



# THE TRIBHUVAN SCHOOL

# NEWSLETTER

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## From the Principal's Desk

George Bernard Shaw has so rightly said –

**“ Progress is impossible without change and those who cannot change their minds cannot change.”**

Adaptability and versatility are the key elements that keep us moving towards a brighter and a more productive tomorrow. I proudly admire how the entire Tribhuvan family has accommodated and acclimatised to the new normal. They are actively participating in regular school events be it Independence Day celebration, Scholars' award Ceremony, Academic Evaluation or Virtual classes on the new platform. All this did not happen overnight. It involved days of systematic planning, rigorous training, execution, failures and above all learning to stand up again with renewed vigour and determination.



Here are some activities which justify that we always have tried not to leave any stone unturned to cater to the progress of our students. There had been regular online assessments both objective and subjective tests to make them acquainted with the technology. Apart from academic grooming the students are given lessons and opportunity to improve their oratory skills, a very important pre requisite for a successful career. They are engaged in various workshops and webinars which enable them to learn from the experts in their respective fields. This is not all, the school along with regular online classes also organised an Intramural Chess Competition to boost the competitive spirit among the children and have some recreation during this 'lockdown' situations.

I am thankful to the parents who stood beside us during our trial times and motivated us with words of appreciation and encouragement, so generously mentioned in the Parent - Teacher Meet organised on the ZOOM platform. These are undoubtedly the tokens of love that we earned through hard work and commitment.

A small message for my dear students from a blessing heart –

**Keep your face always towards the sunshine and the shadows will fall behind you.**

## SCHOLARS' AWARD CEREMONY 2020

*“Recognition is the greatest motivation”*

So it is very important for any institution or individual to recognise and appreciate the effort put in by the achievers to attain great heights. It has always been debatable whether reward or punishment is an effective way to motivate the children and it goes without saying that reward has always been the most chosen one. Even though it was on a virtual platform the essence, sincerity in thoughts and expression was not lost. The students of class tenth and twelfth who showed their competence gladly shared their success stories and the strategies they followed to reach the top. Their gratitude and reverence to the Principal, teachers, and the institution at large were humbly expressed.

The parents of the achievers also showed their satisfaction and acknowledged the role of the school in helping them to come up with flying colours.

