshi Beria
Highest Aggregate (Grade XI): Kuber Ghanshyam Devjani
2nd Highest Aggregate (Grade XI): Shavil Agarwal
Physics (Grade XII): Aventika Balaji
English (Grade XII): Aishwarya Rameshkumar

4. Aarchemie Ventures Ltd – Drawing Awards

Primary (Grades 1–4): Yahya Ahmad (IV C)
Middle (Grades 5–8): Vihana Kabra (VI B)
Senior (Grades 9–12): Anita Panda (IX C)

5. Far East Mercantile Co. Ltd

Highest Aggregate (Grade X): Shavil Agarwal
Highest Aggregate (Grade XII): Aventika Balaji
2nd Highest Aggregate (Grade XII): Pranav Moolapattu

D. CASH AWARDS BY INDIVIDUALS

Accountancy (Grade XI): Kuber Ghanshyam Devjani
Hindi (Grade X): Kuber Ghanshyam Devjani

ACADEMIC AWARDS

Best Singer (Grade XII): Naisha Srivastava
Best Instrumentalist (Grade XII): Ebin Anthony
Most Improved (2025–26): Arya Rajesh Girkar
Proficiency Award: Geetika Cheekatmala

Special Recognitions

Chemistry (Grade XII): Tanisha Ranjeet Bajaj
Talent Award: Nidhi Bailur
Biology (Grade XII): Sania Irfan Maknojia
Young Scientist: Vaishnav Vinesh
Baking Talent Award: Rachel Susan Mathew

E. SPECIAL AWARDS

ILS Appreciation Award: Sanya Yadav & Aryan Pabal
ILS Special Award (Resilience): Sneha Singh
Spirit of ILS Award: Rashi Motiramani & Aarav Metia
Leadership Award: Aditya Kumar
High Commissioner of India Award (Hindi, Grade X): Vanshika Devjani
Best All-Rounder (Far East Mercantile): Rishi Shanbhoge
Best All-Rounder (High Commissioner Award): Aditya Kumar

Best House Trophy (2024–25)

Krishna House has won the Best House Trophy for the year 2025–26.

Congratulations to all the students, the House Mistress, and the Assistant House Teachers on this wonderful achievement!

ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



ACADEMIC AWARDS



INDIAN CULTURAL ASSOCIATION ACADEMIC AWARDS



INDIAN CULTURAL ASSOCIATION ACADEMIC AWARDS



INDIAN CULTURAL ASSOCIATION ACADEMIC AWARDS





**POUR
PURE
LOVE**



Golden Terra Oil pays tribute to all the World's Moms, for the warm & tasty meals that fill our hearts and souls with the love that they pour selflessly into our lives everyday, with every single meal. The world needs moms, because only they can Pour Pure Love.



Unwrap Joy Unleash Taste



Terra Seasoning Cube is custom-made with high-quality ingredients making meals cooked with Terra Cube a masterpiece.

Unwrap the joy of rich flavour, inviting aroma and delicious irresistible taste with Terra Seasoning Cube.

Unwrap Joy, Unleash Taste.



INDIAN CULTURAL ASSOCIATION ACADEMIC AWARDS



INDIAN CULTURAL ASSOCIATION ACADEMIC AWARDS



INTERNSHIP



Internship Visit to Lekki Free Trade Zone



Corporate Internship with Ascentech Services Ltd

GLOBAL EXPOSURE & INTER-SCHOOL ENGAGEMENT



MATH IN MOTION-MATHEMATICS DAY CELEBRATION



NGSE 2026 - Quest for Mathematical Talent



Waterloo CEMC Math Contests



Aryabhata Ganit Challenge



World Science Day Celebration

CAREER GUIDANCE SESSION



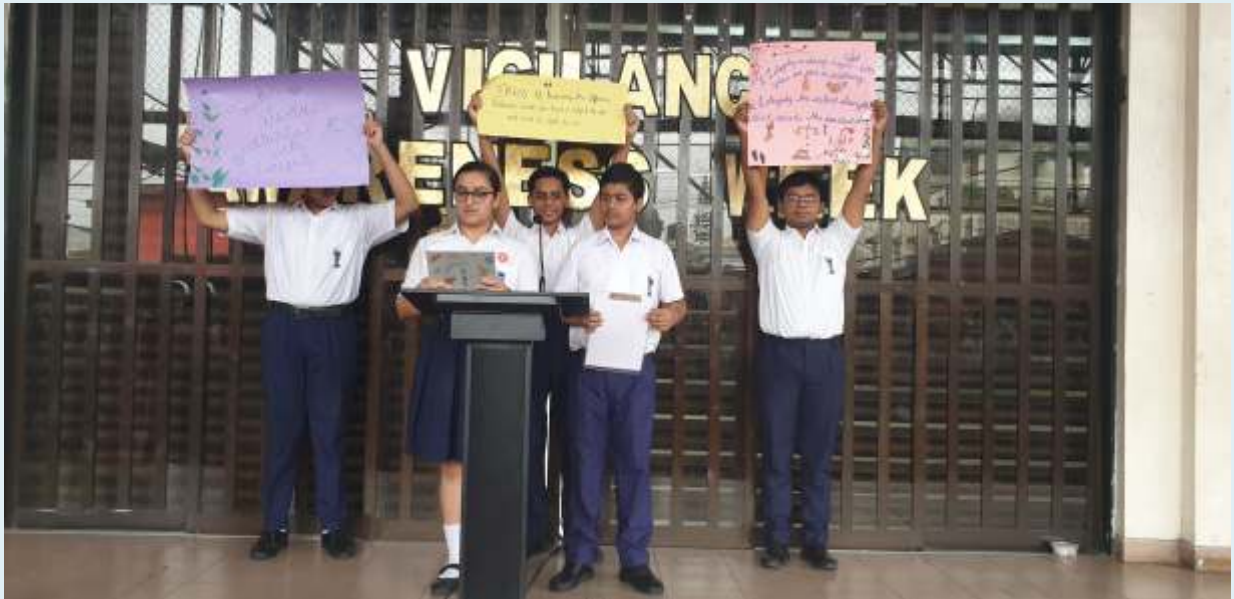
NEET UG EXAMINATION AT INDIAN LANGUAGE SCHOOL



READING COMPETITION



COMMUNITY ENGAGEMENT & SOCIAL RESPONSIBILITY



COMPETITIONS & STUDENT ACHIEVEMENTS





Cultural Celebrations & School Events

Festivals and annual events were celebrated with enthusiasm, promoting cultural awareness, creativity, and a sense of unity within the school community.

BALMELA



BV-I NATURE RAMP WALK



BV-II ECO VOGUE RAMP WALK



SHOW AND TELL COMPETITION



SPELL BEE COMPETITION – BV III TO GR.IV



ROBOTICS WORKSHOP



CHRISTMAS CELEBRATION



DANCES OF THE WORLD CULTURAL EVENT



DIWALI CELEBRATION



HINDI RAMP WALK-DO AKSHAR DO KADAM



INDEPENDENCE DAY CELEBRATION



RANGMANCH



REPUBLIC DAY



VISHWA HINDI DIWAS CELEBRATION



FOUNDERS DAY



NIGERIAN ART EXPLORATION



ENVIRONMENT & SUSTAINABILITY



ENVIRONMENT & SUSTAINABILITY





Health Safety & Well being

The school prioritized student well-being through awareness programs, health initiatives, and safety drills, ensuring a secure and supportive environment.

ANTI-BULLYING TALK SHOW - THE INVISIBLE WOUND



MALARIA AWARENESS WEEK



POLIO VACCINATION DRIVE



MEASLES-RUBELLA VACCINATION PROGRAM



ORAL HEALTH AWARENESS DRIVE



POCSO AWARENESS SESSION



POSHAN PAKHWADA NUTRITION INITIATIVE

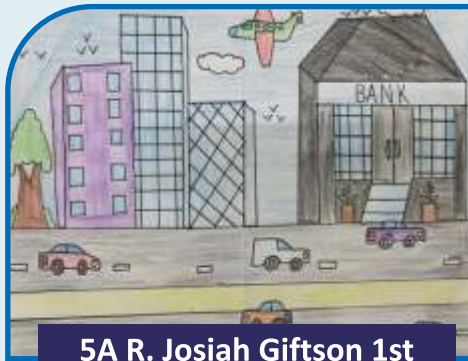


INNOVATION, TECHNOLOGY & STEM



ART COMPETITION AWARDS

GRADE V (1st Position)



5A R. Josiah Giftson 1st



5B Pranika Garg 1st



5C Adreeta Medhi 1st

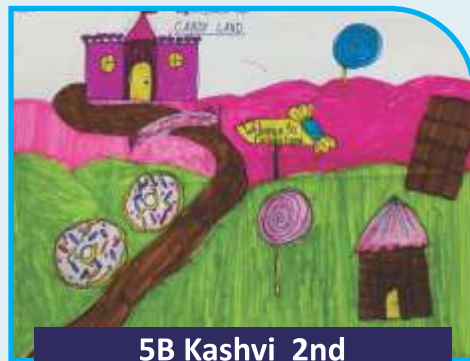


5D Rutvi Agarwal 1st

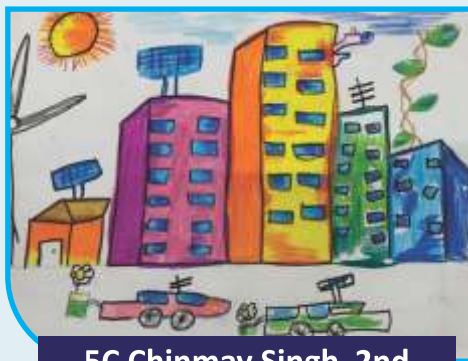
GRADE V (2nd Position)



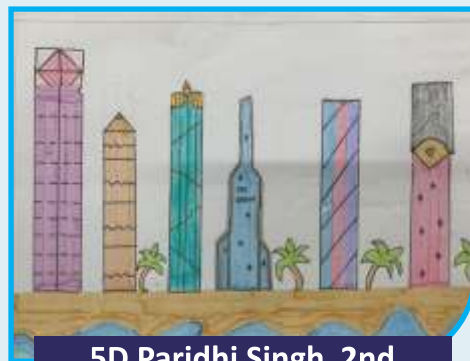
5A Kyra Raul 2nd



5B Kashvi 2nd



5C Chinmay Singh 2nd



5D Paridhi Singh 2nd

ART COMPETITION AWARDS

GRADE VI (1st Position)



6A Nikita Soni 1st



6B Vihana Kabra 1st



6C Jasneet Kaur 1st



6D Pratisha Kunder 1st



6E Anshika Kumari 1st

GRADE VI (2nd Position)



6A Jasleen Kaur 2nd



6B Anaaya Kesari 2nd



6C Saksham Tripathi 2nd



6E Lionel 2nd



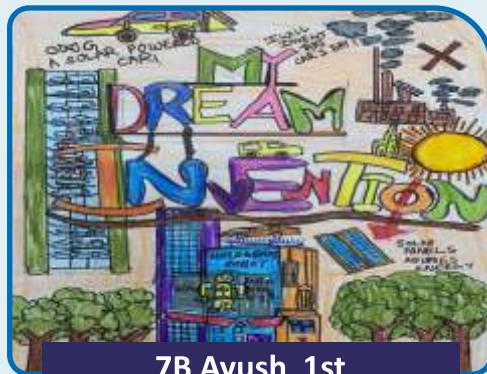
6D Ansh Nair 2nd

ART COMPETITION AWARDS

GRADE VII (1st Position)



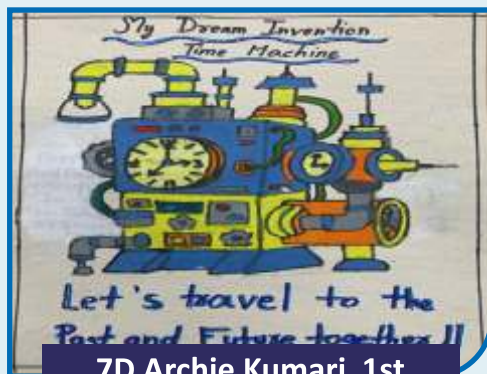
7A Bhargavi 1st



7B Ayush 1st

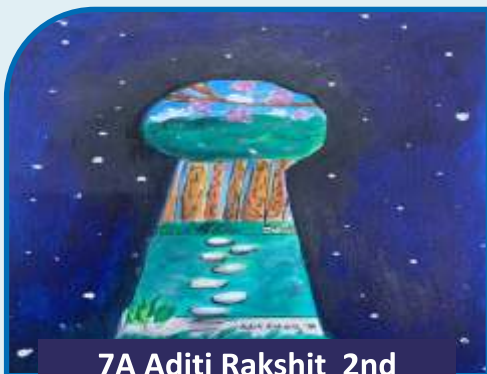


7C Afia Islam 1st



7D Archie Kumari 1st

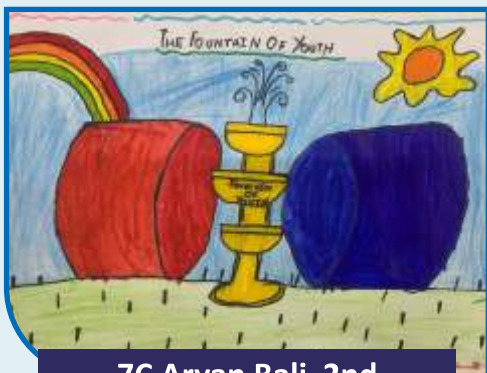
GRADE VII (2nd Position)



7A Aditi Rakshit 2nd



7B Saanvi Jena 2nd



7C Aryan Bali 2nd



7D Sharanya Paul 2nd

ART COMPETITION AWARDS

GRADE VIII (1st Position)



8A Zoya Irfan Rehman 1st



8B Ansh Das 1st



8C Manya Sharma 1st



8D Dhanush H Gaiward 1st

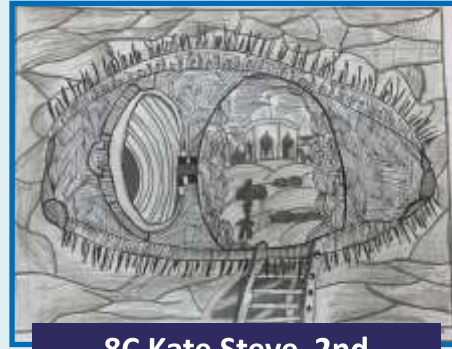


8E Krishnanshi Das 1st

GRADE VIII (2nd Position)



8B Aradhya Basa 2nd



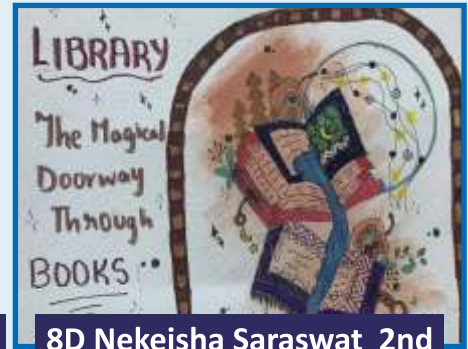
8C Kate Steve 2nd



8E Diya Patil 2nd



8A Priyanshi Choudhari 2nd



8D Nekeisha Saraswat 2nd

ART COMPETITION AWARDS

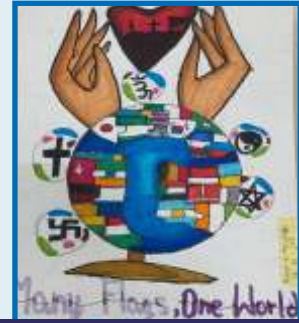
GRADE IX (1st Position)



9A Arshita Singh 1st



9C Ayaan Pushkarna 1st



9D Vansh K Mahetalia 1st



9B Nnennashi Samudra 1st

GRADE IX (2nd Position)



9A Sonakshi Beria 2nd



9B Vincy P 2nd



9C Anita Panda 2nd



9D Sonakshi Pandey 2nd



9D Tapashya Shree Raju 2nd

ART COMPETITION AWARDS

GRADE X (1st Position)



10A Jyotsha Jindal 1st



10B Aaditri 1st



10C Anoushka Chandel 1st



10D Abhinav Shaurya 1st

GRADE X (2nd Position)



