



A Unit of Swami Atulanand Seva Nyas
A Multi cultural Community of Learners in Kashi Since 1980



42
YEARS
OF EXCELLENCE

sara EUDAIMONIA

Partnered With:



Indian National Trust for
Art and Cultural
Heritage



FERRIS STATE
UNIVERSITY
USA



Abhyudaya
Yojana Centre for
NEET & JEE



FIT
INDIA



Jane Goodall
Institute
USA



Federation of Indian
Chambers of Commerce
& Industry



Skill India
कौशल भारत - कुशल भारत



Bharat Scouts
& Guides



National Cadet
Corps



॥ श्रीकाशी विश्वनाथो विजयते तसाम् ॥

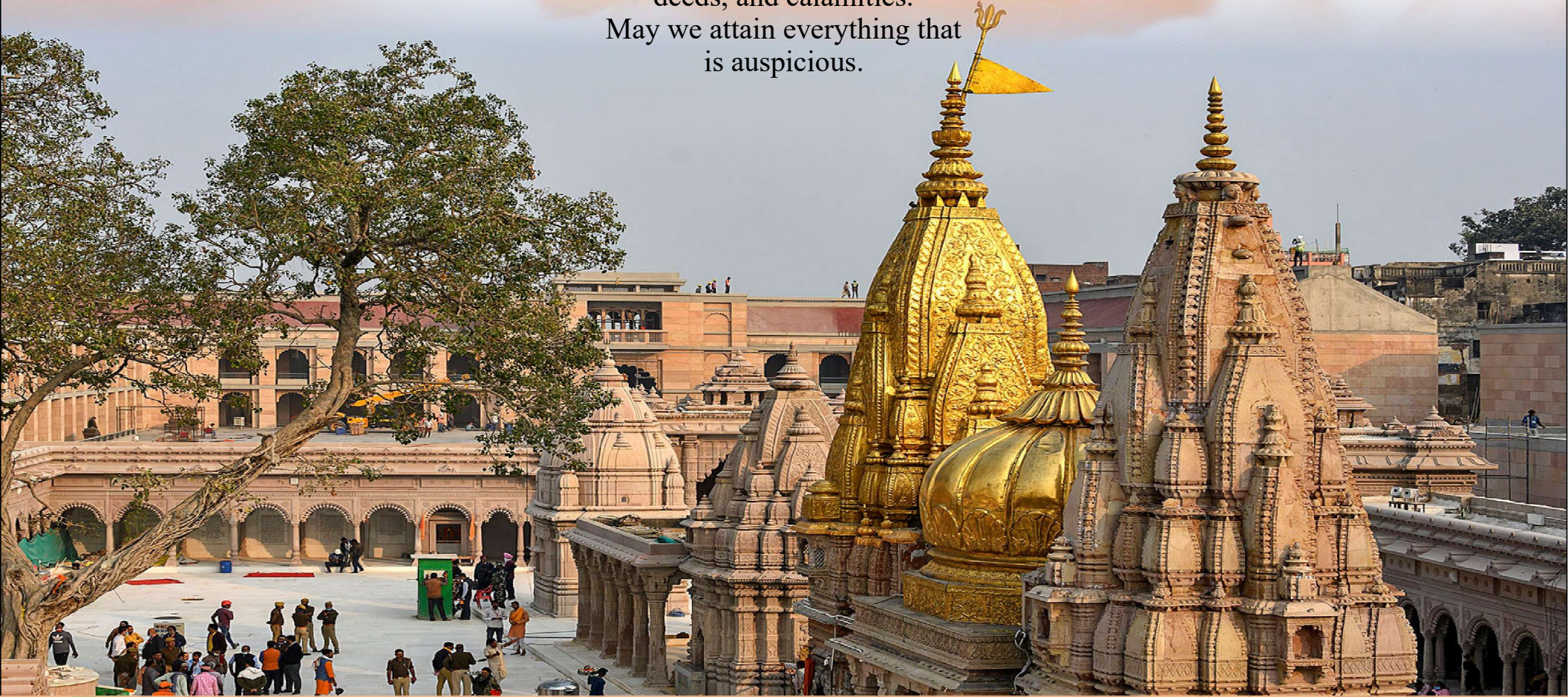
! विश्वानि देव सवितर्दुरितानि परासुव!

यद् भद्रं तन्न आ सुव!!

Om. O God, the creator of the universe
and the Giver of all happiness.

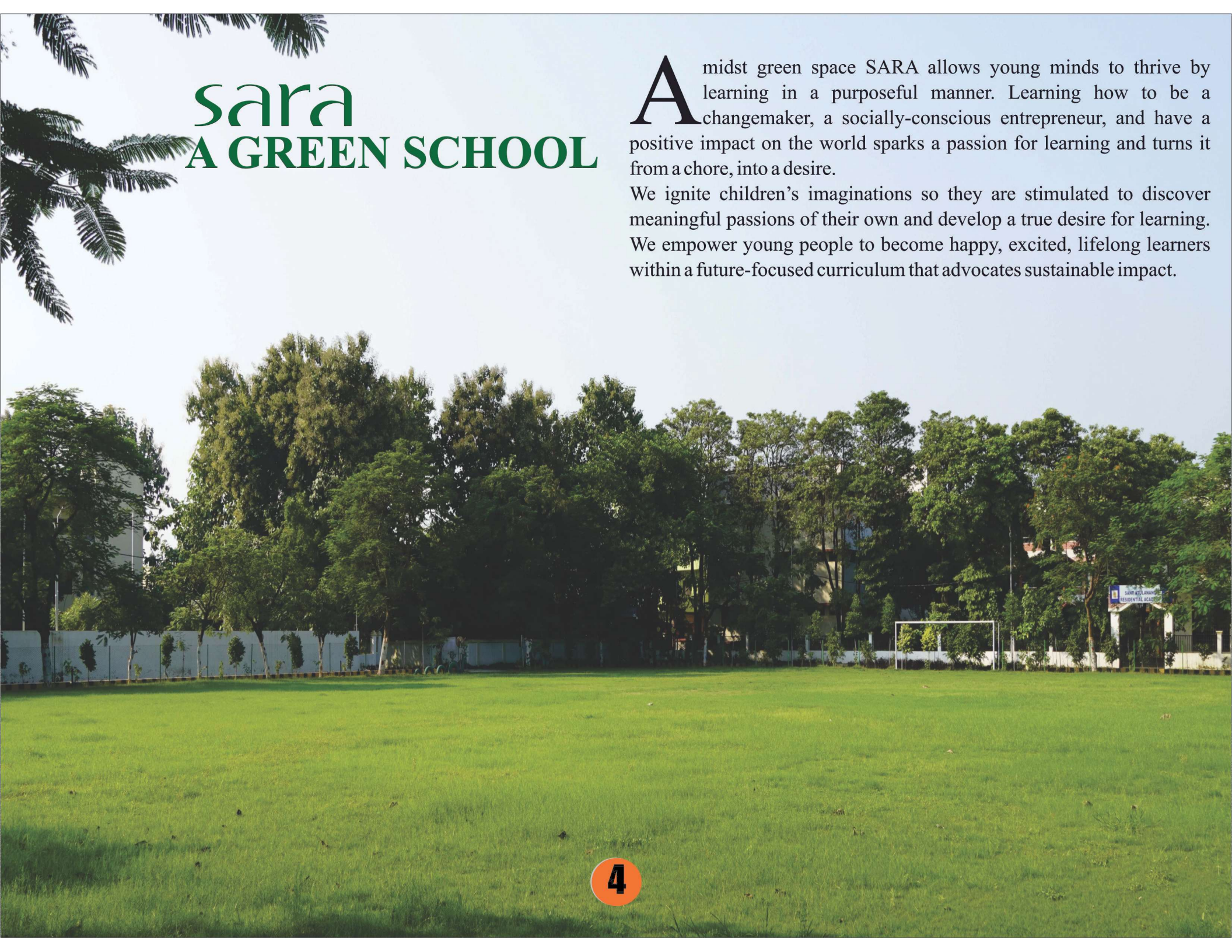
Keep us far from bad habits, bad
deeds, and calamities.

May we attain everything that
is auspicious.



“Benaras is older than history, older than tradition, older even than legend and looks
twice as old as all of them put together”. 3

- Mark Twain



sara A GREEN SCHOOL

Amidst green space SARA allows young minds to thrive by learning in a purposeful manner. Learning how to be a changemaker, a socially-conscious entrepreneur, and have a positive impact on the world sparks a passion for learning and turns it from a chore, into a desire.

We ignite children's imaginations so they are stimulated to discover meaningful passions of their own and develop a true desire for learning. We empower young people to become happy, excited, lifelong learners within a future-focused curriculum that advocates sustainable impact.



INFRASTRUCTURE (LESS BRICKS MORE TREES)

A spacious campus, spread over around 15 acres of greenery

5



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A spacious campus, spread over around 15 acres of greenery

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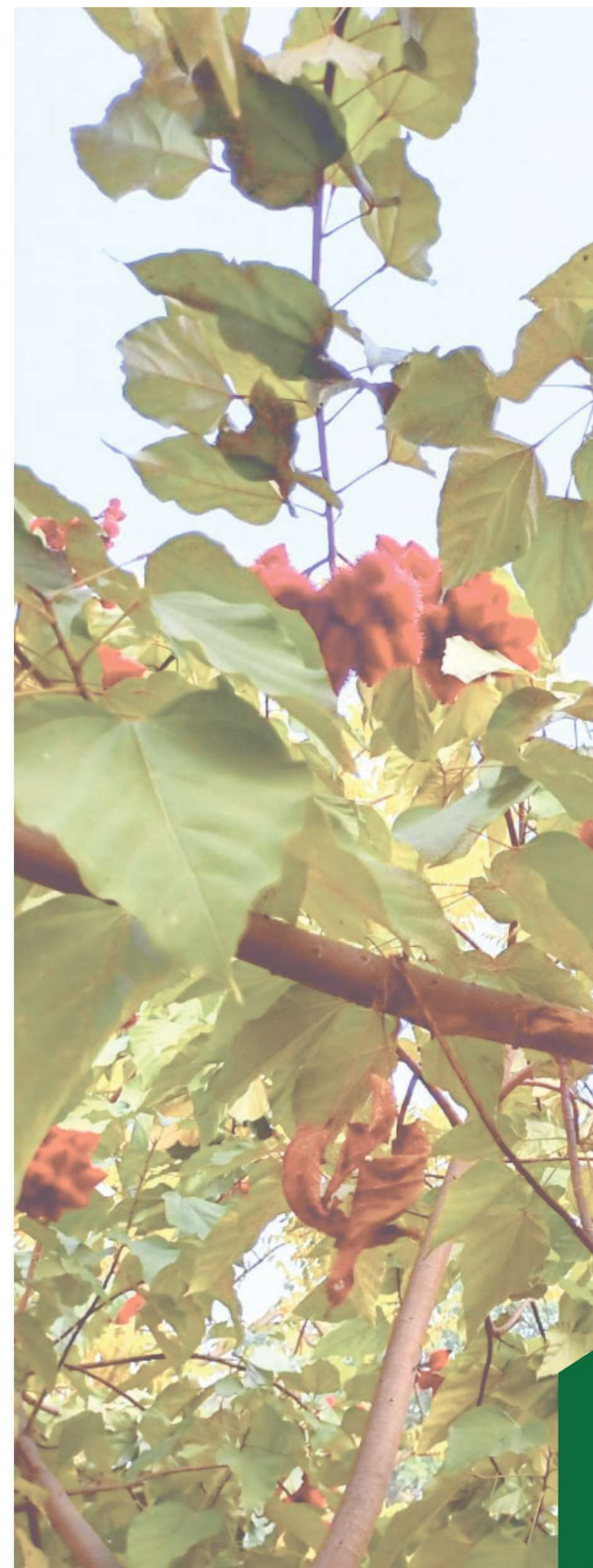


"I have just three things to teach;
simplicity, patience, compassion.
These three things are your greatest treasures

- Lao Tzu

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PREFACE

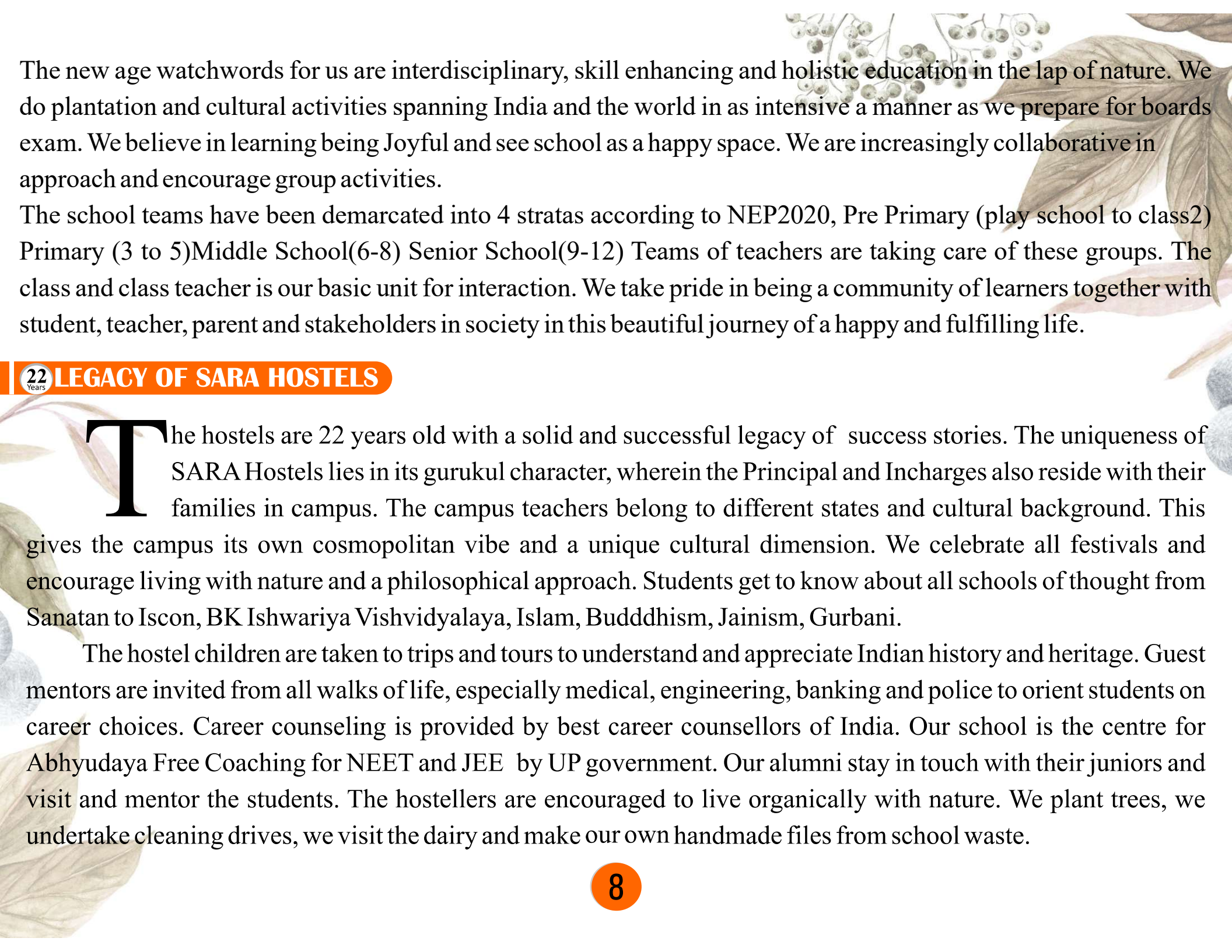


75 years of India's Independence marks a historic moment for all of us for a myriad of reasons. This not only marks the diamond anniversary of India's "tryst with destiny", but it comes at a momentous point of the new post corona world. I personally regard it as an era change. It coincides with 42 years of the inception of our society and school. These 42 years of our existence have been extremely rich and rewarding. However, these past 2 years have been very defining indeed! We shifted to digital education in a big way through zoom classes and internet platforms. Our concerns became global in terms of weather, water, food, ozone and growth and peace. We included these concerns in our curriculum and our way of living. SARA family comprises of around 5000 strong team of stakeholders. Out of this number, 350 selected students (girls and boys) stay on campus as hostellers.