### SCHOLARS OF GRADE V



R. ABHIJEET, VA  
96%



NISHITA SINGH, VA  
95.58%



PRACHI SINGH, VA  
95.58%



SAANVI RANJAN, VB  
95.29%



AMRITANSH SUMAN, VB  
93.50%



AARYA KASHYAP, VB  
91.29%



ARYAN KR SINGH, VB  
91.12%



ABHIGYAN, VB  
91.00%



SHASHANK KUMAR, VB  
90.04%



AAYUSH RAJ, VC  
95.25%



NAVANYA, VC  
92.67%



SHRESTH SINGH, VC  
92.50%



ANUKESH KUMAR, VC  
92.25%



ADVIKA SINGH, VC  
91.92%



TEJASVI, VC  
91.50%



**ANIKET KUMAR, VD**  
94.54%



**YATHARTH SINGH, VD**  
94.04%



**SAKSHI KUMARI, VD**  
94.12%



**HITESH ANAND, VD**  
93%



**VAGISHA VAIBHAV, VC**  
91.25%



**KRITIKA, VD**  
92.46%



**ANANYA, VD**  
91.46%



**ARUSH ANAND, VD**  
91.42%



**ABHINAV SINHA, VD**  
90.75%

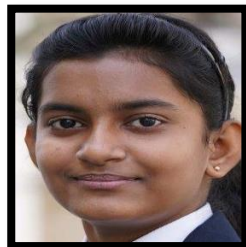


**SHASHWAT KASHYAP, VD**  
90.50%

### SCHOLARS OF GRADE VI



**SHASHANK RAJ, VIA**  
96.51%



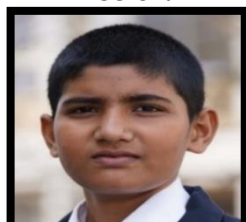
**SHRESTHA MITRA, VIB**  
93.64%



**ASNA KHAN, VIA**  
91.85%



**YASH VARDHAN PRATAP, VID**  
91.95%



**SHUBHAM KUMAR, VIC**  
90.9%



**SAMIKSHA SHARMA, VIA**  
90.68%

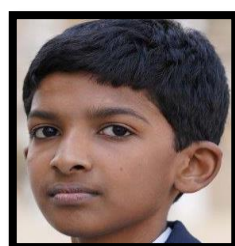
### SCHOLARS OF GRADE VII



**ANIMESH SINGH, VIIC**  
96.7%



**SAUMYA SUMAN SAHU, VIID**, 95.80%



**ASAD EQBAL, VIIA**  
93.72%



**SHREYA SINGH, VIIC**  
92.8%



**ADITYA KR SINGH, VIIC**  
92.2%



**ANUSHKA RAJ, VIIC**  
91.8%



**SAKSHAM SAWARNA, VIIB**  
90.42%

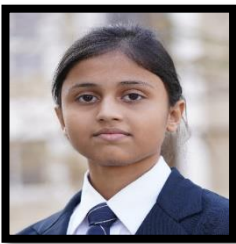


**SAAKSHI, VIIA**  
91.85%



**ADITYA R. PRIYADARSHI**  
VIIB, 90.26%

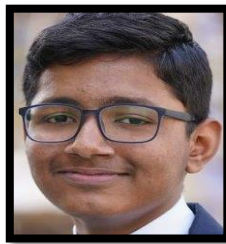
### **SCHOLARS OF GRADE VIII**



**ANUSHKA, VIIC**  
95.6%



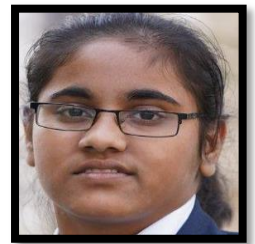
**SHRESTH SAHAY, VIIC**  
93.2%



**RAKSHIT**  
**DHAWAN, VIIIA**  
90.40%



**SYED MD. ASHHAR**  
**FAZAL, VIIIA**  
90.40%



**KRIKA, VIIIB**  
90.14%

### **SCHOLARS OF GRADE IX**



**NITESH SINGH, IXC**  
92.27%



**AYUSHMAAN SINGH, IXC**  
91.03%



**POOJA KUMARI, IXB**  
90.73%

## **JASHN - E - AAZADI**

Before the grandeur of the Scholars' Award Ceremony for Std 6 to 12 could fade the entire team of The Tribhuvan School ones more attuned itself in the patriotic fervour. Now its time to get ready for the Independence Day 2020 Celebration. It is very important to imbibe and inculcate among the children the feeling of patriotism. They should live, respect and take pride in being a part of the nation. The students from std 6 to 12 under Jashn -e- Aazadi participated in a series of competitions like Poem Recitation, Patriotic Song, Debates etc to connect themselves with the very essence of patriotism. Eminent personalities Dr Richa (Assistant Professor) & Dr Shahla Rehana (Assistant Professor) from the English dept, Patna Women's College and Dr Manjula Sushila (Head Of Dept)

& Dr Deepa Shrivastava (Assistant Professor) from the Hindi dept, Patna Women's College had come to grace the occasion and adjudge the students.



This has also given them the opportunity to know about their country, its various contemporary burning issues, as well as songs and poems reflecting the patriotic feel. The very talented students of std VI under 'KAVYANJALI' made the audience relive the era of struggle for Independence through their powerful poem recitation.

Under the event of 'SHABDANJALI' the students of std VI beautifully stepped into the shoes of their favourite freedom fighter.

In the Oratory Tussle it was surprising to watch the children of std VIII beautifully establishing their viewpoint with confidence and assertion.

No programme can be complete without the music touching our hearts. The students of Std IX presented "SWARNANJALI" a collection of patriotic songs filling the air with the flavour of patriotism.

Finally in Hindi debate- Vaak Goshti, the students of std X kept the audience wondering whether we have actually won freedom in the true sense of the term.

The weeklong programme was beautifully concluded with a traditional Independence Day Celebration including music, dance, speech and declaration of the names of awardees for various events.



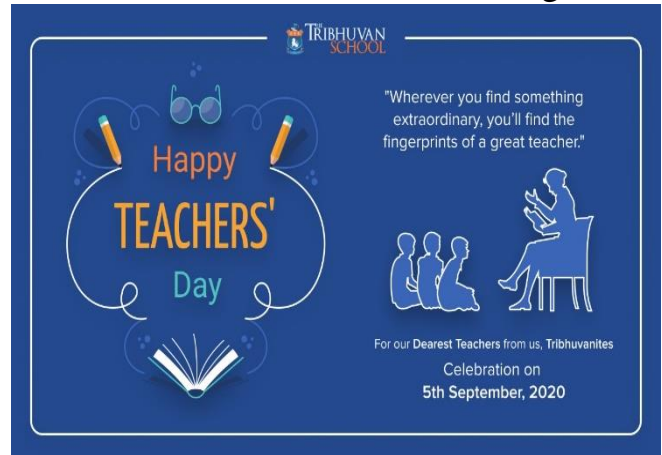
Last but not the least a message from the principal Ms. Mahua Dasgupta.