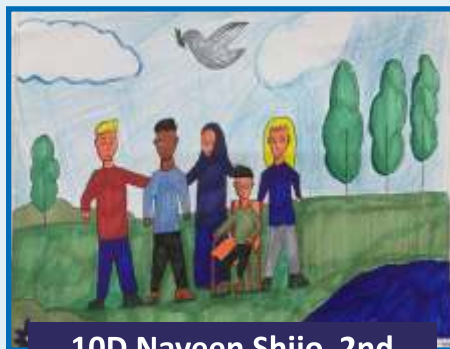
10A Shubhra Gupta 2nd



10B Rutuja Raju Neel 2nd



10C Z. R Nikhila 2nd



10D Naveen Shijo 2nd

ART COMPETITION AWARDS

GRADE XI (1st Position)



11A Sreenika Paul 1st



11B Angel S Garg 1st



11B Harshitha 1st



11C Kuber Devjani 1st

GRADE XI (2nd Position)



11A Kandarp R Sharma 2nd



11A Riyana Rath 2nd



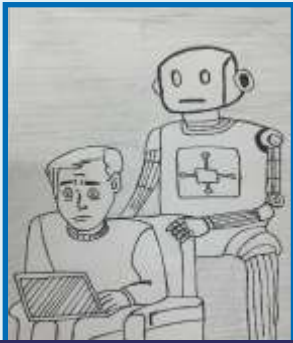
11B Aparna N Nair 2nd



11C Jigisha Bhardwaj 2nd

ART COMPETITION AWARDS

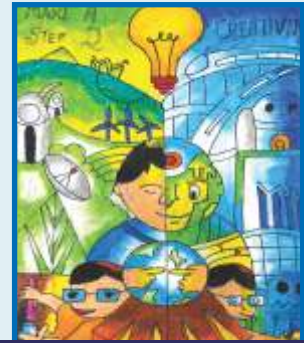
GRADE XII (1st Position)



12B Samved Santhosh 1st



12C Nidhi Bailur 1st



12C Tanvir Tumulu 1st



12A Anubhab Das 1st

GRADE XII (2nd Position)



12A Dresha Lanus 2nd



12C Arya Girkar 2nd



12B Dibyanshu Sahoo 2nd

KSHITIJ EXHIBITION



Afia Islam - Gold Medal Winner



Aniya Pruthi - Gold Medal Winner



Annis Pinto - Gold Medal Winner



Ayaan Pushkarna - Gold Medal Winner



Malle Harshini - Gold Medal Winner



Saksham Tripathi - Gold Medal Winner



Jyotsna Johnson - Gold Medal Winner

ILS HOUSES

Yamuna House
House Mistress -
Mrs. Juhi Sinha
Captian -
Sibansh Swaroop
Pathy



Cauvery House
House Mistress -
Mrs. Savi Melwani
Captian -
Nihal Mushtak
Pinjari

Krishna House
House Mistress -
Mrs. Reena Taya
Captian -
Vaidehi Parikh



Ganga House
House Mistress -
Dr. Itishri Soni
Captian -
Yashaditya
Singh

ILS HOUSES



Yamuna House

House Mistress:
Mrs. Anamika Sharma

Yamuna Captain
Nysa Rujula Garikipati



Cauvery House

House Mistress:
Mrs. Divya Suvarna

Cauvery Captain
Akshita Pillai



Krishna House

House Mistress:
Mrs. Rimpu Gupta

Krishna Captain
Aashriya Jaiswal



Ganga House

House Mistress:
Mrs. Sunita Sagar

Ganga Captain
Krish Ramkumar Kalmira

BALVATIKA



BALVATIKA IA



BALVATIKA IIA



BALVATIKA IIB



BALVATIKA IIIA



BALVATIKA IIIB

BALVATIKA 1 - My Favourite Colour



Jasmayra Kaur- BV I: My favourite colour is blue. I have a blue train. When I press the button, it goes very fast, so I love my blue train. My friend's house is also blue, and she is my best friend. That is why I love the colour blue.

Clevita Almeida-BV I: My favourite colours are pink and blue. My party bag is blue. I have a pink dress and pink shoes, which I love the most.


Ditya Bhagwat- BV I: My favourite colour is purple. I have a purple unicorn bag, which I love the most. I also like my purple bottle and my purple dress. Whenever I wear my purple dress, I carry my purple bag, and it makes me very happy.

HemaLakshmi- BV I: My favourite color is blue. The dolphin is blue, and the water is blue, so the ocean looks blue. Sometimes I see blue butterflies, and the sky is also blue.


Aadya Sinha- BV I: My favourite colour is yellow. I saw yellow fish in the fish tank. Mangoes are yellow, and the sun is also yellow. Because I love yellow colour, my mother bought a yellow dress for me.

Evan Joshi-BV I: My favourite colour is blue. I can see a blue pen and the blue sky. My father has a blue car, and Doraemon is also blue.






THE TOY I LOVE MOST



Rudra Mishra-BV II B -My favorite toy is a robot. He can walk and speak like me. He can play games on the TV. He brought me a flower from outside. He gave me a blue sunglasses as surprise gift.




Devansh Hemal Barot-BV II B - My toys are a shark and a panda. They are very soft toys. The shark's name is Leo and the panda's name is Kaira. The shark is very kind and will not bite.




Jeshta Peeta- BV II A- I like penguin toy. It has fur and its of blue colour. It swims in my pool. I sleep with that toy. My sister fights with me so I share my toy with her.

Yash Vinayak Patil - BV II A - Hot Wheels Cars is my favourite toy. It is very colourful and moves very fast. It's small, but it is new and it's faster than my old car.




Kritin Vinodkumar- BV II A- I really enjoy riding my bike. The bike is named 2 and 6. It has two tires and one seat. It will make a sound like "droom, droom". It can easily move left and right.



Aarav Gupta - BV II A- I enjoy the dragon car. The dragon car has wings, sharp fangs, and an eat other vehicles. When the button is pressed, the car that the dragon ate appears from behind him.




Yazhini Sriram-BV II B - My favorite toy is a teddy bear. I love to hold and sleep with my teddy. When I am eating, I like to hold it with me.




THE TOY I LOVE MOST




Riddi Sharma - BV II A- My favorite toy is my bunny. I shall act as a doctor and operate on his stomach because he complains about stomach ache. Bunny does not cry as he is a good boy.




Mohammed Yahya Mohammed Pakurtheen-BV II B. My favorite toys are Spiderman and Iron Man. I like them because they are strong. They have superpowers and they can fly. Spiderman releases web from his hand and Iron Man has a laser in his heart.




Prithisha Agarwal - BV II A - I enjoy puzzles because they are fun to play with my mother and father. They are small yet interesting toy to play with. I really like them.




Rafa Raja Muhammed - BV II A- I enjoy Labubu toys. It has two arms, legs, ears, a big tongue, teeth, and eyes. My Labubu doll is golden with pink hair.



Heyansh Purohit - BV II A - I like helicopters. I wanted to buy the helicopter toy, so I requested my mother to buy the toy for me, and not to forget to buy the battery for my toy also.



Kaira Robin Gada-BV II B - My favorite toy is Barbie. Barbie has many bags, clothes, and shoes. Her hair is golden in color. I like to play with her.



When I am Happy...

Misha Mahetalia - BV III B:
When I am happy, I hug my mom because she loves and cares for me. She is my favourite person in the world.



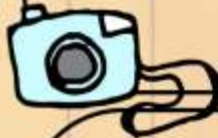
Riona Ranakoti - BV III B:
When I am happy, I play with my toys and my best friend. My best friend is Ravia, I love spending time with her.



Jiyanshi Saraswat - BV III B:
When I am happy, I like to do art and craft like paper flowers, greeting cards, and clay toys.



Aariz Asgar - BV III B:
When I am happy, I play with my brother, I love my brother so much. He makes me smile.



Suhan Giri - BV III B:
When I am happy, I play games with my dad, I play Monkey and Banana, Catch me and Police -Police..



Gouresh Punjabi - BV III B:
When I am happy, I play football with my dad. My dad is my superhero, and playing with him makes me very happy.



Kavinaya - BV III B: When I am happy, I dance with my mom. We dance together and laugh a lot. She smiles and claps for me, and that makes me feel very happy.



When I am Happy...

Himanjay Kumar-BV III A: Bhuvras and I are together from Balvatika I class and we play together always.

Ayaan Patel- BV III A: My mom is my best friend because she helps me in my homework and makes orange juice for me.

Shirish Menon- BV III A: Vihu and Himakshi are my best friends as they come to my house for prayer. After prayer we play together in my compound.

Krishna Chandra - BV III A: Ruha is my best friend because when I was new in the class, she always helped me in my work.

Vivaan Mishra - BV III A: Krishna is my best friend because he knows how to play football and he teaches me every day how to play.

Alisha Bhatia - BV III A: Purneet and Aashi are my best friends. They come to my house on Saturday to eat food together and they make me laugh.

Jianna Manghnani- BV III A: Divyana stays in my compound and she is 8 years old. We both love to dance and we dance together.

Rutvi Sharma - BV III A: Urveesha is my best friend now, but she is in India as I came here to Lagos. We used to have so much fun in my old school.

GRADE I



GRADE IA



GRADE IB



THE GAME I LIKED MOST

Suyog Yogesh Shetty-IB: My favourite game is cricket. I play cricket with my father. I have my own cricket kit. In my kit, I have a bat, a ball, wickets, and a helmet. I want to be a professional cricket player.

Anvit Jha-IA: The game I like the most is Badminton. It is played between 2 or 4 people. Every Sunday I play.

Nitesh Ramji Singh-IB: I like football. I kick the ball into the goal. I play with my brother. I can score a goal. Sometimes, I play with my friends.

Roshan Massikku-IA: My favourite game is football. It is an outdoor game. It is played between two teams.



THE BEST BIRTHDAY I HAD

Manaswini Medhi-IB: My 5th birthday was the best. My grandmother baked a cake for my birthday. My elder sister gave me a surprise gift. All my friends ate cake and enjoyed the party.



Keyansh Porwal-IA: I am a special soul with a heart of gold. My 7th Birthday was the best because all my friends made my entry more special. The food was tasty and games were very interesting. I enjoyed blowing candles all at once. I wish my birthday could come every day.

Akrish Aggrwal-IB: My birthday is on 23rd September. I was six years old on my birthday. My mother baked a cake for me and gifted me a new pair of shoes. My friend gave me a present and everyone wished me a 'Happy Birthday'.

Nikhil Ramji Singh-IB: On my birthday, I was six years old. I was in India. I called all my friends. We cut the cake together.

Shiveksha Sharma-IB: My mother gave me a dress. My father gave me sandals on my birthday. My brother gave me a gift. The gift was a teddy bear.

MY FAVOURITE PET



Prutha Balar-IA: I have a pet dog. Its name is Sweety. The colour of my dog is brown. It eats dog food and likes to chase butterflies. Sweety hugs me when I come back from school. We both go for long walks. We both love each other..

Tanya Maurya-IA: I have a cat named Lily. It is white in colour. She likes to drink milk. The mouse in my house runs away from her. I love my cat because she is cute and plays with me.

Vidhaan Srivastava-IB: My favourite pet is a dog. His name is Bruno. He is very cute and friendly. I play with him every day. I feed him dog food.

IF I HAD A MAGIC WAND



Aahil Hussain-IA: If I would have a magic wand, I would make my toys come alive, I would make the animals talk. I would make everyone happy in this world.

Srija Patil-IA: If I had a magic wand I would like to help lot of people.

Sonaya Singh-IB: My favourite pet is a rabbit. Her name is Bunny. My bunny plays with me every day. I feed fresh food to her. I love my bunny very much.

Medini Ranjith-IB: My favourite pet is a puppy. I love to play with my pet. My puppy likes to play hide and seek with me. I feed my puppy its lunch every day. My puppy likes to hug me in the morning. He barks at the rats near my house.

Aarushi.D.Deshmukh-IB: My favourite pet is a cat. My cat has a baby. My cat is very playful. My cat likes to run and play.

Bhuvik Chakrborty-IB: If I had a magic wand, I would make a candy land and a football land. I would make superheroes real to keep everyone safe. I would give homes to all homeless living things. I would make my own city with a big bouncy castle.

GRADE II



GRADE IIA



GRADE IIB



GRADE IIC

GRADE II

MY FAVOURITE PLACE IN SCHOOL

Prisha Patel, IIC : My favorite place in school is the library. The library has many interesting books. It is a quiet and peaceful place. I like to sit and read my favourite story books there. The library makes me happy. I like the time spent in library. There are different types of books in the library. I enjoy reading all the books with my friends. We should be quiet in the library.

Khuzaima Mushtaq Khan, IIC : My favorite corner in the school is the school library. It is a peaceful space where I can escape from the hustle and bustle of a school day. Our school library is very cozy and bright. When I walk in the quiet atmosphere of the library it makes me feel calm and relaxed. There are all the kinds of book in our library. What makes the library special for me is that it is a place where I can think and dream without any distraction. Also I like my library teacher very much.

Carolyn Franklin II A : My favourite place in the school is library. It makes our mind calm. Books take us into a new world. Our school library is neat and clean. There are many paintings and books. I enjoy going there.

Shiv Makani, II A : My favourite place in school is my classroom where my friends and I talk, play and study together. It is the place where we spend most of our time. We keep our class neat and arranged. There is a reading corner where the teacher kept story books. Our class is decorated beautifully.

Nimish Valhe, IIB : My favourite place in school is my classroom. My teacher teaches us many subjects like English, Mathematics and TWAU. She also teaches us to draw nicely.

Kaira Dembla, IIC : My favourite place in the school is our Art Room. It allows me to be at my creative best. It is full of beautiful colors and artwork. It helps me to forget all the bad thoughts and worries. The walls and the ceilings are covered with beautiful artwork and paintings. When I will grow up I would become an artist one day.

Ayaansh Singhania II A : While my school offers me many appealing spots, from the quiet library to energetic playground, my heart belongs to computer lab. It is a place more than a room full of machines. It is a portal to my future. It is a place where curiosity meets technology and learning is an adventure. A room full of magic, a new thing. I like the sound of click click from the mouse and tap tap from the keyboard. Programs like MS word and paint helps me to bring new ideas to life. Computers are integral part of the modern world. Computer for me is: Innovate: Create and Connect.

+ Ishanvi Singh II A Ganga : I feel happy when I go to computer room. It is my favourite place in the school. It has many tables, chairs and of course computers. Our teacher teaches us how to use the computer. I enjoy playing and learning games. I learn drawing and typing on it. The computer period is full of fun because we learn and create amazing things.

Shauryaa R. Lingayat:, IIB : My favourite place in school is the computer room. I can draw cool drawings on it like animation cartoons, solar system, cat, dog, park with flowers and swings, seas and oceans under the blue sky. I can also draw and create a Mother's Day card and a New Year Day card. I learn how to type the letters on the keyboard quickly.

Reyansh Yadav II A : My favourite place in school is the playground because we play and have fun there. Sometimes we get hurt too but that is okay as we learn many new things. We do sports day practice there. The coach teaches us taekwondo in the ground. I enjoy going there.

Sharvatha Ajith, IIC : My school playground is a vibrant place filled with joy and happiness. I love to swing and sometimes run around in the playground. I go to the playground in break time and HPE class. I laugh and play with my friends there. On swing I enjoy the cool breeze on my face. Altogether my school playground is my happy space.

IF I WERE A SUPERHERO

Anaika Shah, IIA : If I were a superhero, my name would be Superstar. I would have magical powers to help people. I would save and help the poor people. I want to be a superhero because helping others makes me happy.

Kritarth Bhatt, IIB : I would watch everything if it is going good, then I would be glad. But if anything, that is wrong then I would rescue whosoever is in trouble. I would help every person. After that, I would set up a base in sky for me to relax.

Abhay Kumar, IIB : I will help everyone and protect them from danger and destruction. I will make the poor people also get rich so that they don't struggle for money.

Sarah Mehra, IIA : If I were a superhero, I will be Marvel Lady Bug. I would wear a red suit with black dots on it. I would be brave and protect my friends. I would speak truth and fight against bad people. I would be a kind superhero.

Harman Gupta, IIC : I would fly like a bird. I would stop villains and save my friends and family. My superpowers will be super speed. I would have magic Cape and cool gadgets. I would protect animals and keep them safe. I would be greatest superhero in the world.

Avya Jha, IIC : If I were a superhero I will help poor and needy people. My mission will be to light up the world with my radiant energy. My super strength will help me to do justice to each and everyone. I would stop crime and punish bad people. I will make this world a safer and better place for all where each and everyone is equal.

Dinkar Pandey, IIB : I would use my special power for betterment of people. I would fight against crime and save the right person. My powers would be flying high in the sky and also be able to talk to animals and find out their feelings. With my wand, I would protect people from disasters. I would make the world a better place to live in.