42 Years LEGACY OF SARA SCHOOL

In these 42 years, our students have excelled in all dimensions and our students make us proud by their success in life and career. Our school is affiliated to CBSE, New Delhi and we follow the NCERT Curriculum. Besides, we offer daily sports coaching by experts in the field of badminton, basketball, football, cricket, table tennis, chess, athletics, karate, skating, etc. The music and dance departments as well as Yoga and various clubs (Heritage, Science, English, tourism clubs) provide our students with the extra curricular activities necessary for overall development. NCC and Scouts and Guides adds up to the co curricular dimension of their personality. The new generation of SARA students comprises the typical digital natives, who transcend geographic barriers by way of exposure, hobbies, career choices and career destinations. The world has become one big global village in very real terms. At SARA, we have seen momentous changes.

We follow the blended education model incorporating real time classes and digital meetings and competitions. This digital magazine is also the outcome of this historic march to a new era. Students are given orientation in emerging fields of Machine



The new age watchwords for us are interdisciplinary, skill enhancing and holistic education in the lap of nature. We do plantation and cultural activities spanning India and the world in as intensive a manner as we prepare for boards exam. We believe in learning being Joyful and see school as a happy space. We are increasingly collaborative in approach and encourage group activities.

The school teams have been demarcated into 4 stratas according to NEP2020, Pre Primary (play school to class2) Primary (3 to 5) Middle School (6-8) Senior School (9-12) Teams of teachers are taking care of these groups. The class and class teacher is our basic unit for interaction. We take pride in being a community of learners together with student, teacher, parent and stakeholders in society in this beautiful journey of a happy and fulfilling life.

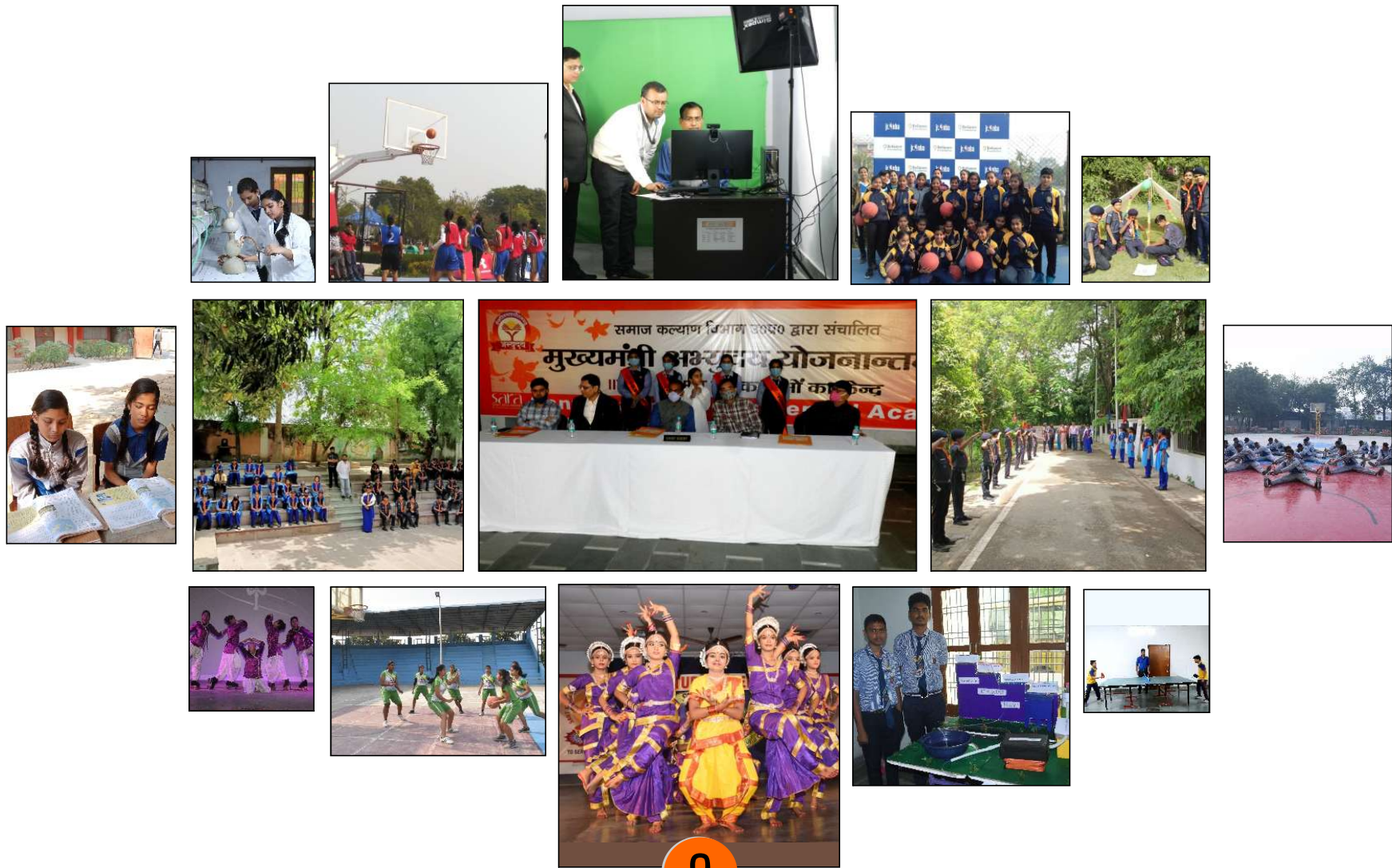
LEGACY OF SARA HOSTELS

The hostels are 22 years old with a solid and successful legacy of success stories. The uniqueness of SARA Hostels lies in its gurukul character, wherein the Principal and Incharges also reside with their families in campus. The campus teachers belong to different states and cultural background. This gives the campus its own cosmopolitan vibe and a unique cultural dimension. We celebrate all festivals and encourage living with nature and a philosophical approach. Students get to know about all schools of thought from Sanatan to Iscon, BK Ishwariya Vishvidyalaya, Islam, Budddhism, Jainism, Gurbani.

The hostel children are taken to trips and tours to understand and appreciate Indian history and heritage. Guest mentors are invited from all walks of life, especially medical, engineering, banking and police to orient students on career choices. Career counseling is provided by best career counsellors of India. Our school is the centre for Abhyudaya Free Coaching for NEET and JEE by UP government. Our alumni stay in touch with their juniors and visit and mentor the students. The hostellers are encouraged to live organically with nature. We plant trees, we undertake cleaning drives, we visit the dairy and make our own handmade files from school waste.

The food and oil is organic and the hostel has its own dairy for milk requirements. The boys and girls hostel facility is available from class 1 to class X11. The girls and boys are sensitised to live together in a positive environment.

The students have their own assembly, coaching, hobby classes and choice of sports by master trainers. We discourage unnecessary use of phone as it leads to poor memory and lack of concentration. However, we encourage reading and library sessions as well as Yoga and Science and computer lab activities. Our hostel and





KALEIDOSCOPIC



VIEW OF SARA





1.5 Acres
OF CAMPUS AREA

4000+
STUDENTS

200+
STAFF

11

50+
PROGRAMMES
IN SCIENCE, TECHNOLOGY
COMMERCE & HUMANITIES

GLORIOUS PAST, INSPIRING FUTURE



शिक्षा का उद्देश्य आत्मा की उन्नति है, और विद्यालय अध्ययन केंद्र से बढ़कर चरित्र निर्माण और राष्ट्र निर्माण के केंद्र। विद्यालय एक मानसिक व्यायाम शाला होती है जहां संयम, अनुशासन और सतत प्रयास के मूल्य विद्यार्थियों में आरोपित किए जाते हैं।

डॉ. राज सिंह
(संस्थापक सारा)



Nirvan Pithadhiswar
Sri Sri 1008 Mahamandleshwar
Swami Atulanand Ji Maharaj

ABOUT US



Dr. Raj Singh
Founder Director & Secretary

Sant Atulanand Educational Institutions were established by Late Dr. Raj Singh in year 1978. He was a dedicated academician and a true visionary. He was inspired by the dream of his guru “Nirvan Pithadhishwar Sri Sri 1008 Mahamandaleshwar Swami Atulanand ji Maharaj” of Shree Govind Math, who envisioned school education rooted in the ethos of the traditional Indian Gurukul system. Dr. Raj Singh took it as his life mission to fulfil his Guru's dream. He was ably assisted in this pious mission by his erudite and scholarly wife - Mrs. Vidya Singh.

Sant Atulanand Residential Academy (SARA) was established by the late Dr. Raj Singh ji in the year 2001 and it runs under the aegis of 'Swami Atulanand Seva Nyas'. Late Shri Chandrashekhar Ji (Former PM of India), Professor L. N. Tripathi (Former Chairman, Higher Education Commission, Govt of UP), Prof. Sheo Swarath Singh (Former Registrar of Gandhian Institute of studies, Rajghat, Varanasi) and Smt. Vidya Singh (Rajyapal Awardee, 1995) are few people who have contributed to the laying of the foundational values of this school-under the leadership & vision of late Dr. Raj Singh ji (Former H.O.D. Chemistry, UP Autonomous College, Varanasi).

Located in the oldest living city of the world, SARA is an educational institute where science and spirituality are in perfect harmony. This provides a perfect setting for our mission of facilitating global education with Indian values. Taking motivation from the traditional Gurukul system, SARA offers boarding facilities to outstation as well as local children. This is done keeping the goal of holistic education in mind. The school offers state of art architecture & facilities which are tempered with the Indian spiritual ethos and legacy of Sanatan tradition.

Former Alumni and the chief Mentor of the school, Mr. Vishal Singh (IAS) is a Chevening scholar & an academician. Managing Director Dr. Divya Singh is a Fulbright scholar with rich experience in the field of education in India & abroad. The school has a legacy of 40+ years of educational excellence and is known for its Vast and green campus, excellent academic results, and organic way of Hostel life. The Principal & other mentors of SARA are scholars & academicians of repute rooted in the Indian way of thought & life.



FROM THE DESK OF OUR MENTOR

SARA - The Place To Be!

A very aptly titled chronicle of activities at SARA campus. It is a kaleidoscope of what SARA is all about. It is a truly plural and diverse campus with kids from various backgrounds and gurus from various states and cultures. We are proud to be offering a space to every one in this green, clean and organic campus in order to let them realise their true potential. Indian sanatan values emphasise upon 'Being' rather than 'Existence'. Following this we strive to make it a place to be and give our students space to experience their being. Keep up the good work Team SARA!



FROM THE DESK OF OUR DIRECTOR

Sant Atulanand Residential Academy is a school deeply rooted in Indian values and promotes Global Education. SARA team has been inculcating values of adopt, adapt, evolve and move on in its students. We train and infuse our kids to be spiritually guided and have grit and self-confidence. Responsible Community Living and sensitivity is a part of daily life at SARA. Caring and sharing with peers is what makes it a different place of learning. The spectrum of families, from different caste, creed and religion, we have in SARA, is its true strength. With this diversity and faith in human values, the learning at SARA is so grounded and wide based that our kids are ready to take it, face it, phase it and come out as winners.

MESSAGE FROM THE PRINCIPAL



“The mind is not a vessel to be filled, but a fire to be kindled.”

Said Plutarch.

Cradled in the lap of nature on the one hand and educational edifice on the other, swaying from serious thinking to playful inventiveness, four thousand students at SARA are brimming with a zeal for life empowering themselves with skills and creativity. SARA has made an indelible mark in the educational canvas of Eastern UP. The school has created many meritorious students, who have become leaders in all spheres of life. Indian ethical values and social responsibilities are the hallmarks of all the students of SARA. Education is a joint venture between school and home and we work with our young students to help them learn about the world around them through the prescribed curriculum and the daily social interactions that they are a part of. We very much appreciate the support that parents give to their children at home as they strive to reach these academic and social learning goals. We are committed to provide our students with a safe and caring environment at school and, as such, we model, teach, discuss, and expect appropriate conduct to achieve this. Our school comprises of a large community of learners who bring something new to the experience of learning and teaching, every day. And it is through this continuous efforts of the entire team that we have been the ‘Firsts’ in various fields- be it the first school in Purvanchal to partner with a foreign state university, or to be the first school in Purvanchal region to give huge impetus to the environmental drive. At SARA, we are committed to excellence in every field.



OUR VISION & MISSION

To facilitate Global education with Indian values to students of diverse economic and intellectual background and to inspire them to be skilled, ethical, and responsible citizens. This would eventually contribute to the well being of people of the nation and global community.

- ❖ To facilitate adequate fundamental knowledge of all basic subjects.
- ❖ To facilitate technical and interpersonal skills to students.
- ❖ To bring out and nurture the creative and sport skills of students.
- ❖ To promote innovation research and entrepreneurship.
- ❖ To preserve and promote Cultural heritage, humanistic and spiritual values promoting peace and harmony in society.



- ❖ NEP 2020 based curriculum and NCERT books (Classes 1st to 12th)
- ❖ Availability of more than 50 Core, Optional and skill subjects for XI.
- ❖ Blended and flip learning with combo teaching.
- ❖ Facilities of parallel online classes along with regular schooling.
- ❖ Special Remedial and counselling classes for SAE (Students with Academic Excellence) & SUT (Students with Unique Talent)
- ❖ Centre for Abyodaya classes.
- ❖ Free preparation classes for NTSE, NEET AND JEE.
- ❖ Specially designed E-content and digital library.
- ❖ Schooling with customised TLM.
- ❖ Bag less day (Fun Friday) once in a week for pre-primary kids.
- ❖ Nature walk for the Primary toddlers to create sensitivity and love for nature.
- ❖ Value based educational activities.
- ❖ Heritage study tours in and outside city.
- ❖ Global Recognition as among top 20 Indian Schools with special teaching by the Department Education of Finland.
- ❖ Partnering with Ferris State University (USA) Jane Goodall Institute Virginia (USA) for Higher Studies and Project Based Collaborative learning.
- ❖ Ranked No.1 in “Co-Curricular Education” in Uttar Pradesh in the CBSE Category by Education

BEST PRACTICES



INTERNATIONAL EDGE

- ❖ Collaboration with Ferris State University, Michigan, USA for Higher Studies
- ❖ Collaboration with Jane Goodall Institute, Virginia, USA for Environment drive
- ❖ Virtual Space Tour with the scientists of NASA

INDIAN VALUES

- ❖ Campus based teachers and students as Modern Gurukul
- ❖ Celebrations of all Indian Festivals
- ❖ Organic way of life amidst nature
- ❖ Inclusion of Yoga, Spiritual Discourse and connect to nature



CAMPUS CANVAS





SANSKAR BHAWAN









INCEPTION

Sant Atulanand
Educational Group of
Institutions

1978

INCEPTION

Aryabhatt Boys Hostel
Maitreyi Girls Hostel
HERITAGE TOUR
Mauritius

1999

ORGANIZED

Vishwa Sarva Dharma
Sammelan (RSS)

2003

GRAND ANNUAL FUNCTION

Sadbhawana A
Timeless Odyssey

LAUNCHED

Annual Magazine
YUGANTAR

2012

COMMENCED

Investiture Ceremonies

CBSE BASKETBALL
CLUSTER (STATE LEVEL)
ORGANISED

2016

1997

SURBHI DAIRY
Established

Sanskar Bhawan
INSTITUTED

2000

CBSE
AFFILIATION

2010

Pre- Primary wing
COMMENCED
Paper Recycling
Machine
INSTALLED

2015

Pranav Peeth
GETS FUNCTIONAL

NIRVANA

Founder Director
Dr. Raj Singh

2017

NAMING OF BUILDINGS AND SPACES

Sanskar Bhawan, Pranav
Peeth, Surabhi Dairy,
Nandan Kanan, Sanjeevani
Villa, Aryabhata and
Maitreyi Hostels,
Vashishtha Bhawan,
Guruvar Kunj, Madhuban
Vatika, Annapurna
Bhojanalaya, Shraddha
Parisar

Adopted Xseed Learning
for Primary School
**(SINGAPORE BASED
CURRICULUM)**

RITA BAHUGUNA JOSHI
visited the campus as our
Chief Guest for our Annual
Function

2017

2018

Inter School Debate
Competition- Pravah
ORGANIZED

Vidya Bhawan
Nav Ras Amphitheater
INAUGURATED

**PROJET GREEN
SARA**

RITURAJ MAHOTSAV became
our Annual Festival

Adopted **NCERT** Curriculum from
CLASS 1 TO CLASS 12

FOUNDED
Swami Atulanand Seva Nyas Trust

2019

2020

Signed **MOU** with **FERRIS
STATE UNIVERSITY(FSU), USA**

SARA became the Nodal Center
of **FSU** in Purvanchal

**YUGANTAR MONTHLY
E-MAGAZINE** launched

Started **ABHYUDAY COACHING CLASSES** in **SARA**

ORGANIZED
2 Global Deliberation **Program** with **FSU**

Partnered with **ROOTS AND SHOOTS** of Jane Goodall Institute

ORGANIZED
1st **COMMUNITY CARNIVAL** with Bhagyashree as chief guest

INTRODUCED
ANNAPURNA AWARDS for Distinguished women

2021

2022

INTRODUCTION of more than **50**
SKILL BASED SUBJECTS

Restructuring of curriculum
according to **NEP 2020**

Organization of **Bharat Scout &
Guide Camp**

HOSTED
NCC Camp

A Unit of Swami Atulanand Seva Nyas
A Multi cultural Community of Learners
in Kashi Since 1980



sara IS POWERED BY :



CBSE



NEP 2020



EcoFeminism-EcoActivism



Environmental awareness



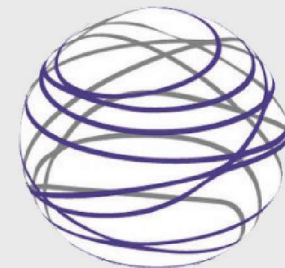
NCERT



Organic Life Style



Sanatan Parampara



Global outlook

Our Distinguished Visitors & Mentors

SARA believes in 'Gurukul Parampara' where our guides, mentors and guests shower their blessings and share information about his or her own career path, as well as provide guidance, motivation, emotional support, and role modeling. They help with exploring careers, setting goals, developing contacts, and identifying resources.