**"Let new India arise out of peasants' cottage, grasping the plough, out of huts, cobbler and sweeper."** – Swami Vivekananda

## TEACHERS' DAY

### *Guru Brahma, Guru Vishnu, Guru Devo Maheswara*

Since time immemorial according to the Indian culture, teacher has always been paced at par with the Almighty. The great poet Kabir Das even went out to put the teachers in a position higher than that of Almighty justifying that it is the teacher who introduces the students to the divinity of Almighty. The students of The Tribhuvan School through their beautifully planned and executed programme not only showed their creativity and talent but also their leadership qualities and team spirit. Each and every teacher of the institution felt proud to have contributed in curating such wonderful human beings. Their words of appreciation and regard for their mentors touched the innermost soul of each and every teacher. Above all the words of appreciation and encouragement from the honourable Directress Ms Meenakshi Singh Pathania and respected Principal Ms Mahua Dasgupta boosted the spirit and enthusiasm of the teachers motivating them to work with zeal and confidence.



### **‘A TEACHER IS A LIFE LONG LEARNER’**

Teachers always need to update and upgrade themselves to be able to give the best to their students. The Tribhuvan School ensures to impart quality education by engaging its teachers in various webinars and workshops to keep pace with the changes and become the best. The school organises various webinars conducted by experts in their respective fields covering a wide area touching every sphere of human existence.

## WEBINARS AND WORKSHOPS

### DECODING THE GITA

A webinar conducted on 4th July, 2020 by Roopa Rai, a renowned Indian Journalist, Engineer and author in her mind blowing session gave us insightful information about the Gita as an important Human religious Scripture. She emphasised its relevance and importance in the present day scenario to destress and discover one's inner soul. A session with utmost relevance refreshed everyone greatly in a depressing situation like this.



## PEEPING INTO A NEW WORLD

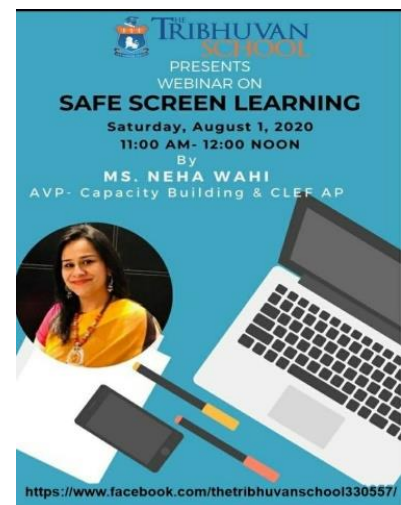
A three-day workshop organised exclusively by Pearl Academy for the students of std XII from 13th to 15th of July, 2020 gave the students an exposure to the changing world as far as career options are concerned. With the advancement of technology in the days to come some jobs may be simply perished instead many new career options may take over. They spoke about careers like digital marketing, drawing for fashion, portfolio design and so on.

## PSYCHOLOGICAL SKILL TRAINING AND RECOVERY TECHNIQUES

“A Healthy mind in a healthy body” A webinar exclusively for teachers involved in sports and fitness regime learnt immensely from **Dr. Subir Debnath**, Director (Sports ministry) Jaipur. The importance of stress free, focused and healthy mind is a prerequisite for a disciplined body. Hence the importance of maintaining both is important for the desired result.

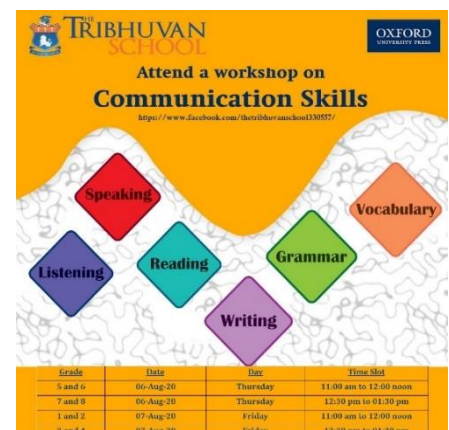
## SAFE SCREEN LEARNING WEBINAR CONDUCTED ON 1<sup>ST</sup> AUGUST, 2020

As virtual classes become the new normal and we are left with no other option but to depend on gadgets and the digital world. In the Webinar on 'Safe Screen Learning' by **Ms. Neha Wahi** a renowned psychologist, career guidance expert and parent coach at Career Launcher wonderfully explained how to minimise screen time and also emphasised on the precautionary measures to be taken to minimise the ill effects on the eyes, brain etc of the students.