Juana Dia Jickson, IIA : I would fly high in the sky. I would help people who are in trouble. I would wear a red hat and blue dress with a star on it. My strength would be kindness. I would name myself Nature Girl.

Suryansh Kesarwani, IIC : I would save people from dangers and accidents. I would be brave, kind and loved by all. I would take everybody to hospital on time on my super wings. I would fly high. I will fight bad people and make children smile.

Gunika Balani, IIC : I would be the Spider Woman. My clothes color would be pink and blue. Also I would be wearing a mask. I would climb the buildings and fly high in the sky. I would help people, children and old people in the trouble. I would be a brave superhero. I will spread love and happiness in the world.

Parth Thirani, IIC : I would be very strong and brave. I would have a special costume and a big logo on my chest. I would shoot laser from my eyes. I would run very fast to save people. I would climb tall buildings and jump from the mountains. I would use my superpowers to save people in need and fight bad guys. I would have a cool name like the Protector or the Savior.





A DAY WITHOUT TELEVISION



Adwaith Arun Pillai, II A : Today I did not watch television as there was no light. I requested my sister to play with me. She agreed to play for some time. We enjoyed the game and then we started to draw flowers and we pasted them in our book. We slept after that and I had a dream. My dream was to be a musician. I woke up and helped my mother to make lemon juice.

Ayaansh Singhanian, II A : While my school offers me many appealing sports, from the quiet library to energetic playground, my heart belongs to computer lab. It is a place more than a room full of machines. It is a portal to my future. It is a place where curiosity meets technology and learning is an adventure. A room full of magic, a new thing. I like the sound of click click from the mouse and tap tap from the keyboard. Programs like MS word and paint helps me to bring new ideas to life. Computers are integral part of the modern world. Computer for me is: Innovate, Create and Connect.

Benjamin Brucelee, IIB : If there was no television, I would play indoor games like snake and ladder, ludo or outdoor game like hide and seek or badminton.

Lisa Jadwiga, IIC : It was a sunny day I was feeling very excited as I usually grab the remote of my T.V. But it's gone. What would I do now? I played with my toys, helped my mother to do everything. Then I played with my friends. At night I spent a quality time with my family. I went to bed early that night. In bed I felt that I did not miss watching T.V. Infact I liked the day I spent without television.

Inaya Jain, IIC : A day without television sounds like an adventure to me. I can play games with my friends and family. I can read books or draw pictures. I can help my mother with chores at home. I can play with my friends and brother. I might even discover a new hobby. After all this I'll get tired and have sweet dreams at night.

Rehanshi Purohit, IIB : Once there was a day when we didn't have the television working. So, I decided to play with my family and neighbourhood friends. I also read books and relax on the couch.



Diyaansh Gangaramani, IIB : If I didn't have TV for a day, I wouldn't be bothered, rather it would be more fun for me. I would have spent my time by playing chess with my Mom, badminton with my sister, learn how to cook with my Mom or I could have played catchers with my Dad.

Aarav Gopinath, II A : One day our television was not working. I felt sad and bored but then I did something productive. I played with my friends and helped my mother in the kitchen. I read a story book and finished my pending work. That day I learned that we can do much without the television.

Vedita Shinde, IIB : I am more than happy to play with my family on such a day as they are my world. I have a pet dog called Tommy. All of us would join together and play football. It is so much fun to play with family than to sit gloomy and watch television.



Reeyansh Singhanian, IIC : One fine Sunday morning I was extremely delighted as it was no school, no homework and a day of television heaven. I could picture myself stretching on the black comfy chair watching my favorite show PJ mask. With all the excitement I went to the sitting room only to find that my TV is not working. I was very disappointed. At first I was feeling bored and agitated as I was missing the cartoons and playing games on TV. As the day progressed I discovered new joys. I spent a quality time with my family engaging in various activities. We did some experiments at home. It was feeling peaceful and refreshing that made me realize that TV has become an integral part of modern life.



GRADE III



GRADE IIIA



GRADE IIIB



GRADE IIIC

अगर जानवर बोल पाते

मिशिता शर्मा III-B, Ganga: अगर जानवर बोल पाते, तो वे हमें अपने दुख और सुख के बारे में बता पाते। पालतू जानवर अपने मालिकों से प्यार से बातें करते। जानवर हमें दुख और करुणा भी दिखाते। इंसान उन पर अत्याचार नहीं करते। सब जीव मिल-जुलकर रहते।

कानुषी आसरवा III-A, cauvery: अगर जानवर बोल पाते तो हमारी दुनिया बहुत अलग होती। वे अपने दर्द और खुशी व्यक्त कर पाते। हम उनकी ज़िंदगी के बारे में बहुत कुछ जान पाते। जंगल के रहस्य, महासागर की गहराइयाँ खुल जाती। शायद वे हमसे पूछते कि हम उन्हें घर में क्यों रख रहे हैं। वे हमें पूछते कि प्रकृति का सम्मान कैसे किया जाए? यह एक दुनिया होती कि हर एक जीव की अपनी आवाज होती और शायद हम इंसान एक दूसरे को बेहतर ढंग से समझ पाते।

मेरे जीवन का सबसे खुशी वाला दिन

प्रगुन गर्ग III-B, Krishna: मेरे जीवन का सबसे खुशी वाला दिन, जब त्योहार आते हैं। जब त्योहार आते हैं मुझे बहुत अच्छा लगता है। मैं सुंदरकांड पूजा में जाती हूँ वहाँ पूजा होती है। हम वहाँ पर एक खेल भी खेलते हैं। जिसमें मुझे बहुत मजा आता है। वही मेरे जीवन का सबसे खुशी का दिन है। जब मौसम अच्छा होता है तो मैं चढ़र लेकर खिड़की के आगे सो जाती हूँ।

समृद्धि कटियार III-B, Krishna: वैसे तो सारे दिन अच्छे होते हैं, पर मेरा सबसे अच्छा दिन मेरा पाँचवाँ जन्मदिन था। मेरे माता-पिता ने मेरा जन्मदिन बहुत उत्साह के साथ मनाया। उन्होंने मेरे पूरे परिवार और मेरे दोस्तों को बुलाया। मैं बहुत खुश थी। मैंने और मेरे दोस्तों ने बहुत मजे किए। वह मेरे जीवन का सबसे अच्छा दिन था।

अगर मैं समय में यात्रा कर पाती

खुशबू डागुर III-A, Yamuna. मेरी बहन एक वैज्ञानिक है वह हमेशा नए-नए यंत्र बनाती है एक दिन मैं अपनी बहन के कमरे में गई तो मैंने एक यंत्र देखा, मैं उस पर बैठ गई और वह चलने लगा जिसके कारण मैं पाँच सौ साल पीछे पहुँच गई अचानक से मैं अपनी नींद से उठ गई तब पता चला कि वह एक सपना था और वह यंत्र समय यंत्र था।

मेरा गुप्त ठिकाना

साहिल कुमार तुमुलु III-C, Ganga: मेरा गुप्त ठिकाना एक ऐसी जगह है जो सिर्फ मैं ही जानता हूँ। मुझे अपने अंदर खुशी और शांति मिलती है। वहाँ पर शांति, सुरक्षा और बहुत खुशी मिलती है। यह इस दुनिया की सबसे अच्छी जगह है।



THE HAPPIEST DAY OF MY LIFE

Hrithika Hegde III A, Krishna: The happiest day of my life was the school drawing competition. Many students took part and everyone was excited. I made sure every detail was perfect. When I checked my result on Edunext, my name was written there and I got the first prize. I was very happy and my parents were also proud of me. That was the happiest day of my life.

Aarna Kesari III A, Yamuna: The happiest day of my life was when I went to Disneyland in Paris. There, we met many characters from Disney movies and went on several fun rides. Some rides were very fast and some were a little scary. We also watched Disneyland's lighting show. We ordered popcorn and they gave us a big bucket. We ate some tasty ice cream and had lots of fun. We also clicked many photos to remember the day.



Khushbu Dagur III A, Yamuna: It was a sunny day. We planned to watch a horror movie called Dayan. We had popcorn, soda, juice and ice cream. My brother fell asleep because he was small and got scared of horror movies. We started the movie at 7:10 p.m. and finished it at 2:00 a.m. It was the happiest day of my life.

Harshal Garia III B, Cauvery: The happiest day of my life was when I went to the beach. I was excited to go there. There, I went to the swimming pool. At night, we saw a bonfire and I burst some fireworks. The next morning, I saw many crabs on the beach and watched the beautiful sunrise. After that, we had our breakfast and then went back home. On the way, we stopped at a restaurant. It was a very happy day for me.

Pragun Garg III B, Krishna: The happiest days of my life are when festivals come. There are many festivals that I celebrate, such as Diwali, Holi, Makar Sankranti, Janmashtami, etc. I have a lot of fun during festivals. I eat many sweets, make rangoli, burst crackers and offer prayers.



Daiwik Taunk III B, Ganga: Every day is a happy day for me, but the happiest day was when I won the running competition. For two months, I practiced every evening in my compound's playground. My friends used to think I was a funny boy because I didn't play with them, but instead ran around and passed the time. But I got first place in the race and surprised them. They were shocked and asked me how I won. I told them I was not wasting time; I was practicing for my race.

Aashi Singh III B, Ganga: The happiest day of my life was when I visited a large resort called Zeba Beach. I ate some delicious snacks and went to the beach. I gathered some seashells and built sand castles. My family and friends also appreciated it. We spent the entire day there and then returned home.

Dhruv Sharma III C, Cauvery: The happiest day of my life was when I met my first friend at school, Bhavik. Bhavik and I had a few problems at the beginning, but we soon got used to each other. He was my only friend and was very kind to me. One day, my mother told me that we were going on a trip and I sadly said goodbye to Bhavik. When I came back, I was very happy to meet Bhavik again and I never left him after that.

Kaavya Joshi III C, Ganga: The happiest day of my life was my birthday. I woke up early with a big smile on my face. In the evening, my parents hugged me. I called my friends and we had a lot of fun. We sang songs, danced, ate food and played games like Monkey in the Middle. We also cut the cake, popped balloons and burst crackers. After that, I gave return gifts to everyone. I gave them torchlights and everyone loved their gifts. Then everyone went home and I slept happily in my bedroom.



Dhanista Kannan III C, Cauvery: The happiest day of my life was my 8th birthday. For my birthday, my mom invited her friends, and my grandparents also came that day. I was very happy and excited to open my gifts. They gave me many gifts. We ate cake and played games. The biggest surprise was my lovely dad—I was very surprised and ran to hug him. That day was truly the happiest day of my life.



IF ANIMALS COULD TALK

Kavyansh Garg III B, Ganga: If animals could talk, I would ask, "What do you like to eat? How do you take care of your babies? What do you like to drink? How do you feel about pollution? How do you feel about us? How do you help your injured babies? What places do you like to go to? How do you make friends? How do you protect your babies?"

Trishika Sharma III C, Ganga: If animals could talk, they would be able to tell us what they want. People could talk with animals and when nobody is there to talk to, they could talk to animals instead. Humans would keep animals with them for company and conversation.

Gayathri Nagarajan III C, Krishna: If animals could talk, they would tell us about their feelings, problems and happiness. Humans would understand when animals are hungry, scared or in pain and would take better care of them. Animals might also warn us about dangers in nature and teach us how important it is to protect the environment. The world would become more caring as people learn to live kindly with animals and respect all living creatures.



IF ANIMALS COULD TALK

Kanushi Aasarwa III A, Cauvery: If animals could talk, our world would be filled with pleas to stop habitat destruction, concerns about pollution and simple requests for food or play. Their words would reveal pain and complex inner lives. Wild creatures would share secrets of nature, love and their needs, transforming our relationship with the planet and with each other and making us more empathetic custodians of the Earth. Pets might say, "My bowl is almost empty. Why did you stop scratching behind my ears? Can we play now? I love you, but please don't wear that loud perfume." Wild animals might cry, "Stop cutting down our forests. Your garbage is making us sick. Teach your children to be gentle."

Divisha Kar III A, Ganga: If animals could talk, I would talk to my dog every day and understand what the barks mean, their feelings, emotions and what they want to say. If all the animals in the world could talk to humans, the sadness in our lives would fade away. I wish animals could talk in real life so that everyone could understand their thoughts.

Mishita Sharma III B, Ganga: If animals could talk, I would first talk to my pet dog because I love him. When he is hungry, he barks at me. He loves playing and going out for a walk with me every day. He has white and grey fur and big, round eyes, which make him look cute.

Prisha Kasandariya III B, Krishna: If animals could talk, instead of us guessing whether an animal is sick or in pain, they could simply tell us. Animals like monkeys could warn us that a storm or some danger is coming. Animals like cats and dogs would chat with us every day.





IF I COULD TRAVEL IN TIME



Diya Prasanna III-A, Ganga: If I could travel in time, I would go to the time when dinosaurs lived and also to the future when flying cars and robots were invented. First, I would go to the past and see dinosaurs eating and hunting when they ruled the Earth, and witness what happened when the asteroid hit the Earth. Then, I would travel to the future, where I could ride flying cars, meet robots and go on adventures with them.



Muhammad III-B, Cauvery: I want to go to the future because I want to see future cars, buses, planes and more. Especially, I want to see flying cars and other flying things. I want to fly in the air. I also want to meet my friends and see superheroes like Iron Man, Spider-Man, Batman, Venom and many more in real life. I also want to see futuristic buildings and lots of other amazing things.

Layadharana Sathis Kumar III-C, Ganga: If I could travel in time, I would visit the past to see how dinosaurs lived and how they disappeared from the Earth. I would also meet great leaders and take selfies with them. Then, I would visit the future to see what I will become when I grow up, just like my parents.

Aryan Rahul Kakde III-C, Cauvery: If I could travel in time, I would travel back and spend time with my uncle, Imran. When I was only one year old, he passed away, so I do not have any memories of him. I would spend the whole day with him in Nashik, surrounded by beautiful nature. I would also like to see my beautiful country in the future and how much it has grown. I think the sky will be filled with electric taxis and delivery drones. In school, we will not just look at books; we will use virtual reality glasses to "travel" to the moon or dive deep into the ocean during science class.



Priyansh Pradhan III-C, Cauvery: If I could travel in time, I would love to visit both the past and the future. In the past, I would see old traditions that no longer exist. On the other hand, in the future, I would see how the world has evolved. Explore great technological advancements, read new books, and hope for a better tomorrow.





GRADE 3

MY SECRET HIDEOUT



Sathya Sudalai Sankar Siva III B, Krishna: My secret hideout is meant for hiding. I always hide in the same place, and I always win when I use my secret hideout. Sometimes, when I hide in other places, I get caught every time. So these days, I hide only in my secret hideout. Now my friends know where I hide, so I wanted to find a new secret hideout. After many struggles, I finally found a new one. My friends grouped together just to find me. But luckily, I had a drone to spy on them. I saw that they were going to my old secret hideout. They checked it carefully, but they didn't find me. So they split up and started searching again.

Chinmay Kabra III B, Ganga: It is a secret place in the woods. It is well hidden. It is in the middle of the woods. It is underground and very comfy. It is a secret villa. It has many secret rooms that you will not notice. It is very safe. You can have a visit at any time. But you will never notice it. The code to enter and exit is TYRYO.

Sahil Kumar Tumulu III C, Ganga: My secret hideout is a special place only I know about. It is quiet, safe and full of happy thoughts. Inside I feel calm and relaxed. It is my favourite place in the world!



Chintan Kabra III B, Yamuna: My secret hideout is somewhere behind a building in my compound. I found this place around August 2025. We use it for our secret gang meetings. Sometimes, we also play hide and seek in the whole compound and use this place to hide. I did not tell my mom about this place because it is a secret. But my maid aunty comes to pick me up, so if I run there when my aunty comes, it is not a good place to hide.

Purvik Dutta III C, Krishna: My secret hideout is in the backyard behind my kitchen door. It is covered with leaves and flowers and it feels like a secret cave. I play with stones there. Sometimes, I draw, read books, tell stories and watch the sunlight. A cool breeze blows there and I feel calm and happy in my own world.

Khushi Nama III C, Yamuna: My secret hideout is in my bedroom, behind the sofa. Whenever I play hide and seek, I like to hide there at least once in every round because I want to win. I also like hiding inside my blanket.



Thanhman Senthil Kumar III B, Cauvery: I have a super-secret. It is not a big castle, but it is my favourite place at home. When I go to my hideout, I feel happy and safe. I play with my favourite toys and make buildings with my building blocks. I also play with my iron truck, which my dad gave me on my birthday. I use sticky notes to make boats and nobody disturbs me there. I feel peaceful and sometimes my elder brother also plays with me in my secret hideout. I proudly say that I am the King of my hideout. Thank you to everyone for giving me this great opportunity to explain about my secret hideout.