*Late Shri Chandra Shekhar Singh
Former Prime Minister
of India*



*Shri Murli Manohar Joshi
Former Minister of State of
Human Resource Development of India*



*Shri Ashok Singhal
Former President
Vishva Hindu Parishad*



*Swami Chinmayananda Saraswati
Spiritual Leader
Teacher of Vedanta*



*Jagadguru Shankaracharya
Sri Jayendra Saraswathi
Spiritual Leader*



*Shri K.S. Sudarshan
5th Sansanghachalak of the Rashtriya
Swayamsevak Sangh (RSS)*



*Hon. Shri Hari
Shankar Mishra
Governor of Madhesh Province
Nepal*

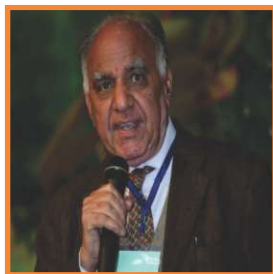


*Shri Kalraj Mishra
Governor of Rajasthan*



*Shri Manoj Sinha
Lieutenant Governor of
Jammu and Kashmir.*

Our Distinguished Visitors & Mentors



*Late Shri Suraj Prakash,
CBSE Resource Person & Director of
Bal Bharti Group of Institutions*



*Late Dr. SS Singh
Registrar
Gandhi Vidya Sansthan
Rajghat Varanasi*



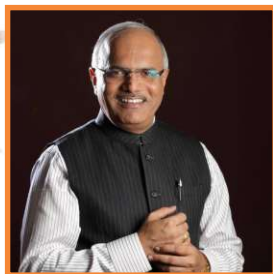
*Mr. Deepak Agarwal
Varanasi Divisional Commissioner*



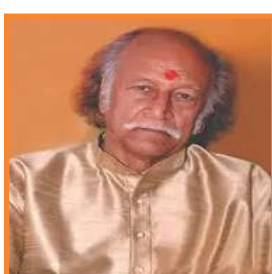
*Shri Yogeshwar Ram Mishra
Commissioner Mirzapur,
Former D.M. Varanasi*



*Herkiness Rajkumari
Dr. Krishna Priya Ji
Daughter of Kashi Naresh*



*Dr. Vinay Sahasrabuddhe
President of Indian Council for
Cultural Relations
(ICCR)*



*Padmashree Rajeshwar Acharya
Hindustani Classical
Vocalist*



*Smt. Smriti Irani
Minister of Women and Child
Development of India*



*Smt. Vidya Singh
Renowned poet, Writer &
Educationist Recipient of
'Rajyapal Award'*



*Shri Vishal Singh (IAS)
Municipal Commissioner
Ayodhya*



*Padmashree Malini Awasthi
Indian folk Singer*



*Padmashree Dr. Soma Ghosh
Famous Banaras Gharana Vocalist*



*Smt. Santosh Yadav
Indian Mountaineer,
First Woman to scale Mt. Everest*



*Dr. Mahendra Nath Pandey
Member of Lok Sabha*



*Richa Anirudhra
Renowned News Anchor
Journalist & Anchor*



*Acharya Mahamadaleshwar
Vishokanand Bharti ji
Bikaner Rajguru*



*Shri Shubhash Yadav
Regional Officer, Archaeological
Survey of India (ASI)*



*Mr. Anand Malligavadi
Lake Man of India*



*Argyama Sanyal
Director
Lal Bahadur Shastri
International Airport, Varanasi*



*Smt. Mridula Jaiswal,
Varanasi Mayor*



*Lalit Upadhyay
International Hockey Player*



*Dr. Shipra Dhar
CEO
Varanasi Hospital, Varanasi*



*Rita Kapoor
Principal (DPSG), Recipient of
National Award*



*Dr. Smita Tandon
CEO - Jamuna Sewa Sadan,
Shivpur, Varanasi*



*Shri Anupam Raghuwanshi
Renowned Career Counsellor*



*Shri Suresh Nair
Fulbright Scholar & Associate
Professor, Dept of Painting, BHU*



*Smt. Neelu Mishra
International Athlete*



*Prof. Ram Narayan Dwivedi
HOD of S.V.D.V BHU
& Maha Mantri
of Sri. Kashi Vidwat Parishad*



*Dr. B. Singh
Distinguished Educationist
CBSE National Award, 2000*



*Dr. Arun Prakash
Distinguished Educationist
President Awardee*

Our Distinguished Visitors & Mentors



*Major General
G. D. Bakshi
Retired Indian Army officer*



*Dr. Santosh K. Mishra
Former Media Executive,
Doordarshan*



*Prof. T.N. Singh
Honourable Vice Chancellor,
Mahatma Gandhi Kashi Vidyapeeth*



*Shri Rajesh Gautam
Director Doordarshan &
AIR Varanasi*



*Shri. Ashok Kumar Pandey
Programme Executive
AIR Varanasi*



*Dr. Farun Kumar Dwivedi
President Ssar Sansthan*



*Veena Raizada
Passionate Educator, Academic
Advisor at Auriga Foundation*



*Pradosh Kumar Mishra
Head of Department of Art History,
Banaras Hindu University*



*Pandit Prasad Joshi
Revered Astrologer and
Vastu Shastradnya*



*Mr. Hayakawa
Delegate from Japan*



*Mr. Yamanouchi
Delegate from Japan*



*Shri Vijender Gupta
Member of Delhi Legislative
Assembly*



*Former Member of
U.P. Legislative Assembly*



*Smt. Soni Chauvasiya
Renowned Kathak Dancer & Skater*



*Shri Satish Harishchandraji
Bagde
Choreographer & Performer*



Dr. Ram Shudhar
Former HOD Hindi, U.P. College



Sarejini Mahapatra
Social Worker



Mr. Ashok Kapoor
*Convener INTACH
Varanasi Chapter*



Dr. Nirmal Joshi
*Eminent Author, Quiz Master,
Speaker and Co-Convener of
INTACH Varanasi Chapter*



Shri. Rupesh Srivastava
*Member of Board of Directors
Ferris State University USA*



Bhagyashree
Popular Bollywood Actress



Mr. Himalay Dassani
*Indian actor, film producer,
and businessman*



Mr. Mahesh Gogate
*Japanese scholar
University of Kyoto, Japan.*



Princess Dr. Vasudha
Ramnagar



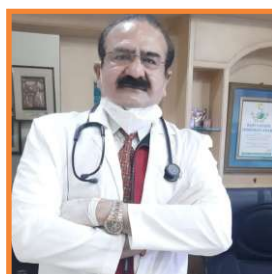
Smt. Rita Bahuguna Joshi
*Member of Legislative Assembly,
Uttar Pradesh*



Mamta Sharma
Singer, Banaras Gharana



Dr. Prashant Singh
CEO, Shukham Group of Hospitals



Dr. Ashwani Kumar Tandon
Consultant Physician



Visnu Vishwakarma
*District Organisation Commissioner
Bharat Scout & Guide*



Manish Tandon
*Senior Vice President & Circle Head,
HDFC Bank*



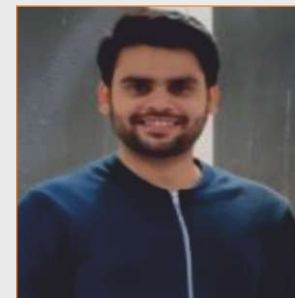
Contribution of SARA in extending the frontiers of knowledge and in the regeneration of community values is well manifested through its alumni who form a great chain of distinguished personalities throughout the world occupying key positions in varied professional domains. And we are proud of each one of them.



Vaibhav Yadav
PCS - 2018 (Batch)



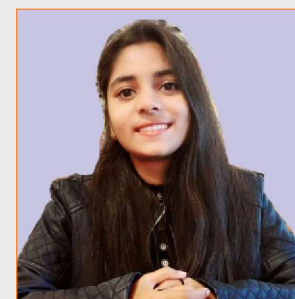
Udbhav Mishra
MBBS Doctor,
Heritage Hospital



Gaurav Singh (PCS J)
Judicial Magistrate Varanasi



Ajay Kumar Yadav-Student
IIT-Kanpur



Pooja Singh
SWE (Software Engineer)
INTERN'22 at GOOGLE INDIA



Dr. Dhananjay Kumar Singh
MBBS, MD, PGDHM
(Ex Resident AIIMS, New Delhi)
Associate Professor Government
Medical College, Ayodhya



Ishu Jindal-Chartered Accountant
Illinois Institute of Technology-Chicago



Oinam Martin Singh-Committee Officer
Manipur Legislative Assembly-
Imphal , Manipur



Mohit Roy-Student
Illinois Institute of Technology
Chicago



Shankul Rai-Lead Engineer
Automation HCL Technologies
LTD-Gurgaon



Shivanshu Singh-Product
Data Management
L & T Technology Services-Bangalore



Sadanand Yadav-Geologist
Geological Survey of India
Guwahati



Ankita Sagar-EMIDS
Software Engineer



Harshit Nigam-Team Lead
Crestech Software System



Ritwik Singh
Cloud Platform Engineer
(CITRIX)



Shalini Jaiswal
C.S (MGF Group)



Shashank Kumar
Mechanical Engineer IIT BHU



Sourabh Dwivedi
Circle Manager HDFC
Credit Card (Maharashtra & Goa)



Aditi Jaiswal
PGDM in Globle Business
Operation Shri Ram
College of Commerce



Swastika Rai
SOFTWARE ENGINEER Associate
Application developer
Oracle Financial Services



Mukesh Yadav
Civil Engineer Society of
Sharda University

OUR RECENT ALUMNI

OUR RECENT ALUMNI



Vinti Mishra
Content Writer & Social
Media Manager
News Channel (Network 10) in Delhi



Aashay Srivastava
TCS Company,
System Engineer



Shyama Agrahari
Sr. Software Engineer Kpoint
technologies Pvt Ltd,
Pune Maharashtra



Tushar Jaiswal
Manager Punjab & Sindh Bank



Himansu Srivastava
MAGICBRICKS, Software Engineer



SAKSHI CHUNNI
Gentenox Enterprises Limited,
Ex. Novel editor at Bytedance, Singapore



Saurav Singh
Wipro Technologies, Legal Exective



Ahle Shabreen
Production Specialist
(Wipro)



Harshvardhan Pratap Singh
Branch Manager
(UBI, Deoria)



Swastika Rai
Oracle



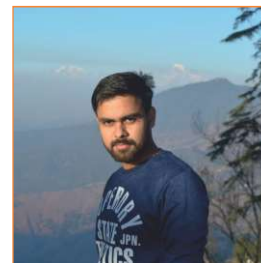
Suraj Seth
Infosys, System Engineer



Dr. Abhishek Sharma
GVK EMRI GUJARAT,
Veterinary Officer



Amaresh Chandra Singh
Isnartech PVT. LTD.,
AI Scientist



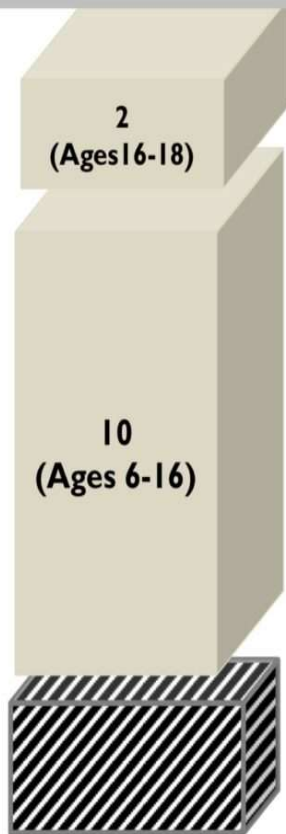
Aman Prasad
Dunnhumby, Senior
Big Data Engineer



Shashank Shekhar gupta
Technical Expert
Fujitsu

SCHOOL STRUCTURE NEP 2020

Previous academic structure



New Pedagogical & Curricular Structure



Secondary

Secondary stage (9-12): multidisciplinary study, greater critical thinking, flexibility & student choice of subjects.

Middle

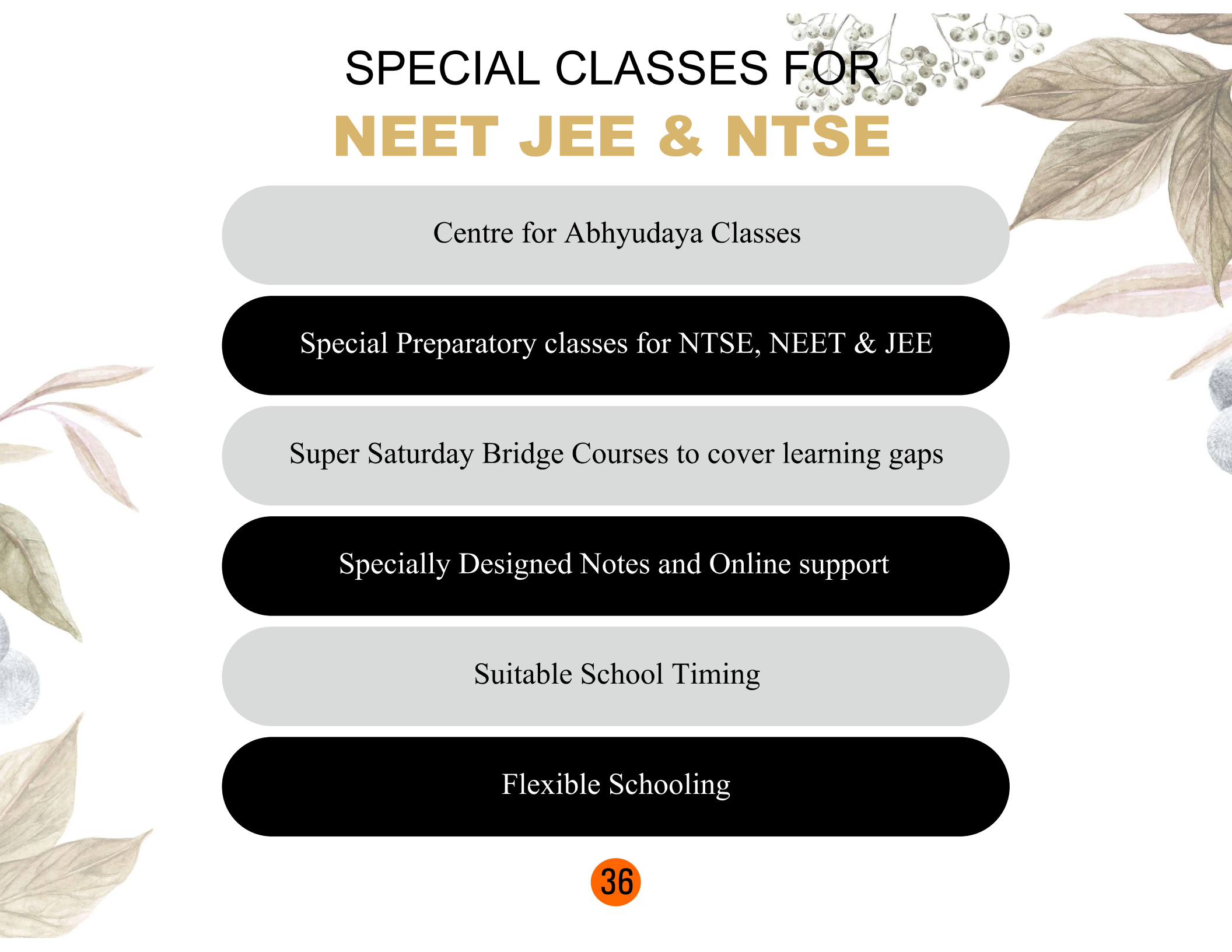
Middle stage (6-8): experiential learning in the sciences, mathematics, arts, social science & Humanities