## A WORKSHOP ON COMMUNICATION SKILLS

A workshop was organised on 6<sup>th</sup> August, 2020 addressing every aspect of language learning in order to improve the awareness of students about the role of communication skills. The Tribhuvan School in collaboration with Oxford University Press organized this webinar on “Building English language skills and its importance” for children of classes 1 to 8. The session was beautifully planned and delivered by experts like Anish, Viswanathan, Debamita Gupta. The session focused on demonstrating the ways and



means to enhance English language skills i.e. it will help in refining the written and oral communication skills, along with vocabulary

building. It will also help children to have an edge over others in the competitive world of 21st century.

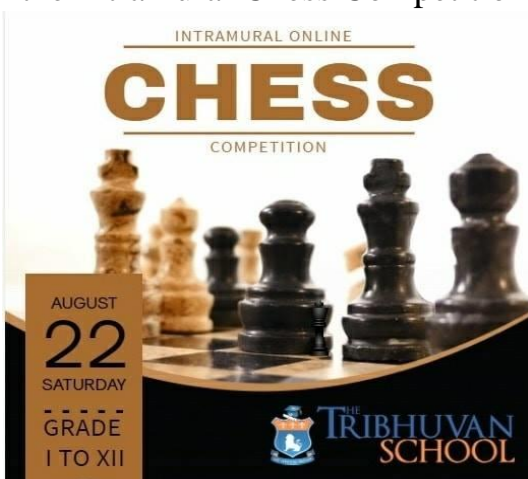
Two webinars were organised wherein the importance and scope of German language was discussed by a panel of experts wherein they gave a detailed overview of the German institutions in Germany as well as their fee structure, teaching methodology and career opportunities. It goes without saying that learning a foreign language always opens a number of doors in front of you.

Apart from all these there had been workshops for English, Hindi, Maths, History and economics to train the teachers new methodology and also to effectively present them effectively on a virtual platform.



## INTRAMURAL CHESS COMPETITION

A series of online chess competitions were organized by The Tribhuvan School, Patna under the mentorship of Mr. Rakesh Ranjan, a nationally acclaimed chess player. This was organized in an attempt to productively engage the children positively during the pandemic and also contribute to their intellectual and mental growth. Here are the winners for the various categories of the Intramural Chess Competition.





**THE TRIBHUVAN SCHOOL**

**INTRAMURAL ONLINE CHESS CHAMPIONSHIP RESULTS 2020**

<p><b>LEVEL I- GRADE 1, 2 &amp; 3</b>                  SOURYA DEV,3B                  TWISHA GUPTA,2D                  MOHAMMAD ABAAN,2B                  VEER VISHVESH,3D                  SHUBHAM KR SINGH,1C</p> <p><b>LEVEL II- GRADE 4, 5 &amp; 6</b>                  STAVYA KUMAR,6D                  SIDDHARTH SINGH ,5B                  ARNAV BHARTI,4D                  SHREE VATSA-SAWARN,6A                  KAAVYA BHARTI,6B</p>	<p><b>LEVEL III- GRADE 7, 8 &amp; 9</b>                  ALOK KUMAR,8D                  HARSHIT RAJ,8D                  AKSHAT SHARMA,7D                  SUJEET KUMAR,7C                  SAHA STRAJIT PRANSHU SINHA,7C</p> <p><b>LEVEL IV- GRADE 10, 11 &amp; 12</b>                  KUMAR ADITYA,10 A                  AYUSHMAN,11C                  HRISHI RAJ SINGH,10 A                  ABHISHEK RAJ,10 A                  MRITYUNJAY CHOUDHARY,10C</p>
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## हिन्दी दिवस ( 14 सितम्बर)

### ऐसी है मेरी हिंदी

जन-जन की भाषा हिंदी

भारत की आशा है हिंदी

जिसने पुरे देश को जोड़ रखा है

वो मजबूत धागा है हिंदी

हिंदुस्तान की गौरवगाथा है हिंदी

एकता की अनुपम परम्परा है हिंदी।

जिसके गर्भ से रोज नई कोंपलें फूटती है

ऐसी कामधेनु धरा है हिंदी।

जिसने गुलामी में क्रांति की आग जलाई

ऐसे वीरों की प्रसूता है हिंदी।

जिसके बिना हिन्द थम जाए

ऐसी जीवन-रेखा है हिंदी।

जिसने काल को जीत लिया है

ऐसी कालजयी भाषा हैं हिंदी।

सरल शब्दों में कहा जाए तो

जीवन की परिभाषा है हिंदी।

- शिखा कुमारी (8C)



Nothing can be changed by  
Changing the face. But,  
Everything can be changed  
By facing the change.