GRADE IV



GRADE IVA



GRADE IVB



GRADE IVC



GRADE IVD

If I became a Principal of I.L.S for a day

Divyanshi Dhal IV A, Krishna: If I were the Principal of I.L.S for a day, I would make sure my students are safe and happy. I would hire smart and educated teachers who teach in a fun way so students can learn well and be successful in the future. I would make the uniform comfortable, as I do not want the students to feel uncomfortable during classes. They will still look good and stylish, to make our school stand out among other schools. I would keep the game period, organise festivals, and hold competitions so the students enjoy school and are happy. I would give time to play, but also assign them homework and tests, as this is my duty as a Principal.

Dhruvika Arya IV A, Krishna: If I were to become the Principal for a day at school, everyone would arrive at 8:59 AM so they could get enough sleep. On Mondays, Tuesdays, and Wednesdays, everyone would have a party, and on Fridays, they would have to study. Students could sit with their best friends every day. Any hairstyle would be allowed, and students could bring their iPads, phones, and laptops to explore topics such as AI tools. For clothing, they could wear anything, even a Korean outfit. Everyone would have to study at 9:30 AM, and then they could use their iPads, phones, or laptops until 11:00 AM. No one would have homework, and fancy things would be allowed. Even during lunch, students could bring K-pop demon hunter ramen noodles. They could also have 6 minutes of screen time, and there would be an ice cream shop at school with free flavours. At 11 AM, everyone could go home.

Hardika Sharma IV A, Ganga: I would let the children wear colourful clothes and tell them to sit anywhere they want. I would arrange dance and games on each floor and let the children go wherever they want. I would create a canteen for the children. I would merge classes so they can sit with their friends. Everyone can do anything as if they are free. There would be small corners everywhere for activities; for example, in one corner, children can walk and enjoy the beauty of nature with plants and flowers. There would be sticky notes for each child to draw their memories of school, which I can then put on the board. In the end, I will give them ice cream, and they can go home. I will also throw a party for the teachers and give them gifts for managing everything properly.

Anvee Garg IV D, Ganga: If I became the Principal of I.L.S for a day, I would first add a new subject, which would be crochet. Then, I would arrange a field trip for all the students of I.L.S. After that, all students from grades 2 to 4 would be required to write with pens. Students could do gardening with the help of the gardener during free periods; special equipment for gardening and crochet would be provided to students. Both of these subjects would be necessary for all students at I.L.S. All classes would be taught in a way that makes all the students smile. The naughty students would be given a white card. Disciplined students would be given the responsibility of helping the teachers and maintaining the class. All students of I.L.S would have to follow the rules. Thank you for joining I.L.S.

Ishwari Tushar Malunjar IV D, Ganga: If I became the Principal of I.L.S for the day, my goal would be to keep the school happy and safe. Teachers would make studies fun, and the homework would be less for the students because children should also spend time with their families. Sports, art, and other activities would be valued as much as academics. Children would learn the values of friendship. Friendships should be positive; no enemies or fights would be allowed. Children would prepare on their own; in tests or exams, sharing would not be allowed. Teachers would not be allowed to hit or shout at children. The education would be modern and kind. Children would not receive punishments unless there were any major issues. Thank you for letting me become the principal of a unique and wonderful school, the Indian Language School.

If I could swap places with my teacher

Pahi Chauhan IV A, Ganga: If I were a teacher, I would treat everyone equally and be kind to everyone. I would give love and support to everyone. I would do many activities, and I would take care of them; I would make fun rules and make bullying impossible in my class. Everyone would be obedient in my class, and I would help them if they had any problems to share. I would be the most heartwarming teacher in the school, and I would teach all the children in a fun way.

My Dream Invention

Sarang Gadade IV A, Krishna: My Dream Invention would be a suit which I could wear and it would give me superpowers examples Hight, teleportation, superspeed, telekinesis and Hy potation. That Suit would also make me immortal indestructible. It would let me time travel and fire missiles at the speed of light and its final power would the anything in multiverse and including universes. I could destroy it just a blink of an eye.

Sai Krishnan.M IV A, Yamuna: My dream invention is the size of a rabbit; it looks small but does many things. It is a small AI system, and the AI robot collects plastic and other trash from roads, rivers, and oceans automatically. It has a small camera in the front and back. It runs on solar energy. My robot moves at the speed of a cat. It keeps the environment clean and reduces pollution. My robot doesn't harm any plants or trees. This invention would help animals, birds, humans, and sea animals avoid choking. This robot even works in winter, rainy, and spring seasons. My robot's name is Plastic Cleaner.

Lucky Kumar IV A, Yamuna: My dream invention is to build a time machine so that people can travel to the past and see the world as it was, including the technology of that time. However, I will also require that people not use it for wrongful purposes. Additionally, there will be only three units in the world: in India, Russia, and America. When anyone teleports, there is a scanner inside the time machine that scans the whole body. Then, when he or she teleports, the scanner that scanned the body will ensure that the same person appears at the destination where they wanted to teleport.

Dwiti Lakshmi Naga Dilini Korukonda IV B, Krishna: My dream invention is a multitasking robot that can speak, teleport and do whatever we command. My invention can help people in their daily lives by entertaining them. It can also teleport from one place to another, making things easier and helping us complete all our work on time.

Aashriya Jaiswal IV B, Krishna: My dream invention is a time machine. With it, I can travel to different places and countries like Japan, China, and many others. This is a machine that I have always dreamed of creating in my life because it is very helpful. It can help people achieve their goals, such as assisting someone in traveling if they miss a means of transport or have important work to do. It can help people in many ways. If I had a time machine, my dream would come true.

Sanjeev Sai Manga IV B, Cauvery: My dream invention is to create perpetual motion. Perpetual motion is when things run on their own. For example, if we put a wheel in a river, the flowing water makes the wheel spin and produce electricity. However, perpetual motion does not need the river. Now, you might be thinking, "How will I do it, right?" I have an idea. I will make an octagon with some spaces in it and place metal beads in those spaces. When I give it a spin, because the beads are heavy, the wheel will spin again and again to generate electricity forever.

Yuvan Suman IV C, Yamuna: I will invent a very cool drone called MP4. This drone is very special because it will teleport you anywhere by clicking a button on a remote and by saying the place you want to go to. It will also require a battery, but how will the drone teleport you by coming above you?

I also have a second invention; this one is not like the last one. This invention will be called a smart wrist, which can help you with anything like homework or questions. This device will also have emotions and feel lonely; you could talk to it, and you can even give it a name. It would be like your mini friend; it will also be able to show emotions like anger, fear, happiness, sadness, and confusion. You can customize it however you want. These inventions are battery-powered, so you will need a battery for them. I am going to invent."

Likitha Lasya IV C, Cauvery: "Smart inventions that help blind children." Some children cannot see with their eyes; they are called blind. But they can learn, use sound, and play. A talking book can read any story aloud. Blind children can listen and understand easily. A Braille reading plate/tab is like a tablet; it can read an easy book, and it can make instant Braille pages."

Aayansh Singh IV D, Ganga: My dream invention is to create a rocket that can study the Milky Way, etc. We would be able to talk to aliens and discuss life and resources on their planet, among other things. We can also study that planet.

Akshita Pillai IV D, Cauvery: My dream invention is to create a trash collector that can collect waste bottles, plastics, nylons, and other waste materials so we can recycle them. The Earth will be thankful to us. This trash collector can be used on beaches to remove trash from the sea; it could be used in many places like schools, beaches, and footpaths. Every small thing you do makes a big difference.

Neysa Rujula IV D Yamuna: My dream invention is to create things that don't produce waste and pollution. I'm going to invent eco-friendly electric cars, trains, and machines to stop pollution and waste. I will explain how I will create them. To make the machine, I'll fix its gears into the engines to run the machine, for example, to stamp, to cut, etc. See how eco-friendly it is! Now let's go and fix the cars and trains. Let's make this process easier. Instead of using petrol, coal, and fuel, we can simply use old cooking oil, reuse it, dry it, and produce oil similar to petrol and fuel.

How I Would Make the World Happy

Prabhav Kumar IV A, Cauvery: I imagine the world as very happy and friendly for animals, people, and others, with everyone taking care of trees, animals, plants, and nature. Today, I will make the world happy by throwing waste in the bin. I will never litter or pollute the air. I will take care of animals and share with everyone in the world, which has 8 billion people who need more than I do. I will not let anyone go hungry at any cost. I will plant more trees, use electricity wisely, and study hard to become a world leader who ends the wars that threaten the world. If we work together, we can make the world happy and make the day brighter. I will give everyone a home and say hello to everyone. You see!

Anamika Jaya Kumar IV B, Krishna: I would make the world happy by saving nature and by giving food, money, and education to poor people. I would save the whole world with kindness and happiness, by helping and caring for everyone and by showing respect to elders. What is the world without happiness? I would like to save the whole world with respectful and polite words that include kindness. I would thank those who save and care for others and those who are ready to help injured animals. I would save the world in this way-by spreading kindness and happiness and by protecting animals.

Divit Tiwari IV B, Ganga: I can make the world happy by planting as many trees as possible around us. I will try to avoid dust and garbage in our environment and use less water to reduce water scarcity. I will also try to grow and use natural resources as much as possible.

Sudeeksha Prakash IV C, Krishna: I would tell everyone not to make the earth dirty so they can live in clean and neat places, and not to waste food on the farms where people work hard to grow the plants. And not to pollute the earth so we can breathe in clean, healthy air. We should also help the beggars and all the other people too, and instead of throwing things away, we should recycle them or use them for something else so someone else has a chance to use them. We should also not make the ocean dirty, as animals and some people live and swim in the ocean."

Austin Antony IV D, Yamuna: I would make the world happy by giving poor people money and would respecting my elder's, helping blind and old people cross the street, helping people when they are struggling, being fair with everyone and helping old people by carrying their bag and heavy things.

My Life as a Book Character

Rehansh Raj IV B, Yamuna: Oliver Twist (young hero of Charles Dickens)

Life was not easy for me because I was born into poverty. I struggled on the streets of London. I came across many problems, but I kept fighting for a better life. My story is about resilience and hope, and it tells us that even in the darkest times, kindness and determination can lead to a better future.

Atharv Abhilash IV C, Cauvery:

I wish to be a book character because I want to be the star of the show.

I want to be a space character.

I want my name to be Space Alvin.

To meet me, you have to go to the moon.

I have a space dog that can save the entire world.

And I can build so many things on the moon.

And I can fly to Earth like Superman.

Muskaan Rajesh Vasnani IV D, Ganga: If I were a book character, I would like to become a fairy—a very good character of a magical kind, caring and full of surprises. She lives in a fairyland where flowers glow and animals can talk. With her sparkling wings and gentle smile, she helps other people whenever they are in trouble. She uses her magic to heal people and plants and fulfills other people's wishes. Even though she has special powers, she believes in being brave, honest, and caring. Sometimes her magic does not work, but she never gives up. She learns that true magic comes from helping other people and believing in yourself. This fairy teaches children that kindness, courage, and friendship can make the world a brighter and happier place for everyone.

Donasree Priyadarshini IV D, Krishna: If my life were a book character, it would be fun because the world would know me as Jungle Beat, Harry Potter, and Ice Age. I would love for the world to explore me; it would be the loveliest and prettiest things that would make you happy. As a book character, I would love to write and read. A book character needs a soul that can connect with the world by reading and watching. Whether the world would know me or I would be in the book, I would love to give some seconds because I love storybooks and social media. I can give seconds like 2.5, 6.2, 5.5, and 2.2 as I write the seconds. If the written story is not long, it won't take time like 6.3, but it is still okay; however, it won't be fun. So, I suggest keeping the story long; you can do it like that.

मेरे सपनों का आविष्कार

Siva Shanmugam IV-A, Ganga: मेरे सपनों का आविष्कार - एक बोलती पुस्तक, एक जादुई किताब होगी। यह किताब बोल सकेगी। इस किताब में कई जादुई शक्तियाँ होंगी।

Likitha Lasya Sri Kutherlapati IV-C, Cauvery: मेरे सपनों का आविष्कार हवा से साफ़ पानी बनाना है। हमारे देश में कई जगहों पर लोगों को पीने का साफ़ पानी नहीं मिलता। मैं ऐसी मशीन बनाऊँगी जो हवा को खींचकर उसे ठंडा करेगी और बूँद-बूँद इकट्ठाकर पानी बनाएगी। इससे लोगों को साफ़ पानी मिलेगा।

Rakshat Malhotra IV-C, Ganga: मेरा सपना है कि मैं एक बड़ा रोबोट बनाऊँगा जो मेरी मदद करेगा, जैसे- कपड़े धोने, स्कूल छोड़ने और खाना पकाना आदि कामों में। मैं रोबोट का नाम राजा बाबू रखूँगा। यह मेरी परेशानियाँ दूर करेगा। यह मेरा मित्र होगा। उसको बनाने के लिए मैं बहुत पढ़ाई करूँगा।

Reyansh IV-A, Cauvery: मुझे एक स्मार्ट वॉच का आविष्कार करना है। यह स्मार्ट वॉच समय, तारीख, मौसम, जीपीएस और लोकेशन जैसी सुविधाएँ बताएगी। आज की स्मार्ट वॉच में कमरे का तापमान, रक्तचाप मापने की सुविधा और SOS बटन पहले से मौजूद हैं, लेकिन इसमें अभी कुछ नई खूबियाँ जोड़ी जानी बाकी हैं। खासकर, मैं ऐसी विशेष सुविधा बनाना चाहता हूँ जो व्यक्ति के खतरे में होने पर खुद उसकी मदद कर सके।

Vaibhav Aggarwal IV-C, Ganga: मेरे सपनों का आविष्कार है कि मैं एक बूस्टपैड बना दूँ। उसे हमें चार्ज पर लगाना होगा, जो बस तीन सेकंड में चार्ज हो जाएगा। फिर वह आपको एक पोर्शन देगा जो रंग में हरा होगा और जब आप वह पोर्शन पियेंगे तो आपको एक घंटे के लिए सुपर स्पीड और सुपर फूड मिल जाएगा। आपको बूस्टपैड मुफ्त में मिलेगा और वह बूस्टपैड कभी खराब नहीं होगा। वह एकदम वाटरप्रूफ़ और फायर प्रूफ़ होगा।

मैं दुनिया को कैसे खुश रखूँगा/रखूँगी

Ritvik Chauhan IV B, Cauvery: मैं बूढ़े लोगों की मदद करूँगा, पेड़ लगाऊँगा। अपने दोस्तों की मदद करूँगा। गंदगी को डस्टबिन में डालूँगा, दुनिया को साफ़ रखूँगा। अपनी कक्षा को साफ़ रखूँगा। इस तरह से मैं दुनिया को खुश रखूँगा।

Akshitha Pillai, IV-D, Cauvery: मैं दुनिया को खुशहाल बनाने के लिए प्रेम, दया आदि रखूँगी। जिसके पास घर नहीं है, खाना नहीं है, उन लोगों को घर और खाना दूँगी। इस तरह से मैं लोगों को खुश रखूँगी।

Riyanka Senapati IV-B, Yamuna: हम दुनिया में किसी की मदद करके और उन्हें प्यार देकर खुश रख सकते हैं। अगर हम ऐसा कर पाएँ, तो हमारी दुनिया हमेशा खुश रह सकती है। एक दिन मैंने ऐसा किया था और मुझे बहुत अच्छा लगा। यह केवल मदद करने के लिए ही नहीं होता, बल्कि इसमें बहुत मज़ा भी आता है। मुझे बहुत आनंद आया, और अब से मैं हमेशा दुनिया को खुश रखने की कोशिश करूँगी।



ONCE UPON A TIME! - THE MAGIC OF STORYTELLING

Once upon a time! The emotions and excitement that cascade through our minds when we hear these words, the nostalgia they evoke, are magnificent!

In a world increasingly dominated by bite-sized digital content and rapid-fire algorithms, the four simplest words remain the most powerful: “Once upon a time.” Words that arrest attention, ignite a sparkle in the eyes, spread a generous smile across the face, and create an expression that pleads, “Tell me, what happened next?”

Once upon a time! The beginning of a symphony of dramatic intonations, the play of imagery and words, and a transition into a whirlwind of emotions twirling in our hearts. That's exactly what it does to a passionate narrator and equally to an enthralled listener. Over the centuries, the most cherished storytellers have been those with silver hair, wrinkled faces, and twinkling eyes — our grandparents.