Preparatory

Preparatory stage (3-5): play, discovery, activity based and interactive classroom learning

Foundational

Foundational stage (Prep-2) : multilevel play, activity-based learning



SPECIAL CLASSES FOR **NEET JEE & NTSE**

Centre for Abhyudaya Classes

Special Preparatory classes for NTSE, NEET & JEE

Super Saturday Bridge Courses to cover learning gaps

Specially Designed Notes and Online support

Suitable School Timing

Flexible Schooling

SUBJECTS AVAILABLE

PCM GROUP

- 1 ENGLISH
- 2 PHYSICS
- 3 CHEMISTRY
- 4 MATHEMATICS
- 5 HINDI CORE
- 6 PHY EDU
- 7 HIN. MUSIC VOCAL
- 8 HIN. MUSIC PERCUSSION
- 9 INFORMATICS PRACT.
- 10 COMPUTER SCIENCE
- 11 PAINTING
- 12 LEGAL STUDIES
- 13 PSYCHOLOGY
- 14 BHARATNATYAM

PCB GROUP

- 1 ENGLISH
- 2 PHYSICS
- 3 CHEMISTRY
- 4 BIOLOGY
- 5 HINDI CORE
- 6 PHY EDU
- 7 HIN. MUSIC VOCAL
- 8 HIN. MUSIC PERCUSSION
- 9 INFORMATICS PRACT.
- 10 COMPUTER SCIENCE
- 11 PAINTING
- 12 LEGAL STUDIES
- 13 PSYCHOLOGY
- 14 BHARATNATYAM
- 15 APPLIED MATHS

COMMERCE GROUP

- 1 ENGLISH
- 2 ACCOUNTANCY
- 3 BUSINESS STD
- 4 ECONOMICS
- 5 HINDI CORE
- 6 PHY EDU
- 7 HIN. MUSIC VOCAL
- 8 HIN. MUSIC PERCUSSION
- 9 INFORMATICS PRACT.
- 10 COMPUTER SCIENCE
- 11 PAINTING
- 12 LEGAL STUDIES
- 13 PSYCHOLOGY
- 14 BHARATNATYAM
- 15 APPLIED MATHS

HUMANITIES GROUP

- 1 ENGLISH
- 2 HISTORY
- 3 GEOGRAPHY
- 4 POLITICAL SCIENCE
- 5 HINDI CORE
- 6 PHY EDU
- 7 HIN. MUSIC VOCAL
- 8 HIN. MUSIC PERCUSSION
- 9 INFORMATICS PRACT.
- 10 COMPUTER SCIENCE
- 11 PAINTING
- 12 LEGAL STUDIES
- 13 PSYCHOLOGY
- 14 BHARATNATYAM
- 15 APPLIED MATHS

SARA OFFERS LARGEST NUMBER OF CORE AND SKILL SUBJECTS

THE FOUNDATION FOR THE FUTURE!



Pre-Primary school is the first space where the child goes leaving the security of its parents and therefore in the New Education Policy 2020, it is aptly renamed as 'The Foundational School'.

SARA Foundational School is designed in such a way that its tiniest tots get a complete protective and nurturing environment to start their journey on the path of lifelong learning. The space dedicated to the Foundational school is named 'Nanhi Phulwari', a beautiful garden for our little flowers to bloom. The space is replete with Role-Play sets, Educational Games, Play zone, and much more! Our teachers create an interesting and free environment for the kids to learn. Through playing, singing, painting, dancing and modelling an attempt is made to promote their physical, mental and social development. As a result, children become self-reliant. Constructive plays and activities involving good behaviour and good healthy habits are the essential parts of curriculum. Proper attention is paid to the development of various senses, power of observation and vocabulary. At SARA, we are committed to ensure that our littlest pupils have the most fun in this beautiful journey of learning and growing!



PRIMARY- THE PREPARATORY SCHOOL CLASSES 3th TO 5th



Putting Children First



Preparatory school education is the most crucial phase of a child's life. It shapes them into a better thinker, learner and human being. It also prepares them for higher education. And therefore, SARA Preparatory School aims at providing rich, stimulating and caring environment in which the child feels happy, safe, secure and confident. We strongly believe that learning at this young age should give birth to creative and enquiring minds. Our teachers ensure broad based learning of the child. This includes development of social, cognitive, cultural, emotional and physical skills. This goal is achieved through our wide-ranging curriculum which is designed keeping information and entertainment hand in hand. Activities and lessons are planned in such way that it keeps our young minds engaged and interested. There are weekly activities ranging from cooking to designing scientific models to ensure all-round progress of children. SARA Preparatory school boosts kids' self-confidence and offers them the skills required for the long success in this competitive world.



JUNIOR- THE MIDDLE SCHOOL CLASSES - 6th TO 8th



**BRINGING
EXCELLENCE
TO STUDENTS**



Middle schoolers have very different needs than high school and elementary students. They are constantly changing, growing, thinking, and questioning. Middle schoolers yearn for physical activity and intellectual inspiration. Hence, they need learning environments that ignite their curiosity and empower them to be active participants in their community.

SARA Middle school uses its entire campus as a teaching tool. Along with classroom education, students learn science and history by working on the farm, in the school dairy, on paper recycling machine, or on educational trips. Various art spaces in the school provide creative outlets while our natural environment satisfies their physical urges and provides an imaginative backdrop to practicing their writing.

SARA Middle School has an environment created with middle schooler's developmental needs in mind and is successful at helping them through this important and delicate stage of life. Our teachers have developed a curriculum that is focused on developing students' competence in all subject matter. Through our various partnerships and associations with leading educational groups, we regularly conduct workshops, competitions and events to stimulate the young minds of our students.

We have successfully created learning environments that cater to our students' sense of wonder and inspire life long learners.



**THE SECONDARY SCHOOL
CLASSES 9 TO 12**

UNLOCKING THE KEYS TO SUCCESS.



SARA Secondary school is designed in such a way that it helps students with the necessary social, mental, and physical skills for a brighter future. Our secondary school teachers imbibe students with the essential real-life skills such as independent thinking skills, strong decision-making skills, coordination and collaborative skills and strong social and communication skills. Regular webinars / seminars and career counselling sessions form an integral part of our curriculum. As part of their class work, students get the opportunities to design independent projects, conduct experiments, solve open-ended problems, and be involved in activities that connect SARA to the rest of the world. Our students regularly visit airports, CRPF camps, Railway stations and other such places to learn their functionality. The New Education Policy (NEP) 2020, has stressed on the importance of Vocational and skills subjects. And our school offers more than 50 Vocational subjects. The new term for this education is Career and Technical Education (CTE). CTE helps students to learn necessary vocational and technical skills that will eventually help in building a prosperous career. By emphasizing on career and technical education, we focus on career readiness and hands-on learning. Here, students develop the work habits, character, and sense of personal responsibility needed to succeed in school, at work, and in society. At SARA Secondary school, the main focus is on Exceptional Academics, Outstanding Athletics, Unparalleled Arts, and Authentic Relationships.



FOCUS ON **STEAM*** EDUCATION

I hear and I forget. I see and I remember. I do and I understand.

Scientific temperament plays a key role in shaping modern individuals. SARA's environment is conducive for the children to channel their inner Einstein, Newton and Ramanujan.

Our labs are well-equipped with all the modern amenities. **Experiential learning** is a key concept in our teachers' TLM. And it is because of this method that our students come up with great projects and science models in science exhibitions year after year! At SARA, we give importance to STEAM Education for shaping young and creative minds.





STUDENTS

CLUBS AND ACTIVITIES:

A school is a microcosm of society. And therefore, to develop and hone the social skills in our students, we regularly conduct group activities in our 3 Student clubs-

LITERARY CLUB

We all have heard the popular axiom, 'All's world's a stage', and SARA is preparing fine actors for this stage through the medium of Literary club. Dramas, Debates, Mime, Turn Coats, Speech, Stories- you name it and we have it. We firmly believe in the power of books to give meaningful purpose to our impressionable students. And therefore, we encourage them to read as many books as possible and to express their opinions through any of the creative mediums stated above. This club is doing great in polishing our young litterateurs.



ECO CLUB

The world is finally recognizing the pressing need to conserve and safeguard our ecosystem. And, we are playing our part in this by enabling the young minds to become the green citizens of the world. Our Eco club plays a significant role in this. In this club, students come together and conduct various activities to spread awareness about keeping the environment green, clean and eco-friendly. Many campaigns and workshops are arranged by these students in this regard and they are actively guided by their teachers.

HERITAGE CLUB

Varanasi is one of the oldest cities in the world, and if we believe Mark Twain, then we can say that it is older than Time itself! The city is replete with long forgotten monuments and folklores. Our Heritage club is trying its best to bring to fore these lost glories and stories. It's heartening to see the members of this club organizing heritage walks, tours, seminars to ensure that our past chronicles get their due recognition. And they don't stop at this! Various talks and campaigns are organized by them to preserve our monuments. This club ensures that our future generation doesn't forget about the Past.



**SARA
CLUBS**



4000+ students & 400+ hostel students from different parts of the country
25+ Diversified subject combinations for classes 11th and 12th.
150+ well-qualified and highly trained teaching staff.
Spread across 15 acres of land with 10000+ trees.

PARTNERSHIPS & ASSOCIATIONS



**FERRIS STATE
UNIVERSITY
USA**



**Indian National Trust for
Art and Cultural
Heritage**



**Yuva Tourism
Club**



**FIT
INDIA**



**GI- Geographical
Indications, A Vocal for
Local Initiative**



**Abhyudaya
Yojana Centre for
NEET & JEE**



**Jane Goodall
Institute
India**



Skill India
कौशल भारत - कुशल भारत



**National Cadet
Corps**



**Bihar School of
Yoga, Munger**



**Bharat Scouts
& Guides**



**Federation of Indian
Chambers of Commerce
& Industry**



SARA has signed an MOU with Ferris State University, Michigan, USA to aid and facilitate 'Study Abroad' option for the students of Purvanchal. The MOU states that SARA is the official ' Nodal Center' for FSU in Purvanchal region. We have la number of programs, dialogues, trainings and webinars lined up with our partner, Ferris State University.

Global Deliberation Program

SARA and FSU organized Global Deliberation program for high schoolers all over the world to meet and discuss important issues such as Sustainable Development, Youth and Violence etc. Our Students, Aditya, Rishita, Manik and Himanshi facillitated the deliberations. It was heartening to see students from different parts of the world come together virtually and share opinions, concerns and viewpoints.



Indian National Trust for Art and Cultural Heritage (INTACH) works for the conservation & restoration of India's architectural and cultural heritage. It has been awarded a Special Consultative Status with United Nations Economic and Social Council by UN.

SARA is proud to be associated with INTACH Varanasi Chapter as it has been organizing various programmes and events for school students. Students of SARA have participated in all these events and also won prizes and awards. INTACH Varanasi has collaborated with SARA for various site visits, seminars, webinars, educational events and competitions.

SARA also provides an opportunity to its students to get Internship at INTACH. An internship opportunity with INTACH is very valuable and gives rich knowledge and experience to students.



Indian National Trust for Art and Cultural Heritage (INTACH)





The rich heritage of India, one of the world's oldest civilizations, is an all-embracing confluence of religions, traditions and customs. The highlights of Indian heritage lie in the treasure of its art, architecture, classical dance, music, flora and fauna, and the innate secular philosophy of its people. A visit to the heritage sites is like a walk through history, changing lanes with every dynasty that ruled Indian soils. The finesse of Indian handiwork, the richness of silk and cotton textiles, the ethnicity of jewellery, everything has come down as a heritage from ancient times and is being kept alive generation after generation. Even food in India is a legacy and part of Indian heritage, differing in look and taste in every state of India.



HERITAGE TOUR

उड़ चली
खुशहाली
की उड़न

55

FIT INDIA Movement was launched on 29th August, 2019 by Honourable Prime Minister with a view to make fitness an integral part of our daily lives. The mission of the Movement is to bring about behavioural changes and move towards a more physically active lifestyle.







Exponents of Geographical Indication Craft

The idea of 'Vocal for Local' derives from the 1905 Swadeshi movement in India. It encouraged the emergence of Indian nationalism as an economic approach. To develop a domestic major industry, we consciously promote the indigenous art and craft which have got the tag of Global Identification of Varanasi.



Rameshwar Singh (Lacquer Toys)



Rohan Vishwakarma (Gulabi Meenakari)



Balram Singh
(Gulabi Meenakari)



Shahid (Varanasi Silk)



Kunj Bihari Singh (Gulabi Meenakari)



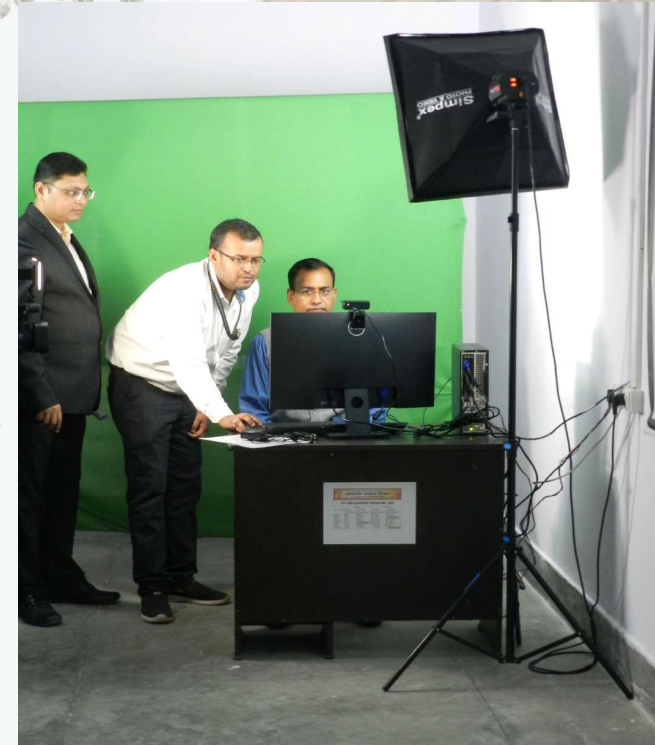
AN INITIATIVE OF GOVERNMENT OF UTTAR PRADESH

SARA doesn't promote expensive private coaching classes.

Our teachers ensure that our students understand all the concepts nicely in school.

Abhyudaya Yojana, a noble initiative by Government of UP, is started on the same concept. Free coaching to meritorious students from humble background, thereby providing fair chance to these students to succeed in life.

SARA takes pride in being associated with this noble Yojana.





ROOTS AND SHOOTS, JANE GOODALL INSTITUTE

Jane Goodall's Roots and Shoots is an eminent program built for students all across the globe under the aegis of Jane Goodall, who is a well-known environmentalist and champion for all living beings.

SARA has always taken initiatives to maintain a green and clean ambience and environment for everyone. It believes in the philosophy of 'Less Greens, More Bricks', because it is a known fact that proximity to nature boosts one's creativity and ability. Now with collaboration with Roots and Shoots, it is going to take up many key projects for the well-being of our surrounding and environment.

Students of SARA have even started their own campaign and programs with the assistance of our partner organization, Roots and Shoots and thus have become key contributors in environment conservatism.



Students of SARA, Varanasi made Eco Rangolis with the theme: Environmentalism



Making Art from Nature!