In an era when AI creates a colourful cavalcade of astonishing videos and convinces us of a “perfect” watch, what we truly miss is the human connection. A screen cannot see a child's wonder; it cannot pause for a question or soften its tone when a character is sad. I believe that bringing storytelling back into our daily routine is about much more than just language; it is our most effective tool for helping children navigate the world. Whether in a classroom or as a bedtime ritual, a story provides a safe space to explore tough topics and comprehend deep social and moral values. It is how we



teach kindness, honesty, discipline, and resilience without ever needing a textbook. Beyond the school walls, it is also our chance to reconnect with our roots, our families, our culture, and our silver-haired narrators.

Let us never be too busy to pause, look into those expectant eyes, and begin the journey of building better humans by beginning with “Once upon a time!”



Mrs Anju Agnihotri
Supervisor Grade I - IV

Importance of Foundational Years – ECCE

The Importance of Foundational Years in Education

The most important stage of a child's educational journey is the foundational years.

Early childhood education establishes the foundation for lifelong learning, ethical values, emotional health, and cognitive development, as highlighted by the National Curriculum Framework (NCF). The period between ages three and eight serves as a critical time period during which children develop their thinking abilities, emotional responses, their social skills and environmental reactions.

The Balvatika stage of education requires more than academic creation. This process develops four essential qualities which include character development, creative capacity, inquisitive nature and self-confidence. A safe, stimulating and joyful environment enables children to build a strong foundation which leads to their success in both academic work and life experiences.

Holistic Development in the Early Years

Holistic development is the main focus of foundational education. Young learners possess natural curiosity which drives their imaginative abilities to explore new places. The best learning occurs when children experience a safe environment that promotes play and social interaction and practical activities. Social and emotional development is especially crucial at this stage. Learning to share, express emotions, follow routines and build relationships – all these qualities fosters empathy and self-discipline.



The teachers who work at the foundational level serve their students in three distinct roles by becoming facilitators, guides and observers. Their mission requires them to identify the unique learning potential and pace and style of each student. The classroom creates a safe space that includes all students which leads to an engaging learning environment that helps young learners develop their exploration and self-expression skills.

As educators we need to develop young minds through our teaching methods which require us to use both patience and kindness and sensitivity. The foundation for confident learners and responsible citizens who will become active citizens in society can be established through these practices which will help children develop from their early foundational years into their future.

Janvi Motiramani
Balvatika Supervisor



STEM LEARNING IN THE PRIMARY YEARS BUILDING FUTURE-READY LEARNERS

In today's rapidly evolving world, preparing children for the future must begin in the primary years. STEM — Science, Technology, Engineering, and Mathematics — is not merely a group of subjects; it is a mindset that nurtures curiosity, creativity, and critical thinking.

For young learners, STEM is most powerful when it is hands-on and experiential. Simple science experiments, building models with everyday materials, solving real life math challenges, and exploring basic coding concepts make learning meaningful and engaging. When children are encouraged to ask “why” and “how,” they begin thinking like young scientists and problem solvers.

Early exposure to STEM strengthens logical reasoning and analytical skills. It encourages children to observe patterns, test ideas, and embrace trial and error as part of the learning journey. Instead of memorizing information, students discover concepts through exploration — building both deeper understanding and confidence.

Equally important, STEM promotes collaboration. Through group projects and team-based activities, children develop communication skills, leadership qualities, and the ability to respect diverse viewpoints. These competencies are essential for success in the 21st century.

Aligned with the vision of the Central Board of Secondary Education (CBSE) and the National Education Policy (NEP) 2020,

STEM integration in primary education supports experiential learning, competency-based education, and interdisciplinary approaches. NEP 2020 emphasizes inquiry-based learning, coding exposure at an early stage, and the development of scientific temper — all of which are strengthened through structured STEM activities in schools.



Importantly, integrating STEM at the primary level does not require advanced laboratories or expensive technology. With thoughtful lesson planning, inquiry driven strategies, simple classroom resources, and strong school–parent collaboration, educators can effectively spark curiosity and innovation.

By nurturing STEM skills in the early years, we are not just teaching subjects — we are shaping innovative thinkers, adaptable learners, responsible digital citizens, and confident contributors to the future.



**TAMILARASI
RANGASAMY**

TWAU TEACHER
PARENT RELATIONSHIP
OFFICER
PRIMARY WING

GRADES V



GRADE VA



GRADE VB



GRADE VC



GRADE VD

GRADES VI



GRADE VIA



GRADE VIB



GRADE VIC



GRADE VID



GRADE VIE

GRADES VII



GRADE VIIA



GRADE VIIB



GRADE VIIC



GRADE VIID

GRADES VIII



GRADE VIIIA



GRADE VIIIB



GRADE VIIIC



GRADE VIIID



GRADE VIIIE

विद्यालय का वार्षिक उत्सव

हमारे विद्यालय का वार्षिक उत्सव बड़े उत्साह और धूमधाम से मनाया गया। तैयारियों के दौरान हमने अपने मित्रों के साथ बहुत मजे किए, हँसी-खुशी और खेलों के साथ अभ्यास किया। सभी विद्यार्थियों के लिए भाग लेना अनिवार्य था, इसलिए हर किसी को मंच पर प्रदर्शन करने का अवसर मिला। कक्षाओं में भी हमने कई खेल-खेले और दोस्ती के प्यारे पल साझा किए। कुछ बच्चे घबराए हुए थे, लेकिन शिक्षकों और मित्रों के सहयोग से उनमें आत्मविश्वास आया। हमें अपनी पसंद के अनुसार कार्यक्रम चुनने का मौका मिला। पहली बार मुझे हजारों लोगों के सामने प्रस्तुति देने का अवसर मिला। यह दिन मेरे लिए सदैव यादगार रहेगा।

Affaf Gr -8

वार्षिक उत्सव की यादें

हमारे स्कूल का सबसे खास दिन होता है। इस दिन सभी छात्र बहुत उत्साहित और खुश रहते हैं। हम पूरे साल इस दिन का इंतजार करते हैं। स्कूल को रंगीन फूलों, गुब्बारों और सुंदर सजावट से सजाया जाता है। हर कक्षा में खुशी का माहौल होता है। इस दिन कई सांस्कृतिक कार्यक्रम आयोजित किए जाते हैं। छात्र नृत्य करते हैं, गीत गाते हैं, नाटक प्रस्तुत करते हैं और भाषण भी देते हैं। इन कार्यक्रमों के लिए हम कई दिनों तक अभ्यास करते हैं। शिक्षक हमें धैर्य से सिखाते हैं और हमारा हौसला बढ़ाते हैं। माता-पिता भी इस अवसर पर स्कूल आते हैं और हमारा प्रदर्शन देखते हैं। जब हमें मंच पर तालियां मिलती हैं तो हमें गर्व महसूस होता है। कुछ छात्रों को उनकी मेहनत के लिए पुरस्कार दिए जाते हैं। इससे सभी को आगे बढ़ने की प्रेरणा मिलती है। वार्षिक उत्सव हमें आत्मविश्वास, अनुशासन और मिलजुल कर काम करना सिखाता है। यह दिन हमें अपनी छिपी प्रतिभा दिखाने का अवसर देता है। अंत में हम सभी मिलकर इस सुंदर दिन की यादें अपने दिल में संजो लेते हैं। यह दिन हमारे जीवन में हमेशा खास बना रहता है। हम इसे कभी नहीं भूलते हैं।

परिधि गुप्ता कक्षा 8

समय प्रबंधन: जीवन की सफलता की कुंजी

समय प्रबंधन का अर्थ है अपने समय का सही और योजनाबद्ध तरीके से उपयोग करना। समय हमारे जीवन का सबसे मूल्यवान संसाधन है। एक बार बीता हुआ समय कभी वापस नहीं आता, इसलिए इसका सही उपयोग करना बहुत जरूरी है। अगर हम समय का उचित प्रबंधन करें, तो हम अपने व्यक्तिगत, शैक्षिक और व्यावसायिक जीवन में संतुलन बना सकते हैं और अपने लक्ष्यों को आसानी से प्राप्त कर सकते हैं।

समय प्रबंधन के बिना व्यक्ति का जीवन असंगठित और अव्यवस्थित हो जाता है। किसी भी कार्य को देर से करने या टालने की आदत समय की बर्बादी का मुख्य कारण होती है। इसलिए यह आवश्यक है कि हम अपने दिन की योजना बनाएं और प्रत्येक कार्य के लिए समय तय करें। समय प्रबंधन से न केवल हमारी उत्पादकता बढ़ती है बल्कि तनाव भी कम होता है। अच्छे समय प्रबंधन के लिए प्राथमिकता तय करना आवश्यक है। हमें सबसे महत्वपूर्ण और जरूरी कार्य पहले पूरे करने चाहिए और कम महत्वपूर्ण कार्य बाद में करने चाहिए। इसके अलावा, समय बर्बाद करने वाली गतिविधियों से बचना भी जरूरी है, जैसे कि अनावश्यक मोबाइल या सोशल मीडिया का अत्यधिक उपयोग। एक समय-सारिणी बनाना और उसका नियमित पालन करना अत्यंत लाभदायक होता है।

समय प्रबंधन सिर्फ काम को पूरा करने के लिए नहीं है, बल्कि यह हमारे जीवन में अनुशासन और जिम्मेदारी भी लाता है। बच्चों और विद्यार्थियों के लिए समय प्रबंधन विशेष रूप से महत्वपूर्ण है। यदि वे पढ़ाई, खेल, आराम और मनोरंजन के लिए अलग-अलग समय तय करें, तो वे बिना तनाव के अपने सभी कार्य पूरे कर सकते हैं।

अंत में, कहा जा सकता है कि समय प्रबंधन जीवन की सफलता की कुंजी है। हमें हर पल का सदुपयोग करना चाहिए और समय की मूल्यवत्ता को समझना चाहिए। यदि हम समय का सही प्रबंधन सीख लेते हैं, तो हम अपने जीवन में अनुशासन, सफलता और संतुलन ला सकते हैं। यही कारण है कि समय प्रबंधन न केवल व्यक्तिगत विकास के लिए बल्कि समाज और देश की उन्नति के लिए भी महत्वपूर्ण है।

निकीशा सारस्वत Gr-8-D

मेरे विद्यालय के वार्षिक उत्सव का मेरा अनुभव

हाल ही में हमारे स्कूल का वार्षिक उत्सव बड़े धूमधाम से मनाया गया था। यह उत्सव मेरे जीवन के सबसे यादगार दिनों में से एक है। जब मैं वार्षिक उत्सव की प्रस्तुति देने के लिए हॉल में गई तो मेरा उत्साह और बढ़ गया। मैंने इस बार नृत्य में भाग लिया था। हमारे नृत्य से पहले मैं अपने दोस्तों के साथ तैयार हो रही थी। वहाँ पर सभी को रंग-बिरंगी कपड़े पहने देखकर मुझे बहुत खुशी हुई। जब मेरी नृत्य प्रस्तुति का समय आया तो मुझे थोड़ी घबराहट होने लगी पर दोस्तों के हौसलों से मुझे भी हौसला मिला। मैंने अपना प्रदर्शन उत्साह और खुशी से किया। मंच पर प्रदर्शन करते समय मुझे गर्व महसूस हो रहा था। दर्शकों की तालियों की आवाज सुनकर मेरा आत्मविश्वास और बढ़ गया। जब हमारा कार्यक्रम खत्म हुआ और सब कुछ अच्छे से हो गया, तब मुझे लगा कि हम सब की मेहनत सफल हो गई। सबके चेहरों पर मुस्कान देखकर मुझे बहुत अच्छा लगा। इस उत्सव की तैयारी में मैंने बहुत नए दोस्त बनाए। वार्षिक उत्सव ने मुझे न केवल खुशियाँ दी बल्कि भविष्य में और ऐसे कार्यक्रमों में भाग लेने की भी प्रेरणा मिली। यह दिन मेरे लिए हमेशा खास रहेगा और मैं इसे कभी नहीं भूलूँगी। मुझे अगले वार्षिक उत्सव का इंतज़ार रहेगा।

Suniti Tripathi Gr- 8E

साइबर बुलिंग

साइबर बुलिंग इंटरनेट या सोशल मीडिया के माध्यम से किसी को परेशान करना है। यह आज के समय की गंभीर समस्या बनती जा रही है। इसमें किसी के बारे में झूठी अफवाहें फैलाना, अपमानजनक संदेश भेजना, फोटो या वीडियो का गलत उपयोग करना या किसी को ऑनलाइन समूह से जानबूझकर बाहर करना शामिल है। कभी-कभी लोग नकली खाता बनाकर भी दूसरों को परेशान करते हैं। इससे बच्चों और किशोरों के आत्मविश्वास पर बुरा प्रभाव पड़ता है और वे तनाव, डर या उदासी महसूस कर सकते हैं।

साइबर बुलिंग पढ़ाई और मानसिक शांति को भी प्रभावित करती है। कई बार पीड़ित व्यक्ति अपनी समस्या किसी से साझा करने में हिचकिचाता है, जिससे स्थिति और गंभीर हो सकती है। इसलिए हमें चुप नहीं रहना चाहिए और गलत व्यवहार का विरोध करना चाहिए।

हमें सोशल मीडिया का उपयोग जिम्मेदारी से करना चाहिए और अपनी निजी जानकारी किसी अनजान व्यक्ति के साथ साझा नहीं करनी चाहिए। मजबूत पासवर्ड रखना, गोपनीयता सेटिंग्स का ध्यान रखना और अजनबियों के अनुरोध स्वीकार न करना भी आवश्यक है। यदि कोई हमें ऑनलाइन परेशान करे, तो उसका उत्तर देने के बजाय तुरंत माता-पिता, शिक्षक या किसी विश्वसनीय बड़े को बताना चाहिए। आवश्यकता पड़ने पर संबंधित मंच पर शिकायत भी की जा सकती है।

हमें हमेशा याद रखना चाहिए कि इंटरनेट पर भी वही शिष्टाचार अपनाना चाहिए, जो हम वास्तविक जीवन में अपनाते हैं। जागरूकता, समझदारी और आपसी सम्मान से ही साइबर बुलिंग को रोका जा सकता है।

Vihan Gr-8E

समय यात्रा: क्या सच में मुमकिन है?