JANE GOODALL INSTITUTE INITIATIVE

OCEAN FOR US





The Government of India has initiated various convergence efforts across the skill ecosystem under "Skill India Mission (SIM)". The National Education Policy (NEP) 2020 has given special emphasis on vocational education through integration and mainstreaming of vocational education with general education which will help students in acquiring various skills to meet the needs of the industries and to improve the quality of education. At SARA 20+ vocational modules are offered to the students as an elective/optional subject.







The National Cadet Corps is the youth wing of the Indian Armed Forces with its headquarters in New Delhi, India. It is open to school and college students on voluntary basis. The National Cadet Corps in India is a voluntary organization which recruits cadets from high schools, colleges and Universities all over India. SARA is associated with UP 97 Battalion MGKVP Varanasi. The NCC aims at developing character, comradeship, discipline, a secular outlook, the spirit.





YOGA

The spiritual Place of Yoga for Health
& Sadhana

The aspirant feels rejuvenated and energized. Thus, yoga bestows upon every aspirant the powers to control body and mind. The ultimate goal of yoga is, however, to help the individual to transcend the self and attain enlightenment. As the Bhagavad-Gita says, "A person is said to have achieved yoga, the union with the Self, when the perfectly disciplined mind gets freedom from all desires, and becomes absorbed in the Self alone." The ultimate goal of yoga is, however, to help the individual to transcend the self and attain enlightenment. As the Bhagavad-Gita says, "A person is said to have achieved yoga, the union with the Self, when the perfectly disciplined mind gets freedom from all desires, and becomes absorbed in the Self alone."



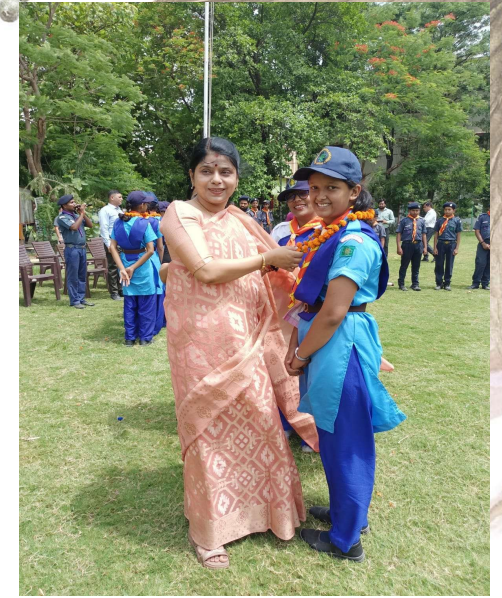
**Bihar School of
Yoga, Munger**

Make Your Mind



The Bharat Scouts and Guides is the national Scouting and Guiding association of India. The purpose of Scouting is to encourage the physical, intellectual, social, emotional and spiritual development of young people so that they take a constructive place in society as responsible citizens, and as members of their local, national and international communities.







FICCI Alliance for Re-Imagining School Education (ARISE) is a collegium of stakeholders who represent different facets of School Education. Fundamental vision of FICCI ARISE is to become a catalyst in Government and private efforts for raising the quality of learning outcomes across schools and to ensure that no child is left behind. The primary focus of the alliance is policy advocacy & outreach, alignment with the state, defining norms for transparency standards and self-governance, advocating 21st century readiness and facilitating capacity building.






Vision

To promote independent initiatives in school education towards nation building



CAPACITY BUILDING

Becoming a catalyst in Government and private efforts for raising the quality of learning outcomes across schools and ensuring that no child is left behind.

21ST CENTURY READINESS

Creating pathways for new paradigms and models of education that focus on creating independent, free thinking, lifelong learners possessing 21st century skills to support a vibrant democracy.

POLICY ADVOCACY & OUTREACH

Bringing together stakeholders and striving for collective action. Disseminating the voice of the promoters across regulators and policy makers.

TRANSPARENCY STANDARDS & SELF-GOVERNANCE

We recognize the magnitude of the responsibility inherent in the education space, therefore, we strive to maintain and exemplify the highest possible degree of ethical conduct in spirit as well as in practice.

FICCI Alliance for Re-imagining School Education (ARISE)

SUGGESTING research-based policy reforms to the government

MOBILIZING consensus amongst stakeholders for advocacy of policy and regulatory issues

DISSEMINATING good practices and quality adhering mechanisms

PROVIDING solutions for streamlining of implementation issues

70

INTERNSHIP INITIATIVES

Medical

Engineering

Administration

Archaeology

Hotel

Sports

Banking

Law

Media

Management

Education

Music

Television

Tourism

**Performing
Arts**

**Skill & Craft
Work**

Partnered With:



Indian National Trust for
Art and Cultural
Heritage



FERRIS STATE
UNIVERSITY
USA



Abhyudaya
Yojana Centre for
NEET & JEE



FIT
INDIA



Jane Goodall
Institute
USA



Federation of Indian
Chambers of Commerce
& Industry



Skill India
कौशल भारत - कुशल भारत



Bharat Scouts
& Guides



National Cadet
Corps



sara

SPORTS





Our school lays special emphases on sports and games. We have dedicated arenas for indoor and outdoor games. Outdoor stadiums for basketball, volleyball, football, tennis and lawn tennis, etc. Indoor stadiums for shuttle badminton, table tennis, carom, chess, etc. Spacious playground '**NANDAN KANAN**' for athletic games. Multi play stations and open area of '**NANHI PHULWARI**' for kids.

OUTDOOR GAMES

BASKETBALL

Basketball is one of our prime sports. We have three excellent basketball courts and our students greatly benefit from professional coaches. The school organizes Swami Atulanand Memorial basketball tournament every year on a large scale. Participants from different schools also compete for the coveted Sant Atulanand Trophy.

FOOTBALL & CRICKET

Nandan Kanan Ground is a vast playground for football & cricket. also doubles up as our Football ground. This extensive playground is used by our players all year round.

BADMINTON

We have highly-trained coaches for basketball and also 2 courts exclusively designed for badminton.

VOLLEYBALL

Volleyball also gets good amount of recognition in our school. There is an entirely separate court for our volleyball players. Our students also benefit from the trained coaches who provide rigorous training to our school team before and after school-hours.

SKATING

Our school also encourages skating and provides training in this regard.

INDOOR GAMES

In Indoor games, we organize trainings and practice sessions for Table tennis and Taekwondo. We also have rooms and provisions for carom and chess. Both our girls and boys get rigorous trainings in self-defense to enable them to safeguard themselves under any unforeseen circumstances.

ANNUAL SPORTS DAY

Our school arranges Sports day annually to bring out the competitive spirit in our students. Our students compete in various relays which start from 100 mtrs. And go up to 3000 mtrs. Apart from relays, we have medals for shot put throw, discus throw and javelin throw. Medals and certificates are also awarded to students for High jump, long jump and triple jump. There are separate sports days for Primary section and Secondary sections. The month of November is filled with the atmosphere of sports in our school.

SARA ACHIEVEMENT IN SPORTS

S.No.	Tournament	Games	Year	Categories	Position
1.	CBSE Cluster	Basketball	2006	Under 19	Winner
2.	Raghunath Memorial	Basketball	2006	Under 19	Winner
3.	CBSE Cluster	Volleyball	2008	Under 19	Winner
4.	CBSE Cluster	Atheletics	2010	Girls / Boys	Winner
5.	Ani Basent Inter School	Football	2010	Under 19 Boys	Runner Up
6.	CBSE Cluster	Basketball	2011	Under 17	Runner Up
7.	CBSE Cluster	Basketball	2012	Under 19	Third Place
8.	CBSE Cluster	Basketball	2014	Under 19	Runner Up
9.	CBSE Cluster	Basketball	2015	Under 17	Fair Play
10.	CBSE Cluster	Basketball	2016	Under 19	Runner Up
11.	CBSE Cluster	Basketball	2018	Under 19 Boys	Runner Up
12.	CBSE Cluster	Basketball	2018	Under 17 Girls	Runner Up
13.	Reliance Foundation Jr.N BA	Basketball	2019	Under 14	Runner Up
14.	CBSE Cluster	Basketball	2019	Under 19 Boys	Runner Up
15.	CBSE Cluster	Basketball	2019	Under 19 Girls	Runner Up



“A CONSTELLATION OF OUR SPORTS AWARDS”



SARA HOSTEL

20+ years of Hostel Legacy

SARA Hostel is rightly called, 'Home Away from Home' for our hostellers.



The Modern Gurukul





SARA HOSTEL- 20+ YEARS OF LEGACY

A HOME AWAY FROM HOME

SAFE, SERENE, SECURE

We provide hostel-accommodation facilities which are designed to give you a great student experience.

400+ Hostel Accommodation Capacity

- Separate Hostels for Boys & Girls
- Scenic Yoga Space and Jogging Track
- Fully Furnished Rooms with Bed, Wardrobe & Study-table
- TV & Recreation Zone with a facility of regional programmes
- Hygienic Mess with Organic food
- 24/7 Security & Surveillance Cameras
- RO Drinking Water & Milk
- In-House Dairy with 30+ Cows for Fresh Milk & Milk Products
- Fully-equipped Gyms
- 24/7 In-house Medical Facility
- 24/7 Supervisory Staff
- 24/7 Maintenance & Upkeep Facility
- Special Accomodation facility for Parents
- Skill enchancement classes in dance, music, drawing and languages
- Robust sports infrastructure and facilities in basketball, football, badminton, skating, martial arts, athletics
- Designated mentor teachers for Each Class and Subject

ORGANIC FARMING

Food is an integral part of our development. Unfortunately, the kind of food we find in the market is inorganic and adulterated. SARA, since its inception, has given importance to organic and pure food and our hostellers have always enjoyed food prepared from fresh farm produce in our mess.

SARA, with more than 20 years of hostel legacy, takes pride in growing its own produce by using compost and green manure in a safe, pollution free environment.



ORGANIC MESS





IN- HOUSE DAIRY

'**SURBHI**' Dairy houses 30+ cows and everyday our hostellers enjoy fresh and undiluted milk straight from our dairy. Apart from milk, our children, campus teachers and their families enjoy rich milk products from the dairy. Our students visit the dairy often and have befriended all the moo moo cows there!

DAIRY



An outdoor amphitheater with multiple tiers of stone steps. The area is surrounded by lush green trees, and the ground is paved with light-colored tiles. A large, semi-transparent circle with an orange border is centered over the image, containing the text.

SPACES FOR CREATIVE EXPRESSION



Although Shakespeare, in one of his plays, had proclaimed that, "All World's A Stage....", a creative mind still needs a designated space for creative expression. And therefore, SARA has ample designated spaces and halls to enable the student to showcase their talent.

Maharana Pratap Hall, Navrang Auditorium, Navras Amphitheater, Assembly Hall, A/V hall are designed to facilitate all kinds of activities, events and plays.





A CELEBRATION OF MOTHERHOOD AND SISTERHOOD AT SARA

WOMEN EMPOWERMENT THROUGH VISHWA MANGALYA SABHA

SARA is happy to be associated with Vishwa Mangalya Sabha, an organization which is relentlessly working to invoke the feeling of motherhood in every woman since 'Matrutva' has the power to be the much needed catalyst required for the process of Vyakti Nirmaan. Vishwa Mangalya Sabha celebrates feminism, womanhood and motherhood. It believes in empowering girls and women and acquainting them with their innate qualities and strength. And therefore, SARA is proud to be associated with it in fulfilling its goal of Women Empowerment.

MORE ABOUT VISHWA MANGALYA SABHA:

They are on a mission to bind every Mata via an invisible knot of duties and power that will enable her to contribute to this noble cause of reinstating Bharat to the position of Vishwaguru it once was! A woman is not just an entity, she is an institution for a family, for a society and for the nation. Being a mother is just a stepping stone towards building a great Nation. There is no better friend, teacher, guide, and ultimately the flag-bearer of a better Bharat than a mother. Matru Devo Bhavah! Keeping pace with modernism is the need of the hour. While educational institutions take care of the aspects of literacy and economic viability, the idea is to not lose touch with our glorious past and cultural traditions along the way. We believe motherhood is a career in itself and a mother has the power to be the much-needed catalyst required for the process of person making and we are here to guide them how.

COMMUNITY CARNIVAL

SARA recreated the Magical world of Disneyland in its 1st Community Carnival held on 14th November 2021. SARA campus became the most happening place in town with magic shows, camel ride, numerous game stalls, shopping stalls, free fun rides! And the center of attraction was 45 minutes long Disneyland parade. The parade was flagged off by the real life princess, Bhavyashree, who is also a famous bollywood actress.

Superheroes on skates gave an enthralling opening followed by Disneyland characters and characters from popular Fantasy movies- Harry Potter, Narnia and Pirates of the Caribbean. Our tiny tots from Pre- Primary also danced to the tunes of Madagascar theme song and looked lovely dressed as fairies, flowers and fruits. Parents and visitors cheered and clapped for our uber talented students who put their best foot forward. On seeing this Razzmatazz of Disney parade, Bhagyashree felt tempted to seek admission in SARA!







SARA-THROUGH THE LENS OF PRESS

छात्राओं को सैनिटेशन के बारे में किया जागरूक

वाराणसी (काशीवार्ता)। एनेमिया मुक्त भारत के लिये बच्चों का निःशुल्क स्वास्थ्य परीक्षण शिविर रविवार को संत अतुलानंद रेजिडेंशियल एकेडमी होलापुर में भारत विकास परिषद वरुणा शाखा के द्वारा लगाया गया। स्वास्थ्य शिविर में छात्राओं का स्वास्थ्य परीक्षण के साथ ही संगोष्ठी का भी आयोजन किया गया। संगोष्ठी में डॉ.एम.के. श्रीवास्तव ने रक्त अल्पता के बारे में छात्र-छात्राओं को जागृत किया। डॉ.शिप्राधर ने सैनिटेशन के संबंध में छात्राओं को जानकारी दी। कार्यक्रम संयोजक सारा की निदेशिका डॉ.दिव्या सिंह ने भारत विकास परिषद के कार्यों की सराहना की। कार्यक्रम में भारत विकास परिषद की अनुपमा सिन्हा, सचिव रूची सूद, शशि, एम.अस्थाना, सारा की प्रधानाध्यापिका दिव्या शर्मा, नीलिमा श्रीवास्तव सहित विद्यालय के अध्यापक/अध्यापिका व छात्राएं मौजूद रहीं।



छात्राओं का स्वास्थ्य परीक्षण के साथ ही संगोष्ठी का भी आयोजन किया गया। संगोष्ठी में डॉ.एम.के. श्रीवास्तव ने रक्त अल्पता के बारे में छात्र-छात्राओं को जागृत किया। डॉ.शिप्राधर ने

सैनिटेशन के संबंध में छात्राओं को जानकारी दी। कार्यक्रम संयोजक सारा की निदेशिका डॉ.दिव्या सिंह ने भारत विकास परिषद के कार्यों की सराहना की। कार्यक्रम में भारत विकास परिषद की अनुपमा सिन्हा, सचिव रूची सूद, शशि, एम.अस्थाना, सारा की प्रधानाध्यापिका दिव्या शर्मा, नीलिमा श्रीवास्तव सहित विद्यालय के अध्यापक/अध्यापिका व छात्राएं मौजूद रहीं।

Health camp organised

PIONEER NEWS SERVICE VARANASI

The social organisation Bharat Vikas Parishad, Varuna held free health check-up camp at a school in Holapur here in which the health of schoolchildren was examined by a team of doctors to make country free from anemia.

A seminar was also held in which noted physician Dr MK Srivastava made students conscious about blood deficiency in body i.e. anemia and asked them to have nutrient meal for sufficient blood in body and healthy body. Dr Shipra Dhar made girl students aware about sanitation.

On the occasion, Dr Divya Singh, Anupama Sinha, Ruchi



Sood, Shashi, M Asthana, Divya Sharma and Neelima S were mainly present.

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बाल विद्यालय की सनवीम सनसिटी पर जीत

वाराणसी। जिला स्तरीय स्कूली वास्केटबॉल लीग 2019 (बालक व बालिका) के दूसरे दिन आर्यन इंटरनेशनल स्कूल में खेले गए एकमात्र मैच में बाल विद्यालय माध्यमिक स्कूल ने सनवीम सनसिटी को 39-24 से पराजित किया। विजेता टीम से प्रियांशु ने 14 अंक तथा पराजित टीम से उज्ज्वल ने 18 अंक बनाए। संत अतुलानंद रेजिडेंशियल अकादमी होलापुर के वास्केटबॉल कोर्ट पर खेले गए मैचों में बालिका वर्ग का मैच संत अतुलानंद रेजिडेंशियल अकादमी तथा उदय प्रताप पब्लिक स्कूल के मध्य हुआ जिसमें संत अतुलानंद रेजिडेंशियल अकादमी ने 6-0 से विजय दर्ज की। विजेता टीम से अनवी ने 4 अंक बनाए। बालक वर्ग का पहला मैच संत अतुलानंद कान्वेंट स्कूल तथा सनवीम वरुणा के मध्य हुआ जिसमें सनवीम वरुणा ने 41-20 से विजय दर्ज की। विजेता टीम से आयुष राज ने 15 अंक तथा पराजित टीम से आदित्य ने 14 अंक बनाए। बालक वर्ग का दूसरा मैच उदय प्रताप इंटर कॉलेज तथा संत अतुलानंद रेजिडेंशियल अकादमी के मध्य खेला गया, जिसमें उदय प्रताप कॉलेज में 38-07 से विजय दर्ज की। विजेता टीम से हर्षित ने 22 अंक तथा पराजित टीम से हर्षित ने 6 अंक बनाए।



मैच में बाल विद्यालय माध्यमिक स्कूल ने सनवीम सनसिटी को 39-24 से पराजित किया। विजेता टीम से प्रियांशु ने 14 अंक तथा पराजित टीम से उज्ज्वल ने 18 अंक बनाए। संत अतुलानंद रेजिडेंशियल अकादमी होलापुर के वास्केटबॉल कोर्ट पर खेले गए मैचों में बालिका वर्ग का मैच संत अतुलानंद रेजिडेंशियल अकादमी तथा उदय प्रताप पब्लिक स्कूल के मध्य हुआ जिसमें संत अतुलानंद रेजिडेंशियल अकादमी ने 6-0 से विजय दर्ज की। विजेता टीम से अनवी ने 4 अंक बनाए। बालक वर्ग का पहला मैच संत अतुलानंद कान्वेंट स्कूल तथा सनवीम वरुणा के मध्य हुआ जिसमें सनवीम वरुणा ने 41-20 से विजय दर्ज की। विजेता टीम से आयुष राज ने 15 अंक तथा पराजित टीम से आदित्य ने 14 अंक बनाए। बालक वर्ग का दूसरा मैच उदय प्रताप इंटर कॉलेज तथा संत अतुलानंद रेजिडेंशियल अकादमी के मध्य खेला गया, जिसमें उदय प्रताप कॉलेज में 38-07 से विजय दर्ज की। विजेता टीम से हर्षित ने 22 अंक तथा पराजित टीम से हर्षित ने 6 अंक बनाए।

अपने अधिकार का उपयोग करे ताकि हमारा समाज सशक्त बने: डॉ. दिव्या सिंह



वाराणसी। संत अतुलानंद रेजिडेंशियल के 2000 बच्चों ने वोट फॉर काशी 19 मई की मानव श्रृंखला बना कर लोगो को वोट देने के लिए प्रेरित किया इस अवसर पर नीलू मिश्रा जो इंटरनेशनल अथलेटिक की खिलाडी हैं, प्रिंसिपल दिव्या शर्मा, ईंचार्ज संजय त्रिपाठी व सनफ्लावर वीमेन एंड चिल्ड्रेन वेलफेयर सोसाइटी की मैनेजर नीलिमा श्रीवास्तव के साथ नीलू मिश्रा उपस्थित रही। और इस मौके पर संत अतुलानंद रेजिडेंशियल अकादमी की डायरेक्टर डॉ दिव्या सिंह ने कहा कि महिलाओं को भी वोट देना चाहिए। अपने अधिकार का उपयोग करे ताकि हमारा समाज सशक्त बने।

पानी की बचत के लिए शिक्षण संस्थाओं को भी करनी होगी पहल-कुलपति

'सारा' में संस्कार समारोह कार्यक्रम में बोले कुलपति प्रो. टी.एन सिंह

वाराणसी (काशीवार्ता)। संत अतुलानन्द रेजिडेंशियल एकेडमी (सारा) में शनिवार को संस्कार समारोह का आयोजन किया गया। कार्यक्रम के मुख्य अतिथि महात्मा गांधी काशीविद्यापीठ के कुलपति प्रो. टी.एन. सिंह ने श्रद्धांजलि अर्पित कर कार्यक्रम का शुभारंभ किया। कार्यक्रम का शुभारंभ विद्यालय की छात्राओं ने गणेश स्तुति के साथ किया। कुलपति ने अपने संबोधन में कहा कि यहाँ के छात्र-छात्राओं में अद्भुत क्षमता है। आज इन छात्रों ने जिस तरह गंगा के बारे में अपने विचार दिए वो बहुत ही सराहनीय है। सारा ने पानी, गंगा व वृक्षावृषण के बारे में जो संकल्प लिया है वो सराहनीय है। कहा कि हमें अपने आसपास के वातावरण को शुद्ध रखना होगा जिससे हमारी आने वाली पीढ़ी सुरक्षित रह सके। पानी का कम



से कम प्रयोग करना चाहिए। पानी के बचत के लिए शिक्षण संस्थाओं को पहल करने की आवश्यकता है। जल संरक्षण के लिए सभी लोगों को सामूहिक रूप से सोचना होगा। कुलपति ने हेड गल्ल गणिका पाण्डेय, हेड गल्ल ऋषिता पाण्डेय व प्रधान संपादक आदित्य राज सिंह को बैज पहनाकर अलंकृत किया। आजाद सदन से जोया नूर, महाराणा सदन से सारिका राय, शिवजी सदन से ऋषिका द्विवेदी, सुभाष सदन से हिमांशी राय, विवेकानंद सदन से अमन पाण्डेय तथा लोकमान्य सदन से साक्षी चुन्नी को कैप्टन के पद पर

अलंकृत किया। संपादक मंडल के प्रधान संपादक आदित्य राज सिंह ने पदाधिकारियों को पद व गोपनीयता की शपथ दिलाई। कार्यक्रम के अंत में संत अतुलानन्द रेजिडेंशियल एकेडमी की निदेशिका डॉ. दिव्या सिंह ने आगे हूए अतिथियों का आभार व्यक्त किया। संचालन अनुश्री श्रीवास्तव ने किया। इस दौरान अर्थ साईंस आईआईटी रुद्रकी के डॉ. एस. पी. प्रधान, पंजाब यूनिवर्सिटी के डॉ. महेश ठाकुर, आईआईटी मुंबई के प्रो. विक्रम विशाल, काशीवार्ता के आलोक श्रीवास्तव व एपीएन न्यूज मुंबई के सुमंत मिश्रा मौजूद रहे।



स्वतंत्र चेतना वाराणसी में

मानिक और ऋषिता बने सारा के हेड बॉय और हेड गर्ल

● सारा में अलंकरण समारोह संपन्न

चेतना सप्ताह सारा वाराणसी। संत अतुलानन्द रेजिडेंशियल अकादमी के प्रांगण में शनिवार को पद अलंकरण समारोह उच्चकोटि के सांस्कृतिक कार्यक्रमों के बीच संपन्न हुआ। कार्यक्रम का शुभारंभ प्रो. टी.एन सिंह उप कुलपति विद्यापीठ के कर कमलों द्वारा अपराह्न उषवे इति प्रवचन के साथ संपन्न हुआ। वहीं कार्यक्रम में मुख्य अतिथि ने कहा कि गंगा माँ हैं इनका मातृत्व भाव है लेकिन हमें मातृत्व का दायित्व उठाना ही करना चाहिए चेतना उचित ही। उन्होंने वीर देकर कहा कि आओ मैं निकला हुआ प्रदूषित जल भूभाग जल को भी प्रदूषित कर रहा है। एक गिलास आर ओ का पानी पीने के लिए हम 7 गिलास जल प्रदूषित करते हैं। वहीं कार्यक्रम में



मुख्य आकर्षण गणेश स्तुति व गंगा गान रहा। इस अवसर मुख्य अतिथि ने हेड बॉय गणिका पाण्डेय (कक्षा 12 कला वर्ग) तथा हेड गर्ल ऋषिता पाण्डेय (कक्षा 12 वाणिज्य वर्ग) तथा प्रथम संपादक आदित्य राज सिंह (कक्षा 12-विज्ञान वर्ग) को बैज पहनाकर अलंकृत किया। इसके लिए हमें आजाद सदन से जोया, नूर, महाराणा प्रताप सदन में

सारिका राय, शिवजी सदन से ऋषिका द्विवेदी, सुभाष सदन से हिमांशी राय, विवेकानंद सदन में अमन पाण्डेय तथा लोकमान्य क्लक सदन से सावली चुन्नी को कैप्टन के पद पर अलंकृत किया गया। संपादनमंडल के प्रधान संपादक आदित्य राज सिंह ने पदाधिकारियों को पद व गोपनीयता की शपथ दिलाई। इस अवसर पर हेड बॉय हेड गर्ल तथा

प्रधान संपादक ने सर्विस भाषण के माध्यम से अपनी योजनाओं का ब्यौता दिया। कार्यक्रम के अंत में साक्षी निदेशिका डॉ. दिव्या सिंह ने सभी का आभार व्यक्त करते हुए भव्यवाद प्रार्थन दिया। समाप्त कार्यक्रम का संचालन अनुश्री श्रीवास्तव ने किया। इस अवसर पर संपादक मंडल लक्ष्मि चित्रम मिश्रा आदि लोग उपस्थित

अतुलानन्द के बच्चों ने हर्षोल्लास के साथ मनाया भारत रक्षा पर्व

वाराणसी (काशीवार्ता)। संत अतुलानन्द रेजिडेंशियल के बच्चों ने कचहरी स्थित सेना के मुख्यालय पर शुक्रवार को भारत रक्षा पर्व मनाते हुए स्वयं के नन्हें हाथों से बनायी गयी राखी सैनिक अधिकारियों की कलाईयों पर बांधी और साथ ही सीमाओं पर तैनात सैनिक भाइयों के लिये अपनी नन्हें शुभकामनायें और दीर्घायु होने का आशीर्वाद राखियों के रूप में भेंट की। विद्यालय की शिक्षिका नीलिमा श्रीवास्तव के साथ एसएआरए के बच्चों सौम्या सिंह,



अधिकारी को राखी बांधते बच्चे।

साक्षी यादव, नव्यासूरी, मनसा, अंजली आदि ने इस रक्षा पर्व में उत्साह के साथ भागीदारी की। विद्यालय की निदेशिका डॉ. दिव्या सिंह ने अपने शुभकामना संदेश में वीर सैनिक भाइयों के स्वतंत्रता दिवस रक्षा बंधन व धारा 370, 35ए के हटायें जाने की बधाई दी।

बदलते खान-पान के चलते बढ़ रही एनेमिया की बीमारी

वाराणसी (काशीवार्ता)। पीएम मोदी के अभियान एनेमिया मुक्त भारत बनाने के सपने को साकार करने हेतु रविवार को संत अतुलानन्द

दिव्या, दन्त चिकित्सक डॉ रजत सिंह, डॉ शिप्राधर, डॉ पंकज कुमार सिंह, डॉ अनिल तिवारी, डॉ यामनी, प्रकाश कुमार श्रीवास्तव, अनूप श्रीवास्तव व विपिन का आभार व्यक्त करते हुए कहा कि छात्र-छात्राओं, अध्यापक-अध्यापिकाओं का स्वास्थ्य परीक्षण कर एनेमिया से ग्रस्त लोगों को जो उपाय बताए वो सराहनीय है। कहा कि सबसे आश्चर्य की बात है कि पहले यह बीमारी गरीब व शोषित लोगों में पाई जाती थी परन्तु अब फास्ट-फूड के व



रेजिडेंशियल एकेडमी में भारत विकास परिषद वरुणा, काशी मेडिकल के संयुक्त तत्वाधान में मेगा हेल्थ कैम्प लगाया गया। हेल्थ कैम्प में विद्यालय के छात्र-छात्राओं व अध्यापक-अध्यापिकाओं की निःशुल्क जाँच कर उन्हें आवश्यक दवाई दी गई। विद्यालय की निदेशिका डॉ. दिव्या सिंह ने डॉ मनोज श्रीवास्तव, डॉ आरती

बदलते खान-पान के तरीकों के चलते यह बीमारी ज्यादातर उच्च वर्ग के लोगों में पाई जाती है। इस दौरान सारा की निदेशिका डॉ दिव्या सिंह के साथ ही विद्यालय की प्रधानाचार्या दिव्या शर्मा, अविनाश पांडेय, डॉ अपर्णा सिंह सहित विद्यालय के समस्त अध्यापक-अध्यापिकाएँ व कर्मचारी मौजूद रहे।

स्वतंत्र चेतना

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मलीन बस्तियों के बच्चे बच्चियों को सारा की डायरेक्टर ने बांटे उपहार

● सनफ्लॉवर वीमेन एंड चिल्ड्रेन वेलफेयर सोसायटी की तरफ कार्यक्रम था आयोजित
● पत्रकारिता के क्षेत्र में उल्लेखनीय योगदान के लिए पत्रकार हुए सम्मानित

न्यू प्रमुख वाराणसी।

सनफ्लॉवर वीमेन एंड चिल्ड्रेन वेलफेयर सोसायटी की तरफ विचार को शिवपुर में गरीब लड़कियों को दीपावली का उपहार व वस्त्र देकर उनका प्रोत्साहन किया मुख्य अतिथि संत अतुलानन्द रेजिडेंशियल की डायरेक्टर डॉ दिव्या सिंह ने। माँ का था सनफ्लॉवर वीमेन एंड चिल्ड्रेन

वेलफेयर सोसायटी के तरफ से दीपावली पर मलीन बस्तियों को वस्त्र व दीप देने का।

कार्यक्रम का शुभारंभ मुख्य अतिथि डा. दिव्या सिंह व स्वतंत्र चेतना समाचार पत्र के प्रभारी शिवप्रकाश राय ने दीप प्रज्ज्वलन कर किया।

इस दौरान मुख्य अतिथि श्रीमती दिव्या सिंह ने लड़कियों को नए दीपक, कपड़े तथा दीपावली पर प्रयुक्त न व बने का संस्करण दिखाया। वहीं श्री सिंह ने व्यवस्था के लिए सबको जागरूक भी किया। वहीं महिलाओं को पीड दे का डम्पिंग स्थानों की भी व्यवस्था रखे बात भी बताई गई। वहीं कार्यक्रम के दौरान समाज के लिए अच्छे कार्य करने के लिए स्वतंत्र चेतना समाचार पत्र के प्रभारी शिव प्रकाश राय पत्रकारिता के लिए और अपूर्णा पंडित का मोशल वक के लिए सम्मानित किया गया। इस कार्यक्रम विनोद बागी



का महत्वपूर्ण सहयोग रहा। विरसे कार्यक्रम स्थावर रूप से सम्पन्न हुआ। अंत में सभी ने उस जगह की खुद से सफाई कर के व्यवस्था का संदेश दिया

इस कार्य के लिए, लिखाकत अर्चना और विनय का महत्वपूर्ण सहयोग रहा। कार्यक्रम का संचालन नीलिमा श्रीवास्तव और विनय श्रीवास्तव सभी को दीपावली की

सभी को शुभकामनाएं दी। इस कार्यक्रम में नीलम, सुभाष, विनय, कृति धर्मे, अपूर्णा, इमान, उज्ज्वला, श्रीवास्तव आदि के सहयोग से कार्यक्रम सम्पन्न हुआ।

‘कूच सफलता की ओर’ में छात्रों ने सांस्कृतिक प्रस्तुति से रिझाया

संत अतुलानन्द में विदाई समारोह का आयोजन



समारोह के दौरान आयोजित एक कार्यक्रम में प्रतिभागी छात्राएँ।

वाराणसी (काशीवार्ता)। संत अतुलानन्द रेजिडेंशियल एकेडमी 'सारा' विद्यालय में शनिवार को 12 वीं के छात्रों के विदाई समारोह 'कूच सफलता की ओर' का आयोजन किया गया। जिसकी मुख्य अतिथि मिसेज इण्डिया नेशनल व