कभी-कभी मैं सोचती हूँ, अगर हमारे पास समय में आगे या पीछे जाने की शक्ति होती, तो दुनिया कितनी अलग होती। हम अपने इतिहास को अपनी आँखों से देख सकते, भविष्य की झलक पा सकते और शायद अपनी गलतियों को भी सुधार सकते। समय यात्रा का विचार सुनने में किसी विज्ञान कथा फिल्म जैसा लगता है, लेकिन यह हमेशा से लोगों की जिज्ञासा का विषय रहा है।

वैज्ञानिकों के अनुसार समय एक सीधी रेखा की तरह आगे बढ़ती है। आइंस्टाइन के सिद्धांत बताते हैं कि समय और स्थान आपस में जुड़े हुए हैं। अगर कोई वस्तु प्रकाश की गति के करीब चले, तो उसके लिए समय धीमा हो सकता है। इसका मतलब यह है कि विज्ञान में समय को पूरी तरह से समझा नहीं गया है। शायद भविष्य में ऐसी तकनीक विकसित हो जाए जो हमें समय के रहस्यों के और करीब ले जाए।

लेकिन अगर सच में समय यात्रा संभव हो जाए, तो क्या यह सही होगा? अगर हम अतीत में जाकर कोई छोटी सी घटना बदल दें, तो उसका प्रभाव पूरे भविष्य पर पड़ सकता है। इसे "बटरफ्लाई इफेक्ट" कहा जाता है। इसलिए समय यात्रा सिर्फ रोमांचक ही नहीं, बल्कि खतरनाक भी हो सकती है।

फिर भी, समय यात्रा का विचार हमें यह सिखाता है कि वर्तमान कितना महत्वपूर्ण है। हम भले ही अतीत में न जा सकें, लेकिन अपनी गलतियों से सीख सकते हैं। हम भविष्य में न झाँक सकें, पर आज मेहनत करके उसे बेहतर बना सकते हैं। शायद असली समय यात्रा यही है कि हम हर दिन खुद को थोड़ा बेहतर बनाएं। क्योंकि जो समय अभी हमारे पास है, वही सबसे कीमती है।

Tarushi Agarwal Gr-9 A

महिला सशक्तिकरण

“यत्र नार्यस्तु पूज्यन्ते, रमन्ते तत्र देवता।”

महिला सशक्तिकरण का अर्थ है महिलाओं को समाज में समान अधिकार, सम्मान और अवसर प्रदान करना। महिलाएँ परिवार और समाज की नींव होती हैं। वे माँ, बहन और बेटी के रूप में परिवार को संभालती हैं और समाज के विकास में महत्वपूर्ण भूमिका निभाती हैं। इसलिए उनका सशक्त और आत्मनिर्भर होना बहुत आवश्यक है। शिक्षा महिला सशक्तिकरण का सबसे महत्वपूर्ण साधन है। जब एक लड़की शिक्षित होती है, तो वह अपने अधिकारों को समझती है और आत्मविश्वास के साथ निर्णय ले सकती है। शिक्षित महिला न केवल अपने जीवन को बेहतर बनाती है, बल्कि अपने परिवार और समाज को भी आगे बढ़ाती है। इसी कारण कहा जाता है कि एक शिक्षित महिला पूरे राष्ट्र की प्रगति में योगदान देती है। आज के समय में महिलाएँ हर क्षेत्र में अपनी प्रतिभा दिखा रही हैं। वे विज्ञान, खेल, राजनीति, व्यापार और सेना जैसे क्षेत्रों में भी सफलता प्राप्त कर रही हैं। सरकार भी महिलाओं के उत्थान के लिए अनेक योजनाएँ चला रही है। समाज में जागरूकता बढ़ रही है और लोग बेटियों को आगे बढ़ने के अवसर दे रहे हैं। अंत में, यह कहना उचित होगा कि महिला सशक्तिकरण केवल महिलाओं के लिए ही नहीं, बल्कि पूरे समाज और देश के विकास के लिए आवश्यक है। जब महिलाएँ सशक्त होंगी, तभी एक मजबूत और प्रगतिशील राष्ट्र का निर्माण संभव होगा।

Tvisha Gr-9B

परीक्षा का तनाव

परीक्षा तनाव एक आम समस्या है जिसका सामना कई छात्र करते हैं। यह तनाव परीक्षा के दौरान या परीक्षा की तैयारी के दौरान हो सकता है, ज्यादातर इसलिए क्योंकि उन्हें असफल होने का, अपने प्रियजनों को निराश करने का डर होता है, पढ़ाई का बोझ, समय प्रबंधन की कमी, और आत्मविश्वास की कमी कुछ प्रमुख कारण हैं। जब छात्रों को लगता है कि वे परीक्षा के लिए तैयार नहीं हैं या उनका प्रदर्शन अच्छा नहीं होगा, तो वे तनावग्रस्त हो जाते हैं। उन्हें समझ नहीं आता कि आगे क्या करना है और यह डिप्रेशन, आत्मविश्वास की कमी और कई अन्य चीजों का कारण बनता है जो उनके आत्मविश्वास को कम कर देता है, लेकिन यह ऐसा नहीं है कि आप परीक्षा तनाव को ठीक नहीं कर सकते। परीक्षा तनाव को कम करने के कई तरीके हैं। सबसे पहले, समय प्रबंधन बहुत महत्वपूर्ण है। पढ़ाई के लिए एक समय सारणी बनाएं और उसका पालन करें। इससे आपको पढ़ाई में मदद मिलेगी और तनाव कम होगा। नियमित व्यायाम तनाव को कम करता है, इसलिए व्यायाम को अपनी दिनचर्या में शामिल करें। शिक्षकों या परिवार के सदस्यों से मदद लेना भी एक अच्छा विचार है, वे सर्वश्रेष्ठ मार्गदर्शक हैं। मेडिटेशन और गहरी सांस लेने के अभ्यास से भी तनाव कम किया जा सकता है।

Chehak Gr-9 B

महिला सशक्तिकरण

महिला सशक्तिकरण आज के समय की सबसे बड़ी आवश्यकता है। यह केवल महिलाओं के अधिकारों की बात नहीं है, बल्कि एक बेहतर समाज और देश के निर्माण की नींव है। महिला सशक्तिकरण का अर्थ है महिलाओं को अपने जीवन के निर्णय स्वयं लेने के लिए स्वतंत्र और समर्थ बनाना। इसका अर्थ उन्हें शिक्षा, स्वास्थ्य, आर्थिक अवसर और सामाजिक सुरक्षा प्रदान करना है, ताकि वे समाज की मुख्यधारा में पुरुषों के कंधे से कंधा मिलाकर चल सकें। एक पुरानी कहावत है— “यदि आप एक पुरुष को शिक्षित करते हैं, तो आप केवल एक व्यक्ति को शिक्षित करते हैं; लेकिन यदि आप एक महिला को शिक्षित करते हैं, तो आप पूरे परिवार को शिक्षित करते हैं।” जब महिलाएँ आर्थिक रूप से आत्मनिर्भर होती हैं, तो वे न केवल अपने परिवार की स्थिति सुधारती हैं, बल्कि देश की GDP में भी योगदान देती हैं। भेदभाव और पुरानी रूढ़ियों को खत्म करने के लिए महिलाओं का सशक्त होना जरूरी है। घर हो या संसद, महिलाओं की भागीदारी से अधिक समावेशी और संवेदनशील निर्णय लिए जाते हैं। आज महिलाएँ अंतरिक्ष से लेकर खेल के मैदान तक हर जगह अपना परचम लहरा रही हैं। हालांकि, अभी भी कई चुनौतियाँ हमारे सामने हैं। ग्रामीण क्षेत्रों में आज भी लड़कियों की पढ़ाई पर ध्यान कम दिया जाता है। महिलाओं के खिलाफ हिंसा और अपराध उनके विकास में बड़ी बाधा हैं। समान काम के लिए महिलाओं को अक्सर पुरुषों की तुलना में कम वेतन मिलता है। महिला सशक्तिकरण केवल सरकार की जिम्मेदारी नहीं है, बल्कि यह एक सामाजिक जिम्मेदारी है। हमें अपनी सोच बदलनी होगी, बेटियों को बेटों के समान अवसर और शिक्षा देना। कार्यस्थलों पर महिलाओं के लिए सुरक्षित और सम्मानजनक माहौल सुनिश्चित करें। महिलाओं के नेतृत्व और उनकी आवाज़ को महत्व दें। महिला सशक्तिकरण समाज के किसी एक वर्ग का लाभ नहीं है, बल्कि यह पूरी मानवता की जीत है। जैसा कि स्वामी विवेकानंद ने कहा था, “जिस प्रकार एक पक्षी केवल एक पंख से नहीं उड़ सकता, उसी प्रकार कोई भी राष्ट्र महिलाओं की उन्नति के बिना प्रगति नहीं।”

Jigisha Gr-11

भ्रष्टाचार: समाज का घुन और उसका समाधान

भ्रष्टाचार आज हमारे समाज की जड़ों को खोखला कर रहा है। यह न केवल देश की प्रगति में बाधा है, बल्कि एक नैतिक अपराध भी है। जब कोई व्यक्ति अपने निजी स्वार्थ के लिए कानून और कर्तव्यों का उल्लंघन करता है, तो वह पूरे तंत्र को प्रदूषित कर देता है।

भ्रष्टाचार पर अंकुश के लिए बच्चों को बचपन से ही ईमानदारी और सत्यनिष्ठा का पाठ पढ़ाया जाना चाहिए। सरकारी कार्यों में डिजिटल तकनीक का उपयोग (E-governance) बढ़ाना चाहिए ताकि बिचौलियों की भूमिका खत्म हो। भ्रष्टाचार में लिप्त पाए जाने वाले व्यक्तियों के खिलाफ सख्त और त्वरित कानूनी कार्रवाई होनी चाहिए।

हमें "रिश्तत न लेने और न देने" का संकल्प लेना होगा।

भ्रष्टाभ्रष्टाचार को मिटाना केवल सरकार की जिम्मेदारी नहीं है, बल्कि यह हम सभी का साझा कर्तव्य है। यदि हम सब ईमानदार बनने का साहस जुटा लें, तो एक स्वस्थ और विकसित भारत का निर्माण निश्चित है। याद रखें, एक छोटा सा बदलाव एक महान क्रांति ला सकता है।

Jobanreet Kaur Gr- 11

क्या मेंटल हेल्थ से ज्यादा महत्वपूर्ण मार्क्स है?

आज के टाइम में विद्यार्थी की ज़िंदगी बाहर से उत्तम लगती है- विद्यालय, ट्यूशन, सोशल मीडिया, दोस्त, लगता है मानो सब सही चल रहा है कोई समस्या नहीं, सब सरल है लेकिन अंदर ही अंदर बहुत सारे विद्यार्थियों को ऐंजाइटी, स्ट्रेस और प्रेशर जैसी कठिनाईयों का सामना करना पड़ता है। मेंटल हेल्थ एक ऐसा विषय है जिसके बारे में हम बात करने से डरते हैं, लेकिन शायद सबसे ज्यादा जरूरी है। हम बच्चों से कहते हैं, "बस थोड़ा और मेहनत करो।" लेकिन कभी यह नहीं पूछते कि "तुम ठीक हो?" जब मार्क्स कम आते हैं, तो सिर्फ रिपोर्ट कार्ड में मार्क्स नहीं गिरते- आत्म विश्वास भी गिरता है और फिर आते हैं "शर्मा जी का बेटा", और आपने आप को दूसरों से तुलना करना शुरू करना की क्या पता मेरे अंदर ही कोई कमी है। परीक्षा के समय नींद का न आना, हाथ का कांपना, डर लगना यह सब नॉर्मल स्ट्रेस नहीं होता। यह एक सिग्नल होता है कि दिमाग और दिल दोनों थक चुके हैं। लेकिन हम मेंटल हेल्थ को अभी भी सीरीअस नहीं समझते।

मेंटल हेल्थ का मतलब सिर्फ डिप्रेशन नहीं होता, इसका मतलब है अपने निरसता को समझना, अपनी सीमाओं को कबूल करना और अपने मूल्य को अंकों (मार्क्स) से अलग देखना। एक विद्यार्थी तभी सच में सफल हो सकता है जब दिमाग शांत और स्थिर हो। विद्यालय को परामर्श प्रणाली(काउंसलिंग सिस्टम)को मजबूत बनाना चाहिए। माता-पिता को भी अंकों (मार्क्स) से ज्यादा बच्चों की भावनाओं को समझना चाहिए और सबसे महत्वपूर्ण अपनी कठिनाईयों को बाटने में शर्म नहीं करनी चाहिए।

याद रखिए - मार्क्स महत्वपूर्ण है लेकिन मन की शांति उससे भी ज्यादा महत्वपूर्ण है। एक स्वस्थ दिमाग ही एक सफल भविष्य की नींव होता है।

Navyaa Bisht Gr-11

FRENCH MAGAZINE ARTICLES 2026

MA FAMILLE

Ma famille est très importante pour moi. Nous sommes quatre personnes dans ma maison. Il y a mon père, ma mère, ma sœur et moi. Mon père est gentil et il travaille beaucoup. Ma mère est très intelligente et elle aime cuisiner. Ma sœur cadette est amusante et elle aime jouer.

Nous habitons dans une jolie maison avec un jardin. Le week-end, nous aimons faire des promenades ensemble. Parfois, nous regardons des films le soir. Nous mangeons toujours le dîner ensemble à table. J'aime beaucoup passer du temps avec eux. Ma famille est le plus beau cadeau de ma vie. J'aime aussi beaucoup mes grands-parents qui sont très sages et nous racontent des histoires. Le week-end, mon oncle et ma tante viennent nous voir avec mes quatre petits cousins qui sont très mignons et pleins d'énergie.

Jasritha Magesh

VI-B

Ma famille

Ma famille est petite. Ce sont ma mère, mon père, et moi. J'ai un chat. Le nom de mon chat est Coco.

Ma mère est belle est mince. Elle a deux frères et une sœur. Elle est indienne. Son anniversaire est le 28 février Mon père a 43 ans. Mon père est comptable. Il est grand est beau. Il a deux frères. Il est indien. Son anniversaire est le 30 octobre Je m'appelle Aqsa Nawaz. J'ai 11 ans. Je suis étudiante. Je suis belle et intelligente. Je suis indienne. Je suis en 6e classe. Mon anniversaire est le 1er mars Nous habitons à Ikeja, Lagos, Nous sommes une famille très contente

Aqsa Nawaz

VI-C

Ma famille

Je m'appelle Iniyaa Muthukumar. J'ai 12 ans. J'étudie en 6e classe. Je suis grande et mince. J'ai une petite famille aimable. Mon père a 41 ans. Il est contrôleur financier. Ma mère a 37 ans. Elle est institutrice. Mes parents sont gentils. J'ai une sœur aînée. Elle est étudiante. Elle est jolie et active. Mes grands-parents habitent à Erode, Tamilnadu en Inde. Ils sont âgés mais très actifs. Ils sont sympathiques et adorables. J'aime beaucoup ma famille.

Iniyaa Muthukumar

VI-E

MON REPAS PRÉFÉRÉ

Mon repas préféré est le kadhi avec du riz. Ce plat vient de l'Inde et il est très ancien.

On dit qu'il est né dans la région du Rajasthan, Dans d'autres régions comme le Gujarat, le Punjab, le Haryana , le Uttar Pradesh (UP), Bihar. A sindhi, ils préparent du kadhi sindhi. Aujourd'hui, le kadhi avec du riz est mangé dans beaucoup de familles indiennes. Il est simple, chaud. On le mange au déjeuner ou au dîner. On le mange avec du roti, je préféré manger avec du riz. Moi, j'aime ce repas de la tradition, toujours délicieux.

MISHIKA PORWAL

VII-C

Mon repas préféré

J'adore manger de la pizza et des crêpes. La pizza est délicieuse avec du fromage et les crêpes sont très sucrées. J'aime aussi les fruits comme les bananes et les oranges. Ils sont bons pour la santé parce qu'il y a des vitamines.

Yashwanth sai

VII-C

MON REPAS PRÉFÉRÉ

Mon repas préféré est les pâtes à la sauce tomate. J'aime beaucoup ce plat parce que c'est super bon et très facile à manger. Quand ma maman prépare la sauce avec du fromage, toute la maison sent bon ! C'est Mon moment préféré de la journée. Je mange souvent mes pâtes le dimanche avec ma famille et on rigole beaucoup ensemble. Pour boire, je prends un grand verre de jus d'orange.

Après avoir mangé, je me sens très content et j'ai plein d'énergie pour jouer. C'est le meilleur plat du monde!

Afia Islam

VII C

Mon École

Mon école s'appelle l'Ecole Indienne. Mon école est située à Ilupeju, Lagos. Elle est grande, moderne et belle. Elle a quatre étages. Au rez-de-chaussée il y a le bureau de la directrice, la salle de danse et la salle de musique. Au premier étage il y a les salles de classes et la salle de professeur. Les salles de classe sont grandes et lumineuses.

Au deuxième étage il y a la salle d'informatique et la bibliothèque. Au troisième étage il y a les laboratoires de chimie et de physique. Il y a un terrain de jeu. Nous étudions six matières – le français, l'anglais, l'hindi, la science, la science sociale et les mathématiques. Nous avons deux pauses de récréations. Les cours commencent à 7h 30 et finissent à 1h 35. Les professeurs sont gentils et les élèves sont disciplinés. Mon école organise des activités culturelles et sportives. Nous célébrons différentes fêtes à l'école. Mon école est très propre et bien organisée. J'aime beaucoup mon école.

Simran Lalwani

VII-D

Ma ville: Ahmedabad

J'habite à Ahmedabad, une très grande ville en Inde. C'est une ville magnifique et très active. À Ahmedabad, il y a un mélange de bâtiments modernes et de monuments historiques.

Le Sabarmati Riverfront est mon endroit préféré. C'est un lieu calme pour marcher avec mes amis. Il y a aussi le lac Kankaria où les familles s'amusent le week-end. La nourriture à Ahmedabad est délicieuse, surtout la cuisine locale. Les gens ici sont très gentils et accueillants. J'aime beaucoup ma ville parce qu'elle est dynamique et pleine de couleurs. C'est un endroit spécial pour moi.

Vivaan Shah

VIII-A

Ma ville

Ma ville est un endroit très beau et vivant. Elle est connue pour ses rues propres, ses marchés animés et ses habitants aimables. Il y a beaucoup de maisons, d'écoles, de parcs et de magasins.

J'aime ma ville parce qu'elle est à la fois moderne et paisible. Dans ma ville, il y a un grand parc où les gens viennent se promener le soir. Les enfants jouent, les adultes font du sport et les personnes âgées se reposent sur les bancs. Les routes sont bien construites et les moyens de transport sont faciles à utiliser.