इंटरनेशनल रोशनी कुशल जायसवाल व विशिष्ट अतिथि वीडोए सचिव व काशी विश्वनाथ मंदिर के सीईओ विशाल सिंह ने दीप प्रज्ज्वलन कर किया। सर्वप्रथम माँ सरस्वती के पूजन के पश्चात छात्र-छात्राओं ने सांस्कृतिक कार्यक्रम की प्रस्तुति दी। अभिलाषा पांडेय को मिस्टर सारा तथा अनुष्का सिंह को मिस सारा चुना गया। इस दौरान बच्चों ने अपने-अपने अनुभवों को साझा किया तथा अध्यापकों ने उन्हें आगे बढ़ने के गुर बताए। इस दौरान मुख्य अतिथि ने कहा कि मेहनत से पढ़ने पर सफलता के द्वार खुलते हैं। विद्यालय की निदेशिका डॉ दिव्या सिंह ने बच्चों के उज्ज्वल भविष्य की कामना की। इस दौरान प्रधानाध्यापिका दिव्या शर्मा, डॉ अपर्णा सिंह, विशाल राय, आकांक्षा, आलोक मिश्रा, निशा अंसारी, कुणाल सिंह, रवेता राव, ऋषिता पाण्डेय, यशस्वी सिंह सहित विद्यालय के सभी अध्यापक/अध्यापिकाएँ व स्टाफ मौजूद रहे।

छात्राओं को सिखाये आत्मरक्षा के गुर

वाराणसी। संत अतुलानन्द रेजिडेंशियल एकेडमी में गुरुवार को 300 छात्राओं को आत्म रक्षा के गुर सिखाए गये। कार्यक्रम में मुख्य

गुरुवाई आत्मरक्षा शिविर

अतिथि संत अतुलानन्द रेजिडेंशियल एकेडमी डायरेक्टर डा. दिव्या सिंह व विशिष्ट अतिथि में सारनी यादव, आशाशोक, कुंज मोहन और मुख्य डेनर में जय प्रकाश यादव व प्रीती से सजीव यादव उपस्थित रहे। कार्यक्रम में जय प्रकाश यादव ने गुरुवाई की डेनिंग की। राय ने छात्रों से आये मुख्य डेनर सजीव यादव ने सभी छात्राओं को आत्म रक्षा के गुर

सिखाए। जिसमें नृजयपति, पेन, चामरी, बलीप, लुहा आदि का केंद्र अपने बचाव के लिए इस्तेमाल करें। कार्यक्रम के आयोजक धर्मेन्द्र कुमार यादव ने बताया कि इस कार्यक्रम का मकसद सभी छात्राओं को आत्म रक्षा सिखाया व आत्म सम्मान व आत्म विभूति को बढ़ावा देना है जिससे वे छात्राएँ भी रिपब्लिकन परिस्थितियों में आत्म रक्षा कर सकें। कार्यक्रम में अपर्णा सिंह, आरपी सिंह, निवेशा श्रीवास्तव, विष्णु यादव, दीपक यादव, प्रजेश और सार्वभौमी डेनर मिथिका सिंह, विनेश हिमांशु, विनोद राय व योगा डेनर संजय यादव व प्रमुख के बर्तमान उपस्थित रहे। आभार कार्यक्रम के आयोजक धर्मेन्द्र यादव ने किया।

कन्टेनर के धक्के से पति-पत्नी गम्भीर

कच्छाबाई। क्षेत्र के पेड़वा गांव (मिर्जापुर) में शनिवार की दोपहर बाईस से करीब से अपने आ रहे विपिन तिवारी उम्र (42) वर्ष उनकी पत्नी प्रीति तिवारी उम्र (40) वर्ष तिवारी उठकर कच्छाबाई को पीछे से आ रहे डेल्टर ने बाईस में जोरदार टक्कर मार दिया जिससे पति पत्नी गम्भीर रूप से घायल हो गये मौके पर मौजूद ग्रामीणों ने दोनों घायलों को कच्छाबाई स्थित निजी अस्पताल में इलाज हेतु भेरी करवाया, लेकिन डॉक्टर ने बीपेयु के लिए रिफर कर दिया। सुपुत्रा पर पहिले पाँचवनी ने दोनों घायलों को इलाज हेतु वाराणसी के निजी अस्पताल में भेरी कराया।

मिस्टर सारा अभिलाष और मिस सारा बनीं अनुष्का

वाराणसी। संत अतुलानन्द रेजिडेंशियल एकेडमी (सारा) में शनिवार को 12वीं के छात्रों के लिए विदाई समारोह का आयोजन किया गया। इसमें छात्र-छात्राओं ने जमकर धमाल मचाया। कूच सफलता की ओर स्लोगन के तहत आयोजित समारोह में मिस्टर सारा का खिताब अभिलाषा पांडेय और मिस सारा का खिताब अनुष्का सिंह को दिया गया। सांस्कृतिक कार्यक्रमों की श्रृंखला में अतुल ने खाई के पान बनारस वाला...पर एकल नृत्य से शुरुआत की।

प्रशान्त शर्मा व शिवम शुक्ला ने अल्लाह वारियां...गीत गाया। आदित्य राज सिंह, तीसरी तथा आदर्श ने तेरा यार हूँ मैं...की

संगीतमय धुन पेश की। फुजून गीत पर बच्चों का नृत्य हर किसी का मन मोह गया। मिस्टर क्राउड पुलर का खिताब आदर्श मिश्रा, मिस क्राउड का खिताब अतिथि जायसवाल, मिस्टर एथलीट रजत सिंह, मिस एथलीट रिनु सिंह, मिस्टर सन स्माइल दुष्टांत राय, मिस सन स्माइल तान्या राजपूत, मिस्टर एथल ऑफ पावर आई आदित्य सिंह और मिस एथल ऑफ पावर आई का खिताब निकिता सिंह को दिया गया। समारोह का शुभारंभ मुख्य अतिथि मिसेज इंडिया इंटरनेशनल रोशनी जायसवाल और विशिष्ट अतिथि सीईओ काशी विश्वनाथ मंदिर विशाल सिंह ने दीप प्रज्ज्वलित कर किया। ब्यूट्रो

जानी चाहिए। संचालन अधिष्ठाता व हिमांशु राय ने किया। इस अवसर पर कार्यक्रम में विद्यालय के समस्त टीचर्स की उपस्थिति रही।

कालरा, मनोचिकित्सक एमएन त्रिपाठी, कॅरियर काउंसलर अनुपम रघुवंशी, प्रधानाचार्य अविनाश पांडेय ने छात्रों का मार्गदर्शन किया। सत्र 2019-20में 12वीं कक्षा के मार्णिक पांडेय, 10वीं के आदित्य नारायण ने भी अपनी सफलता के सूत्र साझा किए। प्रबंध निदेशिका डॉ. दिव्या सिंह ने धन्यवाद दिया।



सेकंड कमांडेंट), विद्यालय के अविनाश पांडे ने ध्वजातोलन गीत व नृत्य कर कार्यक्रम में स्वास्थ्यवर्धक योगमयी आकर्षण के पिरामिड बनाकर अभिभावक अभ्यापकी व प्रधानाचार्य ने का अतिथि सुरेश मिश्रा ने अपने उज्जवल भविष्य की कामना परिस्थिति का सामना करने के प्रबंध निदेशिका ने ध्वजारोह आत्मसात कर इसके तात्विक

रणी (रणधेरी)। सत अतुलान
य होलापुर के प्रमाण में 73वें ग
पर मुख्य अतिथि सुरेश मिश्रा
निदेशिका डॉक्टर दिव्या सिंह
का इस दौरान बच्चों में स्कैंडल
वार चोट लगा दिए। बच्चों ने खे
न प्रस्तुति प्रदान की छात्रावास में
को आश्चर्यचकित किया। बच्चों
वता व अपने-अपने विचार व्यक्त
वीथीधन में बच्चों का उत्साह व
की, बच्चों को देश का भविष्य
लेप सदैव तैयार रहने की अपील
प्रमाण कर विद्यार्थियों से गणत
गर्भव्रतता की बनाए रखने का आ

वाराणसी। संत अजुलानंद देवी डीशवरिय एकेडमी में सोमवार को आयुध योजना के अन्तर्गत आईआईटी-जेईई और नीट की तैयारी के लिए कक्षाओं का शुभारंभ मंगलवार सुबह दीपक अर्पण में किया। उन्होंने छात्रों को साजिले से मेधावी शुष्कमाना बताया। उन्होंने कहा कि विद्यार्थी के साथ-साथ जिनके ले मेधावी छात्र-छात्राओं के करियर निर्माण में यह योजना कारगर सिद्ध होगी। इस मौके पर समाज कल्याण विभाग के उपनिदेशक कैलर गुप्ता, सहायक आयुक्त हयकराजी, निदेश धवन, डीआईओएसएच वीपी सिंह, डॉ. तरुण जितेंद्र, डेटक के अशोक कपूर, निर्मल जोशी, डॉ. रामचन्द्र सिंह, एचडीएससी बैंक के मनीषा रदन और शिक्षापर मजिस्ट्री श्रीवास्तव, डॉ. रूपेश सिंह चौहान और मीनू देव

[illegible][illegible]

तन्मय अवलोकन

यही कारण है कि सारा विश्व को भी लेना पड़ा है। सारा विश्व तिजारी कथा ७ का छात्र है। कराटे का भी कथा है। सारा विश्व आर्यभट्ट इंटरनेशनल विश्व तिजारी वर्तमान समय में है। प्रतिभाएं करते हुए ७ अवलोकन की कथा है। जी. विजय राजनजी ने कहा है।

वरिष्ठता का संत आनंदसिंह राजादरसिंह अकबर-
 (सात) होलापुर, के छात्रों को पढ़ाई के साथ-साथ
 उनको शरीरिक रूप से भी मजबूत बनाना उद्देश्य है।
 इनके छात्र-छात्राओं में अमरपूर प्रान्त के हिन्दू
 विद्यालय की निर्देशिका डॉ. विजया सिंह ने बताया कि उनमें
 उनको अनेकसे खेल के प्रतियोगिताएँ हैं। (तन्मय शर्मा ने
 बताया कि वह कुश्ती के प्रतियोगिताएँ 2018 में भारत में
 आयोजित में भाग लिया और प्रथम स्थान प्राप्त था इनमें
 शामिल में 20 वर्षीय हंडाला अकबर काटो वैश्वप्रसिद्ध में
 इन को सहानुभूति और कुशल से प्रथम स्थान प्राप्त विजया जी
 ने कहा कि तन्मय के माता पिता, गुरुजनों और उनके
 अनेक प्रियों की कामना थी कि

अतुल्यनन्द की छात्राओं ने आत्मरक्षा के लिए किया मार्शल आर्ट्स का अभ्यास

अतुलत्रनन्द की छात्राओं ने आत्मरक्षा के लिए किया मार्शल आर्ट्स का अभ्यास



जनतंत्र की आवाज़ 2
प्रकाशित मंगलवार 31 अगस्त 2021

जनतंत्र की आवाज

वाराणसी :- कृष्ण जन्माष्टमी नृत्य और गायन परंपरा का संवाहक तो है हि। किवंदंती के अनुसार मुरलीधर मोहन ने संदीपनी आश्रम में 64 दिनों 64 कलाएँ सीखी थी। इसी क्रम में आज होलापुर के संत अतुलानंद रेजिडेंशियल एकेडमी में कृष्ण जन्माष्टमी के उपलक्ष्य में पिछले सप्ताह से स्वावलंबी कलाकृतियों के लिए प्रेरित किया जा रहा था जिसमें बच्चों ने बहुआयामी कलाकृतियाँ जैसे बांसुरी, मटकी, झूला, बांसुरी इत्यादि बनाया। इन मोहक दृश्यों से अभिभावकों के साथ पूरा विद्यालय परिसर आकर्षण का केंद्र बना रहा। विद्यालय के प्रबंधक दिव्या सिंह ने बताया कि इस पारंपरिक और नये युग में सुंदर रूपों में निपुणता के अद्वितीय गुणों को आत्मसात करने ही हमारा ध्येय है।

कृष्ण जन्माष्टमी पर बच्चों ने अनेक प्रकार की कलाकृतियों का किया प्रदर्शन



एकेडमी में कृष्ण जन्माष्टमी के उपलक्ष्य में पिछले साप्ताहिक में स्वावलंबी कलाकृतियों के लिए प्रेरित किया जा रहा था। जिसमें बच्चों ने बहुआयामी कलाकृतियाँ जैसे बांसुरी, मटकी, झुला, बांसुरी इत्यादि बनाया। इन मोहक दृश्यों के साथ पूरा विद्यालय परिसर का केंद्र बना रहा।

के प्रबंधक दिव्या सिंह ने के इस पारंपरिक और नये रंग कलाओं में निपुणता के गुणों को आत्मसात करना उद्देश्य है।

शकून टाइम्स। संवाददाता

वाराणसी कृष्ण जन्माष्टमी नृत्य आकर्षण का केंद्र बना रहा। और गायन परंपरा का संवाहक तो विद्यालय के प्रबंधक दिव्या सिंह ने है। किंवदंती के अनुसार बताया कि इस परंपरिक और नये मूर्तीधर मोहन ने संदीपनी आश्रम युग में सुंदर कलाओं में निपुणता को 64 दिनों में 64 कलाएँ सीधी अद्वितीय गुणों को आत्मसात करना शीघ्रसी क्रम में आज होलापुर के ही हमारा ध्येय है। संत अतुलानंद रेजिडेंशियल

संत अतुलानंद रेजिडेंशियल अकेडमी
में 'ऋतुराज महोत्सव' का आयोजन

» बसंत पंचमी पर माता सरस्वती का हुआ पूजन अर्चन

‘ऋतुराज महोत्सव’ में बच्चों ने दिखायी प्रतिभा



पाराणसी। संत अतुलानंद रेजीडेन्सियल एकेडमी का वार्षिकोत्सव 'ऋतुराज महोत्सव' मंगलवार को उत्साह के साथ मनाया गया। समारोह के मुख्य अतिथि सीआरपीएफ के डीआईजी राकेश कुमार थे। समारोह में बच्चों ने आकर्षक सांस्कृतिक कार्यक्रम प्रस्तुत किए। उन्होंने शैक्षिक प्रदर्शनी में मॉडलों के जरिए अपनी प्रतिभा का परिचय दिया। समारोह में डा. शिप्रा धर, डॉ मनोज श्रीवास्तव, प्रो. प्रदीप मिश्र, डॉ. संतोष सिंह, अशोक कपूर, सुभाष यादव आदि मौजूद थे।



वसन्तोत्सव में विद्यालय में छात्रों द्वारा विज्ञान, गणित, कंप्यूटर एवं कला विभाग से संबंधित प्रोजेक्ट, अनोखे मॉडल व रंगारंग नृत्य सुंदर झाँकियाँ और अभिभावकों की उपस्थिति कार्यक्रम में समायांध रही थी। और यहाँ

प्रतिभागियों को धन्यवाद दिया विशाल सिंह एवं डॉ. दिव्या ने सभी आगंतुकों के प्रति आभार व्यक्त किया। कार्यक्रम के मुख्य रूप डॉक्टर शिवा धर, डॉ. मनोज श्रीवास्तव, प्रोफेसर प्रदीप मिश्रा, संतोष सिंह, अशोक कपूर, प्रेम निशांत, सुभाष यादव, अनुप राघववंशी, मंजू द्विवेदी, सरोजिनी महापात्रा के साथ अनेक अभिभावक उपस्थित रहे।

2 कार्यावली, 31 जनवरी 2020

पूर्वांचल/ऊर्जांचल

kashivarta.com **काशीवार्ता**

सांस्कृतिक कार्यक्रमों की प्रस्तुति से छात्रों ने रिझाया

[illegible]

छात्रों द्वारा सैन्य मंडल देख अभिमान हुए चकित

[illegible]

**मां सरस्वती की अर्चना संग
मनाया 'ऋतुराज महोत्सव'**

[illegible]

ऋतुराज महोत्सव सम्पन्न



● **संत अतुलानंद आवासीय स्कूल में ऋतुराज महोत्सव.**
VARANASI (8 Feb): संत अतुलानंद आवासीय विद्यालय में सरस्वती प्रतिमा के विभूजन के साथ ही ऋतुराज महोत्सव धूमधाम से संपन्न हुआ. मां सरस्वती की प्रतिमा विभूजन के पहले विद्यालय की निदेशिका डॉ. दिव्या सिंह, प्रधानाचार्य श्री अविनाश पांडे, शिक्षकों के साथ बच्चों ने कोविड नियमों का पालन करते हुए मां सरस्वती की अर्चना तथा आरती की. बच्चों ने गीतों कार्यक्रम भी प्रस्तुत किया. बच्चों द्वारा ज्ञानवर्धक मॉडल की प्रदर्शनी लगाई गई थी. इसमें कुछ प्रदर्शनियां लोगों के विशेष आकर्षण का केंद्र रही.