Ma ville est aussi célèbre pour sa culture et sa nourriture délicieuse. On y célèbre beaucoup de fêtes avec joie et enthousiasme. Les gens s'entraident et vivent en harmonie. Je suis fier de ma ville et j'aimerais toujours y vivre.

Parv Sharma

VIII B

MA VILLE.

Ma ville s'appelle Lagos. Elle se situe au Nigeria, en Afrique de l'Ouest. C'est une ville très vivante et pleine d'énergie. Nous avons deux saisons principales : la saison des pluies et la saison sèche. On y trouve des maisons modernes et traditionnelles, ce qui montre la diversité de la ville.

Lagos est une ville active et accessible. Il y a beaucoup de routes, de marchés et d'hôpitaux. La circulation est souvent intense, mais les habitants savent s'adapter. On se déplace en voiture, en bus et en moto. La cuisine locale est simple, riche et délicieuse, et elle fait partie de la vie quotidienne. Les habitants aiment la musique, la danse et les rencontres. Lagos est une ville où il y a toujours quelque chose à faire. Pendant notre temps libre, nous allons à la plage ou nous nous promenons près de l'océan Atlantique. L'air de la mer rend la ville encore plus agréable.

Même si la ville est parfois bruyante et très peuplée, elle reste chaleureuse et accueillante. Lagos est une ville qui donne des opportunités et qui inspire ses habitants à travailler dur et à rêver grand. En résumé, Lagos est une ville formidable, pleine de vie, que l'on n'oublie jamais.

ANIKA ARORA

VIII-C

Ma Ville

Delhi est en Inde. Elle est la capitale de l'Inde. C'est une grande ville. Il y a beaucoup de lieux historiques comme Qutab Mantar, Jantar Mantar, Red fort, India Gate, le temple d'Akshardham, Lotus temple. Le président, le premier ministre et tous les autres ministres restent à Delhi. Le Parlement et la Cour suprême de l'Inde se trouvent à Delhi. L'aéroport international Indra Gandhi est également situé à Delhi. Des gens de

différentes communautés restent à Delhi. Delhi est bien connu pour ses épices et plats savoureux. La langue principale parlée à est hindi. C'est une ville magnifique et historique. C'est une ville pleine de jardins et de parcs. J'aime ma ville. etc.

Bhargavi sharma

VIII-B

La ville de Chennai

Chennai, la capitale de Tamil Nadu, est située au sud de l'Inde. Elle est connue pour ses beaux temples anciens. La plage Marina, une des plus longues plages, est située à 'Beach Road'. Ici, on peut monter sur le phare voir l'arrivée des bateaux et des navires. Il y a beaucoup d'endroits touristiques comme Mahabalipuram, Guindy Park, Anna Planétarium etc. Il y a de nombreux bureaux informatiques en Chennai. The World Trade Center, Tidal Park sont les bâtiments très connus. Il y a aussi plusieurs centres commerciaux comme Phoenix mall, Forum mall, Marina mall etc. La plupart du temps, il fait chaud. Les gens parlent "Tamoul", leur langue maternelle. Le service d'autobus est très bon ici. Pour faire du shopping, on va normalement à T Nagar, un paradis pour faire des achats. La mise au point du métro est un développement récent de cet endroit. Cette ville est très impressionnante et bien développée. Elle combine harmonieusement tradition et modernité, ce qui en fait une ville unique et importante en Inde.

Shindhu Muthukumar

VIII C

Ma Ville – CHENNAI

Chennai, aussi connue sous le nom de Madras. Ma ville est située dans l'État du Tamil Nadu, en Inde. Autrefois, Chennai était la capitale du Tamil Nadu, qui a joué un rôle très important dans l'histoire de l'Inde du Sud.

Chennai est surtout connue pour le temple de Brihadishvara, un monument ancien et célèbre construit pendant la période des Chola. Ce temple est admiré dans le monde entier pour son architecture impressionnante. Ma ville est aussi réputée pour la musique carnatique, la danse classique Bharatanatyam et les célèbres peintures de Madras.

Dans ma ville, il y a de bonnes écoles, des hôpitaux, des marchés et de beaux parcs. Les routes sont bien développées et les moyens de transport comme les bus, les vélos et les voitures sont facilement disponibles. Les habitants de Chennai sont chaleureux, gentils et respectueux.

Ma ville est également connue pour sa nourriture traditionnelle délicieuse. J'aime beaucoup les plats du sud de l'Inde comme le riz, le sambar et le dosa. Les fêtes comme Pongal sont célébrées avec beaucoup de joie et d'enthousiasme. J'aime ma ville parce qu'elle est paisible, culturelle et riche en traditions. Je suis très fier d'habiter à Chennai et je me sens chanceux d'y vivre.

AASHISH KRISHNAN

VIII – C

Ma ville – Cuttack

Ma ville s'appelle Cuttack. Cuttack est une ville de l'État d'Odisha en Inde. C'est une ville ancienne et importante.

Elle est située entre deux rivières, la Mahanadi et la Kathajodi, ce qui rend la ville très belle. Ma ville est propre et animée. Il y a beaucoup d'écoles, d'hôpitaux et de marchés à Cuttack. Les routes sont larges et bien organisées. Il y a aussi des parcs où les gens se reposent et jouent. Le fort de Barabati est un endroit célèbre et historique de ma ville. Beaucoup de visiteurs viennent voir ce fort.

Les gens de Cuttack sont gentils, polis et serviables. Ils respectent les autres et vivent en paix. Les festivals sont célébrés avec joie, surtout le Durga Puja, qui est très populaire ici. Pendant les festivals, la ville est décorée et très vivante. J'aime beaucoup ma ville parce qu'elle est belle, calme, agréable et pleine de culture.

Ritu Barna Parida

VIII – D

GRADES IX



GRADE IXA



GRADE IXB



GRADE IXC



GRADE IXD

GRADES X



GRADE XA



GRADE XB



GRADE XC



GRADE XD

GRADES XI



GRADE XIA



GRADE XIB



GRADE XIC

GRADES XII



GRADE XIIA



GRADE XIIB



GRADE XIIC

EVERY COLOUR OF STUDENT LIFE

Understanding Cyberbullying - Cyberbullying: The Dark Side of the Digital World

“Screens should be safe, not sharp like knives. Words can cut deep, but they don't own our lives. Block, Mute, Report, Let kindness Lead the Way, Stand with your friends, Make the Hate Fade Away.”

Cyberbullying is a phenomenon that has flourished in our highly connected world, using mobile phones and social networking platforms as instruments of causing harm to children. Social media networking platforms such as Instagram, TikTok, Snapchat, and online chats related to games are some such platforms where children are exposed to cyberbullying through their online interactions. Cyberbullies use social media platforms to repeatedly engage with their victims through threatening texts, sharing embarrassing pictures of their victims without their consent, or posting harmful rumours about their targets.

Gaming is supposed to be a means of escape—from creating worlds in games like Minecraft, completing laps in simulator games, or playing alongside other users on Xbox—and yet cyberbullying causes online arenas to become battlefields. This can range from verbal sparring in voice chats, doxing, or griefing from players who intentionally ruin games for other players. Awareness is key for millions of players logging into online games daily.

Key Prevention Strategies for Gamers

Lock Down Privacy: Utilize services such as Xbox Live or Steam to conceal your real name, geographic location, or friend lists. When playing Minecraft, connect to whitelisted servers through Discord invitations provided by trusted friends.

Mute and Report Ruthlessly: Mute quickly in voice conversations (PSN parties or even Discord). Screenshot instances of harassment, then report through the game means—for example, Xbox takes swift actions on mutes, and the Mojang team deals with griefing reports.

Build Safe Squads: Only play with vetted friends. Utilize services such as Discord server boosts for private matches, and never play in public matches for toxic games such as Warzone. Additionally, play organized games on platforms such as iRacing for sim racing games like Thrustmaster or Logitech.

Parental & Self-Controls: Time limits with content filtering for computers (Steam Family View) or for game systems (Xbox Family Settings). Programs like Qustodio observe chats while refraining from eavesdropping.

Digital Literacy in Game: Understand what red flags are—aggressive teasing or friend requests from strangers. Look for anti-toxicity communities like Gamers Against Harassment on Reddit for advice. Gamers can count on devs: Roblox games have

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automated detective work for slurs, while Fortnite by Epic Games contains AI policemen. Support devs through voting for better tools on feedback systems. If bullied, log out, discuss with a trusted person, and dial helplines such as Nigeria's Child Helpline at 116. Always: blocking a bully levels up your mind game.

Hruday Bindal (7A)

Time Management

Time management is the work of using time wisely to complete tasks efficiently and on time to live a balanced life. Time is very precious because when it is gone, we can never get it back.

Most successful people know how to manage their time properly. Students need to learn this skill because it helps them succeed both in school and in their lives. A very important part of time management is planning. Making a timetable or a to-do list helps them to organize their work and prioritize their important tasks. Writing down the tasks helps the student or a person to remember what needs to be done because a lot of the time, we tend to forget them, maybe because there are too many tasks to complete.

Good time management improves academic performance. When students study regularly instead of waiting till the day before the exam, they learn and remember the lessons much better. Students who manage their time properly, submit their assignments on time, and

score better marks. Time management also reduces levels of stress because when work is delayed, we feel pressure to complete it as soon as possible. It also balances the time to study and play. Students need time for exercise, hobbies, etc. They need sports and exercises for physical health, while hobbies improve creativity.

In conclusion, time management is an essential life skill for people, especially students, to make the best use of their time. Effective time management leads to success, reduced stress, and a happy, balanced life

Aadhuna Maharana (7C)

Adolescence – A Hidden Change

Adolescence is that in-between phase of life where you are not really a child anymore, but you are not an adult either. It usually happens during the teenage years, and it feels like everything starts changing at once. Your body grows, your thoughts get louder, and your emotions feel way stronger than before, and sometimes even feel insecure around your friends and family. Adolescence is the time when you start noticing yourself more and slowly try to understand who you are.

During this stage, changes don't just happen on the outside; they happen inside, too. One day you can feel confident and excited, and the next day you feel confused for no clear reason. Small things start to matter a lot, and emotions don't always make sense. This happens because the

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mind is still growing and learning how to deal with feelings. It can be overwhelming, but it is also completely normal.

Adolescence is also when people start finding themselves. Teenagers begin to form opinions, discover interests, and care deeply about friendships. Being accepted feels important, and having people who understand you matters a lot. At the same time, you strongly decide on freedom and independence. Making choices, even wrong ones, becomes part of learning and growing, which affects us during the latter part of our lives.

Adolescence is messy, emotional, and sometimes confusing, but it is also meaningful. It is the stage where mistakes turn into lessons and experiences slowly shape personality. Even though it does not always feel easy, adolescence helps build the person you become later in life.

Mounika Bhattacharya (8B)

Drinking Water

We all know that water plays a vital role in our lives. Every living being depends on clean and safe water for survival, growth, and good health.

Water is very beneficial for our bodies. Water keeps our bodies healthy and active. It also keeps our body hydrated. Water helps us in the proper digestion of food. It prevents diseases like cholera, typhoid, and diarrhea. It keeps our skin fresh and healthy. It helps our body regulate

temperature. It supports the proper functioning of organs. Several sources of water provide fresh and safe drinking water, such as rivers, lakes, wells, groundwater, and rainwater.

However, today it is very important to ensure that water from these sources is safe to drink, because water pollution has become a common problem in many areas. Polluted drinking water can cause many serious diseases, such as cholera, typhoid, and dysentery. To protect ourselves from such water-borne diseases, it is important to filter and purify drinking water using methods such as boiling and filtration. Unfortunately, contamination due to sewage, chemicals, and industrial waste has reduced the availability of clean drinking water in many areas.

Therefore, it is our responsibility to conserve drinking water and keep water sources clean so that everyone has access to safe water and future generations do not face a shortage of drinking water.

Simran Lalwani (7D)

A GREEN WORLD

In today's world, the idea of a green planet is more important than ever. As students, we may feel small in a big world, but our actions can create a powerful change. A greener world simply means a cleaner, healthier, and more sustainable environment for everyone -and it starts with the choices we make every day.

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Planting trees, reducing waste, recycling materials, and saving energy are simple steps that make a big difference. When we switch off the lights, avoid plastic, or reuse old items, we help protect our planet's resources. Even small habits, like carrying a water bottle or planting a seed, can inspire others to do the same.

Our school community plays a key role too. Clean-up drives, eco clubs, and awareness campaigns help us learn how to care for the environment. By working together, we can create a campus that reflects the green world we dream of.

A greener world is not just a goal – it's a promise to future generations. Let's be the generation that protects the Earth, not harms it. After all, the planet is our home, and it's up to us to keep it green.

Together, we can show that caring for the environment isn't just a duty – it's a way of life. When we respect nature, it rewards us with clean air, fresh water, and a beautiful world to enjoy. Every green action we take today becomes a gift to the generations that will come after us.

By taking small steps every day, we prove that protecting the Earth is something everyone can do. Nature gives us so much, and it's only fair that we give something back. When we work together with care and commitment, a greener, brighter world becomes possible for all.

Chirayu Mahajan (5B)

Importance of Eating Healthy Food

Why Eating Healthy Really Matters

We all know that what we eat can make a huge difference to how we feel every day. Tucking into healthy meals does more than just satisfy hunger—it gives your body the fuel and nutrients it needs to function at its best. When you fill your plate with wholesome foods, you're giving yourself a boost of essential vitamins and minerals.

These nutrients help everything from your eyesight to your digestion and keep your gut feeling happy, too.

The Downside of Unhealthy Choices

On the flip side, it's easy to reach for quick, unhealthy snacks or junk food, but these choices can really take a toll on your health. They might cause stomach aches or leave you feeling a bit off, and over time, they can add up to bigger problems like weight gain, high cholesterol, and heart issues. Often, unhealthy foods are low in the nutrients your body needs, which can leave you feeling tired and sluggish.

Why Fruit Belongs on Your Plate

Adding fruit to your daily diet is a simple way to get a wide range of vitamins and minerals. For example, oranges are packed with vitamin C, which helps keep your skin and hair looking their best. Apples are a great source of vitamin A, supporting your eyesight, while bananas are perfect for a natural energy boost. Mixing it up and enjoying different fruits means you're giving your body a good mix of nutrients.

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Building Healthy Eating Habits

Forming the habit of eating healthy food is one of the best things you can do for your body. Home-cooked meals, along with plenty of fruits and vegetables, can help you grow stronger and fight off illness. Still, it's important not to go overboard—even with healthy foods. Eating too much, or too much of one thing, might cause issues like bloating or digestive discomfort. For instance, having too many foods rich in vitamin A can dry out your skin, and overindulging in sweet fruit might not be great for your teeth or blood flow.

Keep It Balanced

Finally, remember that variety is key. Sticking to just one type of food won't give your body everything it needs. By mixing up what you eat, you'll help make sure you get all the vitamins and minerals necessary to stay healthy and full of energy.

Mihir Bisen (5A)

My Favourite Festival

My favourite festival is Diwali. It is filled with joy and with lights all around. It is also known as the festival of lights. At Diwali, people light different kinds of lights. Such as serial lights, Candles, and many more. People also light different fireworks. Such as rockets, Roman Candles, Fountains, Ground Spinners, Flowerpots, Sparklers, Whistling Rockets, and many more. People share their joy by giving different kinds of sweets to each other. At Diwali, each street is filled with joy, lights, and laughter. Children play around with fireworks,

sharing the different types that they have with their friends. Houses are decorated with Thorans, Lights, etc. At night, people get together with their friends and family. They eat, play games, and share firecrackers. In the morning, people wake up early, take baths, and put on new dresses. People look so beautiful in grand dresses and enjoy their day. Diwali is a colourful day.

Do you know that Diwali can occur on different days of the year? Sometimes October or November. On different dates. In south India, People Celebrate Diwali because of Krishna defeating the demon Narakasura. In north India, people celebrate Diwali upon the return of Ram and Lakshman to the kingdom of Ayodhya. On both sides of India, people welcomed them with lights. Showing the power of good over evil. They also celebrated because of the goddess Lakshmi, Goddess of wealth. I like this festival as it brings joy, Piece, And Prosperity for every person.

Tanishka Jeyaraman (6B)

The Importance of Reading Books

Books are like quiet friends. When we open a book, it feels like we are entering another world. Sometimes we travel to new places, sometimes we meet new people, and sometimes we learn something without even knowing it.

When I read books, I slowly understand how words come together. I don't think about grammar while reading, but I start

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noticing how sentences are made. After reading many books, it becomes easier to speak and write properly. We learn the correct way of saying things just by reading again and again.

Books also help us learn new words. When we see the same words in different stories, we remember them and start using them in our own sentences. This makes our English better and clearer.

Reading books is not only about stories or lessons. It helps us think better and express our thoughts in a simple way. That is why reading books is a very good habit and helps us improve little by little every day.

Devansh Parikh (5A)

India's History

The Story of India: From Ancient Times to Modern Era

India is one of the oldest civilizations in the world. Its history is like a giant colourful puzzle made of different kingdoms, brave leaders, and amazing inventions. Here is a look at the journey of our country.

The Beginning: Indus Valley Civilization

Thousands of years ago, India's history began near the Indus River. The people of the Indus Valley civilisation were very smart. They built planned cities like Harappa and Mohenjo-Daro with straight roads and covered drains. They were among the first in the world to live in such an organized way.

The Age of Empires

As time went on, many great empires rose in India. The Mauryan Empire emperor Ashoka the Great is famous for spreading the message of peace and non-violence. After the Kalinga war, he carved his teachings on stone pillars that we can still see today.

The Gupta Empire this period is known as the golden age of India. During this time, Indian scholars made huge progress in science and in maths, for example, Aryabhata discovered the concept of zero.

The Medieval period

During the medieval times, many new cultures entered India. The Mughal empire is very famous from this era, emperors like Akbar worked to bring people of the different religions together, and Shah Jahan built the Beautiful Taj Mahal, which is now one of the Seven Wonders of the world.

The British and the Struggle for Freedom

In the 1600s, traders from Europe started coming to India to buy spices. The British stayed and slowly took control over the whole country.

India became a part of the British Empire. They built railways and post offices, but Indians were treated unfairly and wanted their freedom back.

People like Mahatma Gandhi, Subhas Chandra Bose, Chandrashekhar Azad, and

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Bhagat Singh fought for our freedom. Gandhi Ji taught the world the power of Satyagraha, Truth and Ahimsa, non-violence.

Independent India

Finally, on August 15, 1947, India became a free nation. We became a republic on January 26, 1950, when we adopted our constitution, written under the guidance of Dr. B.R. Ambedkar.

Conclusion

Today, India is the world's largest democracy, from the ancient bricks of the Indus valley to sending rockets to the Moon and Mars, India's history is a story of courage, wisdom, and growth. As students, we should be proud of our heritage and work hard to make our country even better.

Dhanvik Singh (6D)

Time Management

We manage our energy, focus, tasks, information, and even ourselves, yet many of us fail to manage time. Too often, students delay studying until the last minute; they often face sleepless nights and stress because they procrastinate, delay important work, and ignore urgency. It is crucial to remember that procrastination is like a thief at night; it robs the most valuable resource: time. Managing time prevents small problems from becoming big ones. On the positive side, effective time management helps in reducing stress.

However, many of us assume that time management is staying in 100% active mode on, but a proper schedule with breaks gives your mind time to rest, brainstorm creative ideas, instead of running at full capacity all day. It's like being the driver; you decide where your energy goes. Efficient scheduling gives crucial time for family and hobbies.

A few ways to support time management –using a to-do list, prioritizing it, or using the Pomodoro technique. The most common mistake in time management is that we multitask. Multitasking reduces focus, which results in more mistakes. A smarter approach is to focus on one task at a time. Checking off planned tasks often brings a sense of accomplishment, which increases overall daily happiness.

In a nutshell, time management is not just finishing your tasks; it's about balance and focus. After all, a goal without a plan is just a wish.

Kirushika Vardhini (7C)

Time Management

Good time management and accountability allow individuals to work smarter, not harder, ensuring that tasks are completed efficiently and effectively. Breaking larger tasks into smaller, manageable steps can also make them less overwhelming.

Another important strategy is learning to say no. Overcommitting can lead to

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burnout and decreased efficiency. By recognizing personal limits and focusing on essential tasks, individuals can ensure they allocate their time wisely.

Additionally, setting deadlines encourages and helps maintain momentum.

Why is it important?

Increased Productivity: Accomplishing more quality work in the same amount of time.

Reduced Stress: Avoiding last-minute rushes and feeling overwhelmed.

Better Work-Life Balance: Creating time for personal interests and loved ones.

Achieving Goals: Ensuring essential tasks don't fall through the cracks and deadlines are met.

By managing your time effectively, you can maximize your productivity, make the most of your resources, and stay focused on achieving your goals. In conclusion, effective time management is a key factor in achieving success in both business and life.

Pihu Thirani (8A)

Importance of Reading Books

Reading books is very important for children as well as adults. It helps in overall development of a person.

1. Improves Language Skills Reading increases vocabulary, improves spelling, and helps in better sentence formation.

2. Develops Imagination and Creativity Stories help children imagine new worlds, characters, and ideas, which boosts creativity.

3. Enhances Knowledge Books provide information about different subjects, cultures, and life experiences.

4. Improves Concentration and Memory Regular reading helps children focus better and improves their memory power.

5. Builds Thinking and Reasoning Skills Reading stories and informational texts develops logical thinking and problem-solving skills.

6. Develops Moral Values Moral stories teach values like honesty, kindness, sharing, and respect.

7. Improves Academic Performance Good reading habits help children understand textbooks better and perform well in exams.

8. Reduces Stress and Brings Joy Reading is a healthy habit that relaxes the mind and provides enjoyment.

Dream to reality: Becoming a Scientist for My Nation

My dream is to become a scientist and do research and development for my country, India. I want to work in advanced technology and design jet engines for defence and space applications.

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To achieve my dream, I will work hard at my studies. After completing my school education, I will enrol in engineering courses and specialize in Electronics and Aeronautical Engineering. I will prepare well for the entrance examinations so that I can join reputed organizations like DRDO and BARC.

I will be disciplined and dedicated to my work. Through my research and inventions, I want to contribute to the safety, progress, and development of my nation and make my country proud.

As a scientist, I want to make discoveries, develop innovative technologies, and serve my nation with honesty and dedication. I believe that science is not only about inventions but also about responsibility and service to humanity. Through my efforts, I want to inspire others to dream big and work hard for our country.

Jishnav Soni (5D)

BAL DIN

I had a great time on the day of Bal Din. It was very fun. My best friends, Swara, Arnav, and I went to get food. We ate ice cream, pav bhaji, pizza from Italy, and papdi chaat.

Later, we played games and won many gifts. Then we went to the maze. Swara and I went inside and suddenly saw a snake, so we screamed, "Aaaaaaah!" After that, we saw a puppet that looked like a ghost. We got scared again.

Then we went back to our class to sit down. Suddenly, we heard music. We went to the multipurpose hall and saw kids dancing. We decided to join them and dance too.

After some time, we returned to our classroom. Our classmates started playing games and turned the class into a game area. I gave an idea to my classmates. I said, "Let's make a maze in the classroom." They agreed, and we started making it using the tables.

Some of us went outside, and I was one of them. We were not allowed to see where others were hiding. When we entered the maze, our classmates suddenly popped out and scared us. It was a great time.

Then we decided to have a talent show. First, two of our classmates danced. I started clapping. Then my best friend, Swara, sang with another classmate, and some of them used pencils as drums. It was very funny, and we had so much fun.

The little things in life, like classmates who make you smile, are the happiest moments in life.

Aadya Guruprasad Kotian (6C)

Equality

Equality means treating people fairly and giving everyone the chance to grow and succeed. It does not mean that everyone is the same, but that everyone deserves the same respect and opportunities. In daily life, equality can be seen in how people are treated at school, at home, and in society.

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In schools, equality plays an important role in shaping the confidence and mindset of students. When students feel included and valued, they are more willing to participate and express their ideas. On the other hand, unfair treatment can make people feel bad or discouraged. This shows that equality is not just any random topic but something that affects people in simple, everyday ways.

Equality also requires awareness and responsibility. Sometimes unfairness happens without us knowing it's not our intention to make people feel left out or ignored; it happens due to habits, stereotypes, or a lack of understanding. This is why it is important to understand these situations and start being fair. We need to understand others as well, as we don't know what situation they might be going through or what they might be feeling, just because of our actions.

Recognizing these situations and choosing to act fairly helps create a more positive, friendly, and respectful environment for every individual. Even small actions, such as listening to others, respecting differences, and standing against discrimination, can make a meaningful difference.

When equality is practiced consistently, it helps build a society where people feel accepted and motivated. It encourages cooperation, understanding, and mutual respect on both sides. By learning the

importance of equality at a young age, we can contribute to a future that is more fair, balanced, friendly, and inclusive for everyone.

Unnati Singh (8B)

Artificial Intelligence (AI)

Artificial Intelligence (AI) has rapidly moved from being a futuristic dream to a powerful force shaping our daily lives. Once limited to science-fiction stories, AI now exists in smartphones, traffic systems, hospitals, classrooms, and even in the apps we use without thinking twice. It is not just a technological advancement—AI represents a new way of understanding and reinventing the world around us.

At its core, AI allows machines to perform tasks that normally require human intelligence. These include recognising faces, solving problems, understanding language, and learning and experience. What makes AI extraordinary is its ability to improve itself. The more data it receives, the smarter and more accurate it becomes.

In education, AI is changing the way students learn. An intelligent tutoring system can identify a student's strengths and weaknesses, offering personalised practice and instant feedback. Classroom tools powered by AI help teachers track progress, design lessons, and support diverse learning needs. This shift is making education more inclusive and adaptive than ever before.

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The impact of AI on healthcare is even more remarkable. AI systems can now analyse medical scans with incredible speed, helping doctors detect diseases earlier and more accurately. From predicting patient risks to designing new medicines, AI is becoming a silent partner in saving lives. It doesn't replace doctors—it empowers them to make faster and safer decisions.

Outside classrooms and hospitals, AI surrounds us constantly. It recommends movies we watch, filters spam emails, translates languages in seconds, and helps map the fastest route during traffic jams. In industries, AI increases efficiency, reduces waste, and supports innovation. In science, it accelerates discoveries that once took years.

However, these benefits come with responsibility. As AI becomes smarter, society must ensure it is used ethically. Concerns about data privacy, fairness, misinformation, and job changes remind us that advanced technology must be guided by human values. Machines can make decisions, but humans must make judgments. The future of AI depends on balancing innovation with caution, creativity with accountability.

Artificial Intelligence is more than a technological trend: it is a transforming force that challenges us to think differently, solve problems boldly, and imagine possibilities beyond the present. If used wisely, AI can help build a world that is not only more thoughtful learners and

responsible innovators, AI becomes not just a tool of progress, but also a partner in shaping a better tomorrow.

Sneha Singh (12C)

Mental Health Issues among Students

'All that glitters is not gold.' From the outside, school life looks fun, laughing with friends, playing games, and learning new things. But behind many smiles, there are hidden struggles. Sleepless nights before exams, the fear of failure, endless homework, and the pressure to meet everyone's expectations weigh heavily on students. Mental health matters just as much as marks, yet it is often ignored. It's time we speak openly, notice each other, and care for our minds as seriously as we care for our grades.

“A problem shared is a problem halved.” Being a student today is not easy. Exams, assignments, competitions, and constant comparisons, especially on social media, can make us feel like we are never enough. I have personally felt the stress of wanting to do everything perfectly, and I know many of my friends feel the same. But talking to someone we trust, a friend, teacher, or parent, can lighten the burden and make us feel less alone. Even sharing a small worry can bring relief and perspective.

Another major factor affecting mental health is the lack of balance in life. Long study hours, little sleep, and no time for hobbies leave students exhausted. Sometimes we forget that rest and

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recreation are just as important as studying. Bullying, teasing, or fear of judgment can hurt our confidence and self-esteem. But small activities—drawing, listening to music, sports, or spending time with family can refresh the mind and bring positivity. Mental health struggles are not a weakness; they are signals that we need attention and care.

As students, we also need to support each other. A kind word, a smile, or a simple “Are you okay?” can change someone's entire day. We may not realize it, but our actions, even small ones, can make a huge difference in someone's life. Being mentally healthy allows us to be stronger, more confident, and better prepared to face challenges in school and in life.

It is also important to develop coping strategies. Keeping a journal, practicing meditation, setting small goals, or even talking to a counsellor can help us manage stress. We should also remind ourselves that perfection is not the goal; progress is. Celebrating small achievements, no matter how minor, can boost confidence and reduce anxiety.

“Little drops of water make a mighty ocean.” Every small effort, speaking about our feelings, helping a friend, taking time to rest, or simply being kind can create a ripple of care and understanding. Mental health is precious, and taking care of it should be as natural as eating, sleeping, or studying.

Let's promise to notice each other, speak up, and support one another. Remember, every step we take toward understanding and caring for our minds not only makes us stronger but also inspires those around us. Together, we can create a school environment full of empathy, courage, and positivity. With a healthy mind, every day becomes an opportunity to learn, grow, and shine.

Your mind matters. Your happiness matters. And by taking care of both, you can turn challenges into victories. Every kind word, every act of understanding, and every small effort to care for yourself or a friend contributes to a stronger, happier, and brighter community. By nurturing our mental health, we not only improve our own lives but also light the way for those around us.

Your mind is like a garden, a guiding lighthouse, and a treasure trove. Cherish it, cultivate it, and let it glow. Every small gesture of kindness, bravery, or care grows, spreads, and brightens the world around you. Speak openly, listen with intention, and never doubt the power within you. Even moments of quiet rest, reflection, and self-discovery make you stronger and wiser. With a well-tended, radiant mind, ordinary days can turn into extraordinary journeys.

Unnati Yogeshkumar Patel (12C)

Women Empowerment: A Question We Don't Ask Enough

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We talk about women's empowerment a lot.

It's on posters, speeches, social media captions, and special "days."

But sometimes I really wonder if women are truly empowered. Why do we still need to keep reminding ourselves?

Empowerment doesn't always look like big achievements or famous faces. Sometimes it looks much quieter. It looks like a girl is being allowed to choose her own subjects in school. It looks like a woman does not have to explain why she came home late. It looks like being taken seriously without having to raise your voice.

What hurts the most is that inequality has become so normal that we barely notice it anymore. When a girl is told to "adjust," no one questions it. When a boy is encouraged to dream bigger, it feels natural. This

difference is subtle, but it shapes minds for a lifetime.

Women are often praised for their patience, their sacrifice, and their silence, but rarely for their ambition. Society claps when women endure, not when they demand better. And that is where empowerment actually begins: the moment a woman chooses herself without guilt, without having to fear what society might say.

True empowerment is not about proving women are strong. Women have always been strong. It is about creating a world where their strength is not tested every single day.

Maybe women's empowerment doesn't start with laws or campaigns. Maybe it starts with us — in the way we listen, the way we speak, and the way we unlearn what we were never meant to accept.

Vaidehi Parikh (10C)

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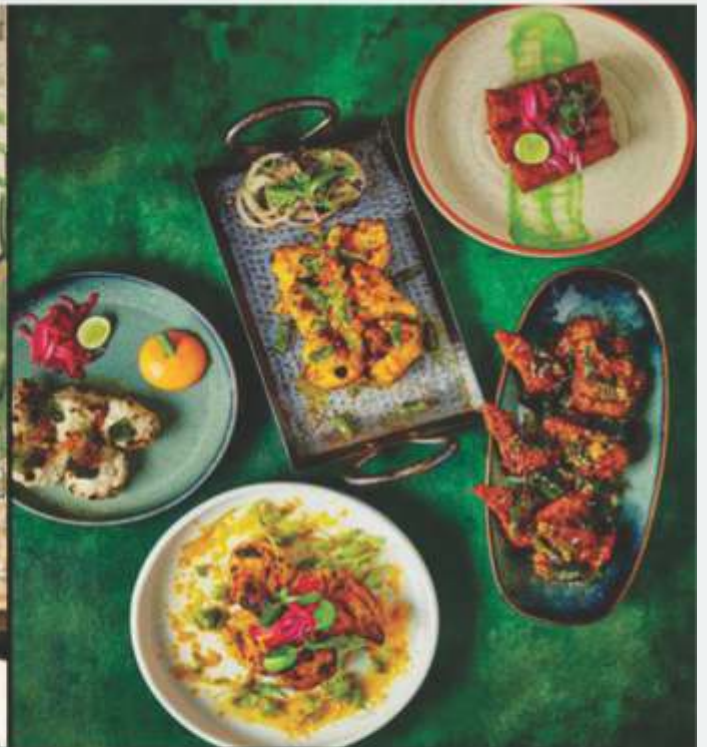
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