सारा कम्युनिटी कॉर्निवल में दिखी डिज्नीलैंड की झलक

संत अतुलानंद
रेजिडेंशियल
एकेडमी
(होलापुर-
परमानंदपुर)
में कार्यक्रम



varanasi@inext.co.in

VARANASI (14 Nov): संत अनुलानंद रेजिडेंशियल एकेडमी (होलापुर- परमानंदपुर) में बाल दिवस पर शनिवार को 'सारा कम्प्युनिटी कार्निवल' का आयोजन किया गया. इसमें रांग-रिंगरी झांकियां, मैजिक-शो, कार्निवल पोंड करते बच्चे तो खेल मैदान में शिल्प कलाओं के स्टाल से मानो परिसर में डिज्नीलैंड उतर आया. शुभारंभ फिल्म अभिनेत्री भाग्यश्री व उसने पति फिल्म निर्माता हिमालया दशनी ने किया. सुपर हीरोज ग्रुप के

बच्चों ने स्केट पर करतब दिखाया। बच्चों ने अलग-अलग समूहों में डिज्नी कार्टून कैरेक्टर, हैरी पाटर, वर्ल्ड, फंतासी वर्ल्ड आफ नार्निया, पाइरेट्स आफ कैरेबियन के पात्रों का अभिनय कर वाहवाही लूटी। आकर्षक प्रस्तुति पर भाग्यश्री भी बच्चों के संग जुमरन-थिरकते रही। स्वगत विद्यालय की प्रबंधक निदेशक डॉ. दिव्या सिंह व आयोध्य के नगर आयुक्त विशाल ओषी सांचलन सौम्य पांडेय व अश्विनी राय, धन्यवाद प्रधानाचार्य अविनाश पांडेय ने किया।

**बाल दिवस पर बच्चों की मनमोहक प्रस्तुति से उपस्थित लोग मंत्रमुग्ध
संत अतुलानंद रेसिडेंशियल एकेडमी
में हुआ रंगारंग कार्यक्रम**

परफेक्ट मिशन

वाराणसी। संत अतुलानंद रेजिडेंशियल अकेडमी के तत्वाधान में आयोजित साया कस्युनिटी कार्निवाल रंगारंग कार्यक्रम का शुभारंभ प्रातः 11:30 बजे मुख्य अतिथि भारतीय सिनेमा जगत की प्रसिद्ध अभिनेत्री भाग्यश्री व इनके पति हिमालया दशानी के करकमलों से शांति का प्रतीक कबूतरों को व गुब्बारे उड़ा कर हुआ। मुख्य अतिथि महोदया का स्वागत विद्यालय की प्रबंध निदेशिका डॉ. दिव्या सिंह व विद्याल सिंह ने क्राउन पहनाकर किया। इस कार्यक्रम की पहली श्रृंखला में सुपर हीरोज ग्रुप के बच्चों ने स्केट पर अंगीकृत व दिखाया।

इसके बाद विद्यालय के छोटे-छोटे बच्चों ने कार्निवल परेड निकाल कर सभी का ध्यान अपनी ओर आकर्षित



किया। बच्चों ने अलग-अलग समूहों में विश्व प्रसिद्ध डिज़्नी कार्टून कैरेक्टर्स जैसे पॉटर वर्ल्ड, द फुनतासी वर्ल्ड ऑफ़ नार्निया, पाइरेट्स ऑफ़ कैरेबियन के पात्रों का सजीव अभिनय किया। इस अवसर पर विद्यालय के खेल मैदान में विभिन्न प्रकार के शिल्प कलाओं के स्टाल लगाए गए, जहाँ पर बच्चे व उनके अभिभावक भी खरीदारी की साथ

ही भिन्न-भिन्न खेलों का आनंद उठाया। इस कार्यक्रम का एक मुख्य आकर्षण मैजिक शो भी रहा जिसमें जादूगर ने अपनी कलाओं से सभी को आश्चर्यचकित कर दिया।

मुख्य अतिथि अपने संबोधन में बच्चों की प्रशंसा करते हुए कहा कि कार्यक्रम देख कर ऐसा लग रहा है जैसे पूरा डिल्लीलैंड यहीं उतर आया है।

संत अतुलानन्द अकादमी के 15 खिलाड़ियों का चयन यूपी टीम में



नेशनल चैम्पियनशिप के लिए चयनित टीम व अन्य।

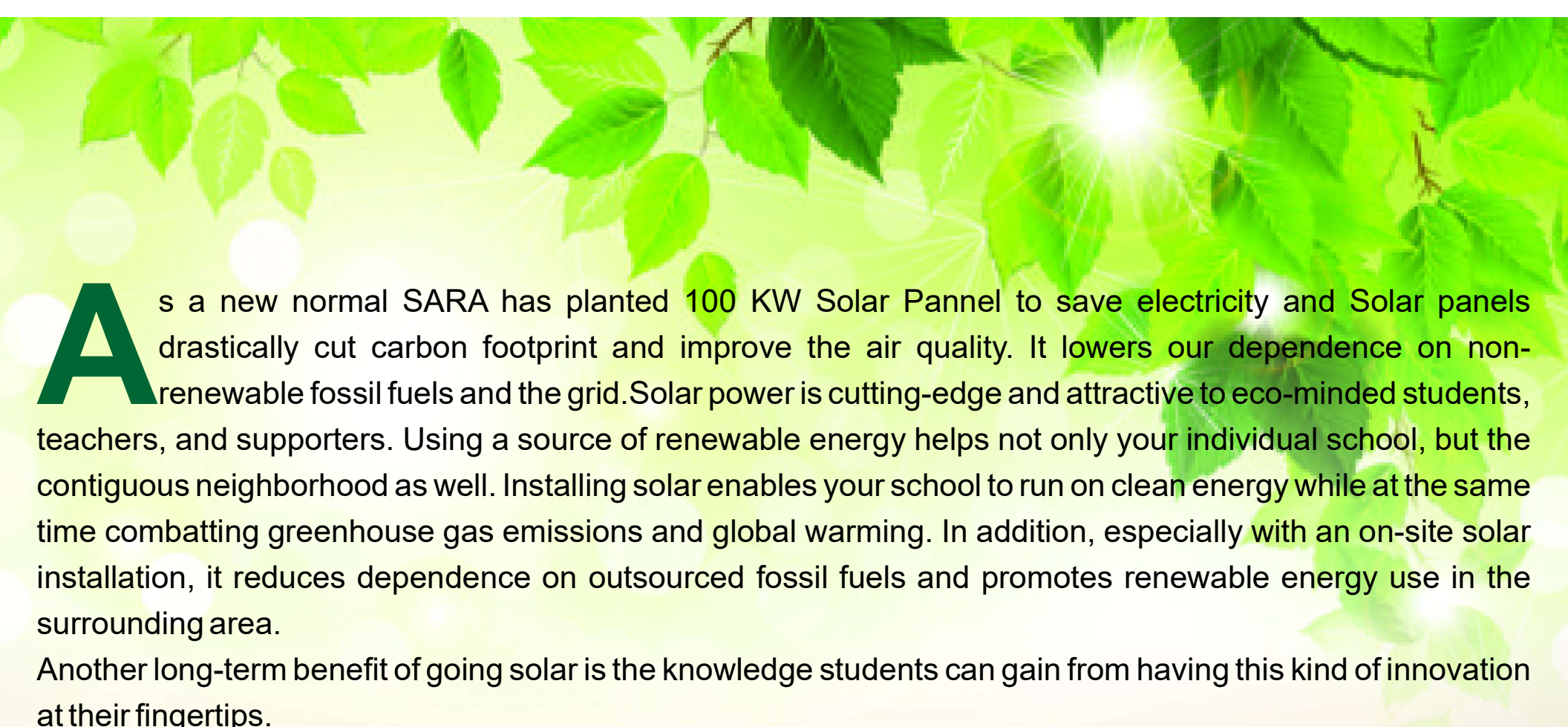
फोटो : एसएनवी

वाराणसी (एसएनडी)। नेशनल बेंचमार्क मार्शल आर्ट चैंपियनशिप को आयोजन 22 से 25 सितम्बर तक लखनऊ के केडी सिंह बाबू स्टेडियम में किया गया है। इस में वृद्धों को टीम भी भाग लेगी। सोमवार को वृद्धों की चयन परीक्षा किया गया। इसमें सेत अतुलानंद, रेजिडेण्ट/प्रिंसिपल अकादमी के 15 खिलाड़ियों को चयन किया गया। **चर्यनित खिलाड़ी:** अंडर 14 बालक वर्ग में रतन 36 केजी, धीरज 48 केजी, विमलार्त पर्व 52, सुरज 56 केजी, शौर्य 56+, समीर 56+ भार वर्ग में चने गये हैं। अंडर 18 बालक वर्ग में समीर अस्सल

42 केजी, आर्यन 50 केजी, विवेक 54 केजी, प्रखर 73 केजी, निशय 80 केजी, दिव्यान्तु 80 केजी तथा सुमित 80+भार वर्ग में। अंडर 18 बालिका वर्ग में सलोनी 48 केजी तथा अनन्या 72 केजी भार वर्ग में चर्चित हुए हैं। विद्यालय के प्रधानाचार्य अविनाश पांडे, एचओडी फिजिकल एजुकेशन असद खान ने चर्चित विद्यार्थियों को बधाई दी है। ट्रायल वाराणसी वेंचिनाम मार्शल आर्ट की सेक्रेटरी प्रतिभा सिंह एवं ऑफिशियल डॉरेंद्र सिंह, पवन सहनी, अभय सहनी, स्वाति सहनी, मिमन यादव के देखरेख में संपन्न हुआ।

ENERGY CONSERVATION





As a new normal SARA has planted 100 KW Solar Pannel to save electricity and Solar panels drastically cut carbon footprint and improve the air quality. It lowers our dependence on non-renewable fossil fuels and the grid. Solar power is cutting-edge and attractive to eco-minded students, teachers, and supporters. Using a source of renewable energy helps not only your individual school, but the contiguous neighborhood as well. Installing solar enables your school to run on clean energy while at the same time combatting greenhouse gas emissions and global warming. In addition, especially with an on-site solar installation, it reduces dependence on outsourced fossil fuels and promotes renewable energy use in the surrounding area.

Another long-term benefit of going solar is the knowledge students can gain from having this kind of innovation at their fingertips.



WATER CONSERVATION



Our students are not only aware of the issues and challenges prevalent in our society but also take measures to spread awareness and contain the issues by doing their part.



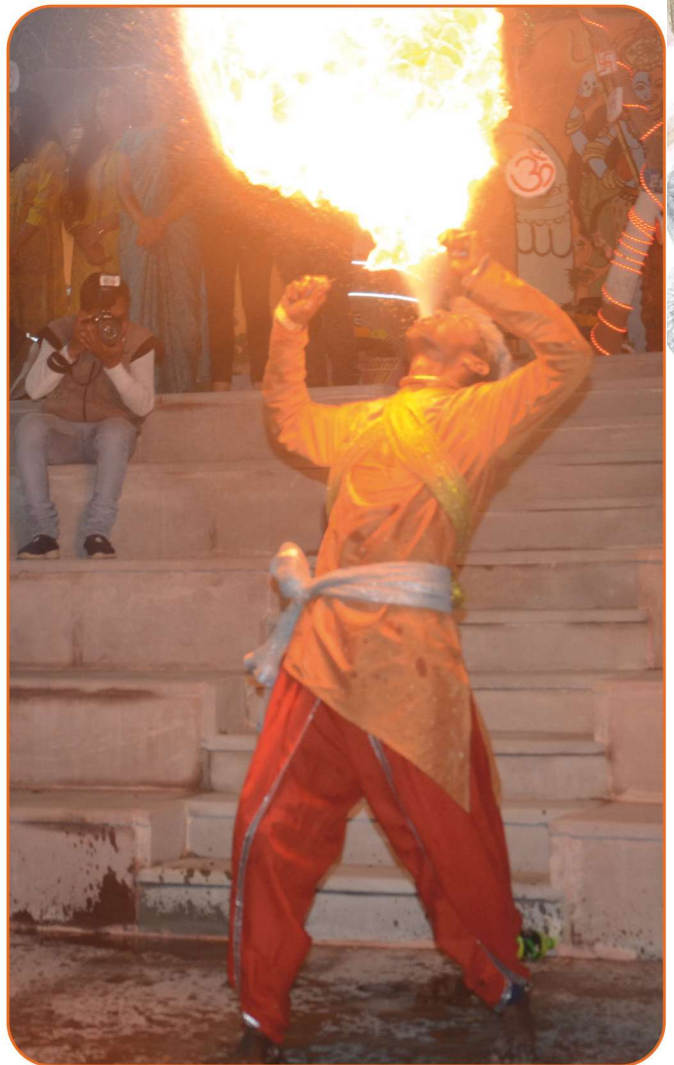
Paper Recycling

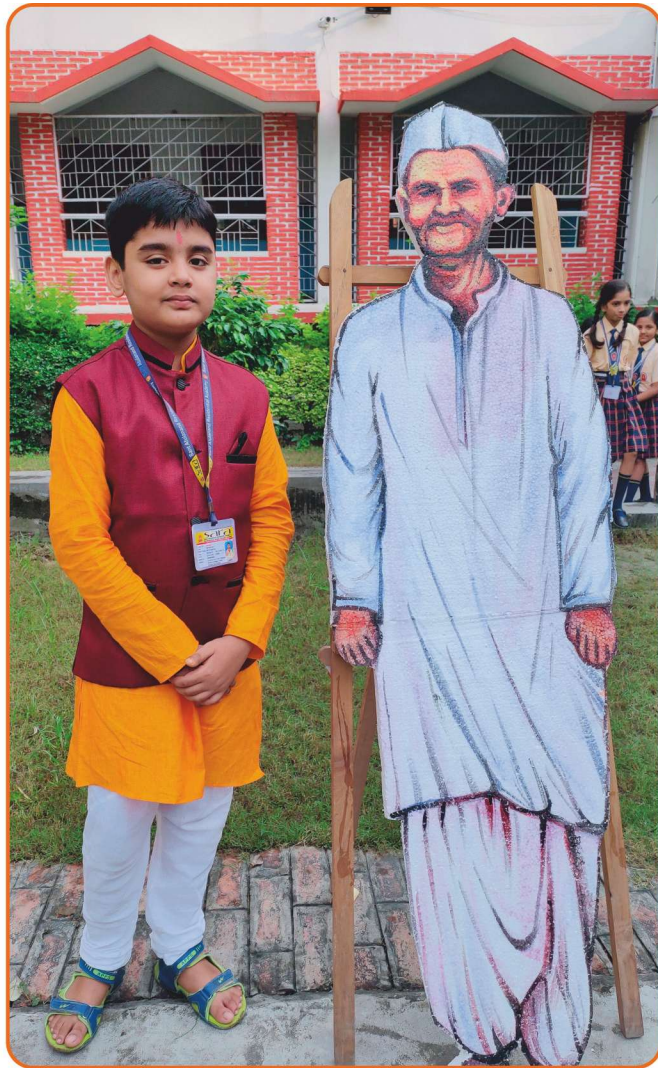


We at SARA promote paper recycling and other activities that help conserve the environment, teach the children about the importance of environmentally responsible behaviour and have some fun along the way. Our youngsters are, after all, our future and there is not better way to ensure a greener future than by educating them about measures to reduce the human impact on the environment at an early age.



VISUAL GALLERY











A Unit of Swami Atulanand Seva Nyas
A Multi cultural Community of Learners in Kashi Since 1980



Swami Atulanand Seva Nyas was established in the year 2019 to further the philanthropist ventures of our Late Founder Dr. Raj Singh, Former H.O.D. of Chemistry Department, U.P. Autonomous College, Varanasi. The aim of this trust is to fulfill the social desire beneath the brainwave of our Founder's Spiritual Guide, 'Swami Atulanand ji Maharaj'. Along with many social activities, the trust bestows numerous Scholarships and Freeships to students from lower strata of society. Every Year, on the occasion of Sita Jayanti, the trust bestows the prestigious 'Annapurna Award' on women who have contributed significantly to the society.

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A UNIT OF : SWAMI ATULANAND SEVA NYAS